

A STITCH IN TIME

Quilters Unlimited, Burke Chapter

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BURKE CALENDAR

January 2008

- 1-9 Business Meeting
- 1-23 Quilto

February 2008

- 2-13 Back to School Night
- 2-20 Business Meeting

March 2008

- 3-12 Workshop with Paula Nadelstern
Needle Stars
Location: TBD
- 3-12 Program: Paula Nadelstern
Symmetry and Surprise: The Kaleidoscope as Design Inspiration
- 3-15 National Quilt Day
- 3-26 Business Meeting

April 2008

- 4-9 Business Meeting
- 4-10 to 4-13 Spring Retreat
4-H Center, Front Royal, VA
- 4-20 Workshop with Barbara Olson
Prismatic Flowers
Location: TBD
- 4-23 Program: Barbara Olson
Quilting A Life — A Creative Journey

May 2008

- 5-1 QU Annual Meeting with Carol Doak
- 5-2 to 5-3 Workshops with Carol Doak
- 5-14 Business Meeting
- 5-28 Program Meeting

June 2008

- 6-6 to 6-8 QU Quilt Show
- 6-11 June Social

FROM THE PRESIDENT

Well winter seems to have finally settled in for the duration. I do like snow when I do not have to go anywhere. Looking out the sliding glass doors while sewing and having a cup of tea is one of my favorite things. We just don't want snow or other winter precipitation on Wednesdays.

February's schedule is not our usual. Please note the dates. Our first meeting will be our program meeting and it is our "Back to School" night. We have such a talented group and we are lucky that they are willing to share with the rest of us. The business meeting will be the 20th. Our very capable Vice President, Linda Snow, will be in charge for that meeting as I will be in Hampton visiting my quilts in the "Vintage Revisited" exhibition whose curator is our very own Mary Kerr. If you would like a preview you can go to Mary's website (www.marywkerr.com) and see all the wonderful things that people have done. Hope to run into you at the show in Hampton!

Kathy Lincoln

Unless otherwise noted, Burke QU chapter meetings take place at:

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BURKE HAPPENINGS

Back-to-School Night

It's time to go Back-to-School! Our program on Wednesday, February 13th will have us back in the classroom learning new techniques, tips, and tricks. Our guest teachers are fellow guild members who will share their knowledge. There will be four 15-minute classes. The topics include:

"Let Your Computer Expand Your Quilting World"

"Drop the Feed Dogs and GO!! - Free motion quilting with little or no marking"

"The Hotdog Pillowcase"

"Embellishing with Color- using inks and markers"

So whether you are a beginner or an experienced quilter, you are guaranteed to learn something. There will be special door prizes. It will be an educational and fun evening!

**MORE BURKE HAPPENINGS
ON PAGE 3...**

BLACK AND WHITE AND RED ALL OVER

BQU Spring Retreat 2008

April 10-13, 2008

4-H Education Center – Front Royal, Virginia

There are only a few more seats left, so please sign up at the next meeting!

Lots of fun – guaranteed!!

MORE BURKE HAPPENINGS

“Prismatic Flowers” Workshop

With Barbara Olson

Sunday, April 20th

Time & location to be announced

Cost \$45

The “Prismatic Flowers” workshop will be taught by Barbara Olson on April 20th. Playing with color, texture, depth and shading, students will manifest a small flower piece filled with light and energy. Choosing from one of Barbara’s flower drawings eliminates the drafting and allows students to go right to designing with fabric. The main ingredients needed to create a flower filled with light and energy are a playful spirit and a wonderful variety of multi-colored shaded fabrics.

Barbara is a national and international award winning quilt artist. Her quilts have appeared in publications and exhibits around the world. “In The Beginning” one of Barbara’s art quilts was chosen as one of the 100 Best American Quilts of The Century. Many of her art quilts are included in corporate and private collections across the country. Check out her website at www.barbaraolsonquiltart.com

Thank You

A great big thank you to all who helped with the Winter Social, especially Rene Castrop and Terri Jaquish. They not only organized the food once but twice. When the Holiday Social was cancelled because of the weather, they had almost everything done. They found appropriate places to donate the food that wouldn’t keep and then reworked the menu for the January meeting. I know that I ate too much because it was so good. Thanks again!

Email Updates

Most of you are now on our email tree and regularly receive newsletters, updates and reminders through this method of communication. I just want to remind you that every month, or sometimes more often, I send out over 200 emails. Inevitably, I receive at least two or three that bounce back to me. Please, if your email address has changed, let me know at dialamb@gmail.com. Sometimes there is no apparent reason for the rejection of emails. It could be a problem with your server at the time of the posting. If you know of anyone not receiving email notifications, please let me know and I will check the database to make sure their email address is entered properly. You must be a current member to be in the database to receive email updates. Please check with Chris Eiloo if you have any questions on membership.

