

Shiva Paintstik Primer — Supply List

Quilters Unlimited Quilt Show 2008

Thanks for signing up for Shiva Paintstik Primer! This introductory class will cover two basic ways to apply these Paintstiks to fabric: by rubbing and by using a brush. You'll be amazed at how easy it is to create your own fabric with these amazing paints.

About the Class

Shiva Paintstiks are oil paint. Keep in mind:

- They smell like oil paint. During class, the room will smell like oil paint and there's no way to avoid that.
- You will probably wind up wearing some paint. Wear old clothes with sleeves that will not drag in your work.

Required

Painting Tools

- Painters Tape** (the blue stuff you get at the home center)
- Rubbing plate(s)** or things that will give you nice textures if you cover them with fabric and then rub them with a Paintstik. Corrugated cardboard makes interesting lines.
- A **stencil** or two; simple is best. (I'll have a few to play with) If you're feeling brave, make your own with freezer paper and a craft knife.

Fabric to Paint On

Smooth fabric covers nicely, but some textures can be interesting. Prewashed is best, with no fabric softener or dryer sheets used.

- At least 2 **white** (or light) 10"-12" squares
- At least 2 **black** (or dark) 10"-12" squares
- More.** Bring stuff to play with, cut into 10"-12" squares. What works best? A variety of solids or fabrics that read as solids, black, white or light, something in the mid-range.
- Cardboard** or something firm to tape the fabric on (should be larger than 12" square)

Mess Management

- Small plastic container** (not Styrofoam) to soak brushes in solvent (I'll supply the solvent)
- Rubber gloves** (the kind that fit comfortably but snugly; this makes cleanup much, much easier)
- Paper Towels** (mess prevention and mess management)
- Plastic drop cloth or **trash bag** to cover your work surface

Recommended

- Paintstiks on Fabric** by Shelly Stokes. This is the Paintstik bible.
- A way to take painted fabric home. You can put paper towel layers between them and roll, or bring an unused pizza box
- If you have a small knife that you use for crafts, bring it. Not a box cutter; more like an old paring knife or small filet knife. Small, not terribly sharp.
- Old toothbrushes, cleaned

Questions? E-Mail me at Cyndi@MoonlightingQuilts.com.