Remember, I am only the “messenger”. If you are requested to reply to a posting be sure to [read the content and reply to the person who composed the email.](#)

I am looking for someone to be my backup during times of travel or inability to access email. Please let me know if you are interested in helping with this request.

Thanks,

Diane Lamb

dialamb@gmail.com

MORE BURKE HAPPENINGS

Lap Robes Whisk Away Winter Chills!

Wow... 15 lap robes given to the Burke Healthcare Center, all just in time to warm the most senior residents in our Burke community. They were thrilled to receive these beautiful lap robes made by the loving hands of Burke QU quilters. THANK YOU for contributing to one of Burke QU charity projects!

If you have made a lap robe this fall, place your name on the tri-fold charity display at our meeting. The color code for lap robes is green, so just outline your square once you have signed your name. Be sure to sign a square for each lap robe, baby quilt or soldier quilt) you make this year.

If you would like to make a lap robe, just pick up a fabric kit, instructions and batting at a meeting. If you wish, use your own fabric or batting. We gladly accept donations of fabric pieces of 1 yard or more, and batting.

Questions? Contact mf.white@verizon.net or phone 703-690-4384) or Sue Bynum (SBynum@wtplaw.com or phone 703-658-9324).



Nominations Needed

We, members of the Burke Chapter, know each other from the beautiful quilts at Show and Tell, but don't know much from the other lives we lead. I'm asking your help in finding those among us who have executive, accounting and managerial abilities to lead next year's board. While at your bee and committee meetings, consider the person sitting next to you. Would she make a good president, vp, secretary, treasurer or nominations chair? I'm not asking you to volunteer, I'm asking that you consider your friend's abilities and let me know your thoughts. Suggestions can be sent to kathythequilter@verizon.net or 703-361-6471 or just catch me at one of the BQU meetings.

Other Big Quilting Dates

- | | |
|-----------------------|--------------------------------------|
| March 15, 2008 | National Quilt Day |
| May 1, 2008 | QU Annual Meeting
with Carol Doak |
| May 2-3, 2008 | Workshops with
Carol Doak |
| June 6-8, 2008 | QU Quilt Show |



MORE BURKE HAPPENINGS

Quilto Winners

Here is a list of the lucky winners at Quilto!

Grand Winner: Judy Graves

Lois Borlase	Chris Eiloo
Rene Castrop	Ann Collins
Merle Edgar	Debbie Thomas
Mitsue Jensen	Brigid Smith
Debbie Bullock	Diane Yim
Gen Meyer	Ellen West
Marcia Walz	Jen St Martin
Kathie Gillette	Ann Klein
Deborah Hoyt	Sandra Watkinson
Marilyn Owendoff	Sandra Veatch
Vickie Deer	Jane Chelena
Debra Godwin	Abbie Dolinger
Kathy Lyon	Mary Reddington
Kathy Miller	

Burke QU Challenge 2008

Make Mine Muslin

Begin with plain simple quilter's muslin then do anything you want to it before making your quilt. No rules about what you can and cannot do. Fold, dye, bead, pound, stitch, embroider or paint it – it doesn't matter. **It does not have to be a whole cloth but at least 50% of your quilt should be made of manipulated muslin!** What we want to see is the finished quilt and to hear the explanation of what you did to the fabric before it became a quilt. The quilts will be shown at the Spring Social. Any questions should be addressed to Kathy Gray 703-361-6471 or kathythequilter@verizon.net

“Needle Stars” Workshop

with Paula Nadelstern

Wednesday, March 12th

10:30am – 4:30pm

Location to be Announced

Cost \$50

The “Needle Stars” workshop with Paula Nadelstern is full. If you want to add your name to the waiting list, stop by the workshop table at a February meeting. If you missed out on this workshop, checkout the April workshop with Barbara Olson.

If you are one of the lucky quilters that got a spot in the “Needle Stars” workshop, please review the supply list carefully. Please do not wait until the last minute to buy your supplies. If you have any questions, stop by the workshop table at a February meeting or contact Linda Snow at ljsnow2@verizon.net

BABY Quilts

As Valentine's Day approaches and you plan a special loving touch for your sweetie, please remember a child who might need a loving touch also. Even the simplest, quick-to-assemble quilt will bring joy and comfort to a sick, troubled, or lonely child.

Stop by the “Baby Quilts” table for ideas. Use your own fabric, something from the Baby Quilts stash, or a combination. Try a 9-Patch Nonsense quilt--- a whole bunch of 9-patch blocks cut in 4ths and rearranged into a sweet quilt.

For information, contact Lynn Van Keuren – 703-425-1407 or lvankeuren@cox.net – and have a sweet Valentine's Day!

MORE BURKE HAPPENINGS

1/9/2008 Burke QU Business Meeting Minutes

President Kathy Lincoln opened the meeting at 7:48 p.m. She thanked Renee Castrop and Terri Jaquish for preparing and presenting such a beautiful spread of food and drink for our belated holiday social which was snowed out in December. Their hard work was appreciated. Everything was delicious. New visitors and members were welcomed.

Committee Reports:

Diane Meyer, Treasurer, gave her report and said we are "well balanced".

Jill Kelly, Quilt Collector, gave requirements for submission of quilts for the June quilt show. All submissions are due by February 29.

Marsha White, Lap Robes, received three this evening and encouraged all to make more.

Kathye Gillette, Spring Retreat, took sign-ups this evening for retreat April 10-13 and the theme is Black and White and Red All Over.

Kathy Gray, Challenge Quilts, encouraged all to participate in the Muslin Challenge and have them ready for the Spring Social.

Kathy Gray, also Nominations Chair, is asking us to be thinking of next year's board.

Sue Meyer, National Quilt Day, reported the change of date to March 1 and that they will meet at St. Leo's Church. They will be working with the girl scouts and are in need of helpers.

Libby Fritsche, aka Sally Lapp, of mystery quilt fame reminded us to finish up the mystery quilts and enter them as a group into the June quilt show.

Lynn Van Keuren, Baby Quilts, showed donated baby quilts and encouraged others to make more.

Nancy Vogel has Merryvale packets for sale.

Linda Snow, VP and Program Chair, had several items of note. (1) encouragement to make charity quilts and fill in our "Quilts for Others" chart. (2) upcoming events include this Sunday's Quilt-In and our January program on the 23rd is an evening of "stash building" quilto. (3) Please note our February meeting date changes that are noted in the newsletter.

Break – enjoy more goodies.

Gen Meyer, Beekeeper, announced that a new bee has been formed, others enlarged and other bees have openings. Stay tuned.

Our "Meet the Bee" this evening is Runs with Scissors. Their theme is informal, no snacks, teach each other, and bring your machine. They showed us their many fun and varied projects – great show. Kathye Gillette is selling quilt-themed nail files for \$2 each as a ways and means project.

Show and Tell followed.

The meeting was adjourned at 9:02 p.m.

Respectfully submitted, Mary Reddington

EVEN MORE BURKE HAPPENINGS

Holiday Social Thanks and Recipe

It was a privilege for Terri and me to host the Social and we appreciated the opportunity to serve the nicest group of ladies we have ever met. A special thanks to all the volunteers: Kathy, Wanda, Linda, Nancy, Debbie, Lynn, Gayle and all the other Ladies who served anonymously. Thank you, Renee Castrop

LOTTIE'S VERSION OF OLD SETTLER'S BEANS

BROWN THE FOLLOWING:

1/2 lb diced bacon (more or less - use the bacon fat to fry the onions)

2 large diced onions (more or less to taste)

2 hot peppers (omit for a milder mixture)

(You can add celery, peppers etc)

MIX TOGETHER IN A BOWL:

1 cup brown sugar

1/2 cup white sugar

3/4 cup ketchup

2 Tbl prepared mustard

3/4 cup barbecue sauce

2 tsp chili powder (more for heat)

1 1/2 tsp pepper

2/3 cup vinegar

(You can add more or less of the above to your taste)

Add the above to the browned mixture.

NEXT ADD:

8 to 12 cans of different beans for color and texture to suit your taste.

(Drain and rinse all but the pork and beans)

Kidney beans (light)

Green beans

Wax beans

Butter beans

Black beans

Garbanzo beans

Kidney beans (dark)

Lima beans

Pork and Beans

Black eyed beans

Northern beans

Cook on low heat until heated through and flavors develop or bake in 350 degree oven for approx 12 hour. You are just heating the beans. Stir occasionally. Serves 25 generously. Better made a day or so in advance. Slow cooker is good too.

When tasting to adjust seasoning, don't make a decision with the first spoonful. The heat kicks in after a few spoonfuls.

Will keep in fridge for 2 weeks or can be frozen.

When the finished dish is cold, it may look like you don't have enough liquid. When heated it will be ok. You don't want it too runny.