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# ◆ Springfield QU News ◆

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December 2006

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President - Penny Boyanton  
Vice Pres. – Julia Renken  
Treasurer – Kitty Tyler  
Secretary - Cindy Grimord  
Nominating - Kim Fess  
Programs – Aby Dolinger  
Newsletter - Kim Fess  
Auction -- Carolyn Pic  
Quilting for Others --Diane Henry



Quilt Show Rep – Lynn Munch  
Web Page Contact – Kitty Tyler  
Holiday Party – Loretta Spittle  
Door Prizes – Beth Freerksen  
Farewell Blocks - Cynthia Johnson-  
Cavey  
Coffee Queen/Refreshments – Cindy  
Grimord  
Library - Loretta Shinol  
Secret Pals – Elli Molstad  
Little Groups – Tamara Webb  
Fall Retreat - Joan McGowan  
Spring Retreat - Rebecca Heinze  
Quilt Camp – Jill Redding  
Welcome—Marcia Walz

## From the President

Dear Quilting Friends,

Thanks to Carolyn Pic and auctioneers Kim Fess and Joan McGowan and all the workers, shoppers, and everyone who came and had a great time at our Auction. Once again we have enhanced our treasury and had fun in the process.

Last week we were treated to three demos from our members...Sallyann Morrison taught Silk Ribbon Embroidery, Loretta Spittle taught hand appliqué and Aby Dolinger taught her poinsettia table runner design that had several new time-saving techniques. We had a good turnout for Thanksgiving week and the time spent together before the hustle of Thanksgiving Day was welcome. Beth Freerksen did a great job in organizing this event, thank you all.

If you haven't signed up for the Holiday Luncheon do it right away, Loretta will be happy to talk to you. This year we will be entertained by "The Flutonics" and our own Cindy Pedder...so come early! The snowball block exchange is easy, so make lots and hopefully you will win. Please bring a canned or boxed food item we will donate to a food drive.

See you at the Business Meeting next week; bring your Show and Tell. Be sure and pick up your directory if you haven't already; clues 2 and 3 of the Mystery Quilt are available as well as the great star blocks. This newsletter will fill you in with all the latest news going on in SQU. Have a wonderful and blessed Holiday Season, I look forward to seeing each of you!

Enjoy, Penny

## From the Treasurer

Thanks to Cindy Pedder for formatting our roster booklet, and to Sue Baker for distributing the rosters. The booklets have been distributed at the November meetings. If you have been unable to attend a meeting, and would like a roster, please contact me and I will mail one to you.

Kitty Tyler, 703.451.5267, [j.m.tyler@att.net](mailto:j.m.tyler@att.net)

# SQU Annual Auction

Thank you, thank you, thank you!!!! What a success, preliminary figures show that we grossed \$4494.50. Last year's gross was \$4394. Only because of you and all your support were we able to pull it off. I want to thank all my wonderful helpers who made it all flow together so smoothly. A special thanks to our wonderful auctioneers, Kim Fess and Joan McGowan. Thanks also to Beverly Pontius, Beth Freerksen, Judy Bregman, and Sue Galasso who ran the auction table and kept the auction flowing smoothly; Cathy Flanagan and Roz Elliott who kept the "under \$20" tables in order and priced; and finally to Diane Henry, Francine York and Kitty Tyler who managed the purchases. And one more thank you to Cindy Grimord for all the fabulous food and refreshments. I hope everyone who attended had a good time. I definitely did. This year we had a lot of leftover craft books, magazines, fabric and kits. I contacted the Burke Health Center and they were thrilled to get all those things. Penny took the paperbacks to Walter Reed and the rest of the books went to the Fairfax Public Library. Thank you again for all your support. It's never too early to start to think about next year. See you on Tuesdays. Carolyn Pic

## Program Notes from Julia

### Nametag Drawing

Beginning with the January meeting we will have a special door prize drawing each business meeting. In order to be eligible for the drawing you must wear your handmade fabric nametag (nametags written on paper will not count!). We're doing this in order to encourage everyone to wear their own nametag. Your nametag can be this year's star, last year's house, the basket from the year before, the traditional spring beauty pattern, or even one you made when a member of another guild, as long as it's handmade.

There will be a basket on the welcome table with slips of paper on which to write your name ... please write your name on a slip of paper and deposit the paper in the basket when you arrive in the fellowship hall.

### Meet the Quilter

At the December business meeting we will bring back the "Meet the Quilter" program during the second part of the meeting. Elli Mostad has graciously offered to share her quilting history with us and bring her stack of beautiful quilts. At the January meeting Abigail Dolinger will present many of her friendship quilts. If you are interested in participating and sharing your "body of work" with all of us please contact Julia Renken to volunteer.

### UFO Challenge

Keep working on those UFO's you've challenged yourself to complete by Quilt Camp in February! I'll give the index cards to Cindy Grimord for the December and January business meetings (since I'll be out of town for both meetings) so you can register your completion of each project when you display it at show and tell. - Julia

**You are cordially invited...**

Everyone is invited to come to my home on December 19, from 9:30 to noon, for a holiday off-Tuesday gathering. I will provide some cookies, cider, coffee and tea. You do not need to bring anything, but if you do, you are welcome to, but please plan to take home any leftovers!  
Directions: Due to Wilson Bridge construction, the turn onto Fort Hunt Road from Route 1 is closed, so I recommend this route. Take 495N to the Telegraph Road South exit. Go straight across Telegraph Road. You will be on Huntington Avenue. Stay on this for over a mile. After you cross Route 1, the road will bend and end at Fort Hunt Road. Take the right. Stay on Fort Hunt Road, passing Belle View Shopping Center and Belle View School on your left and Paul Springs Senior Living Center on your right. Take a left onto Marine. Take a right onto Villamay and immediately take another right onto Gatewood Drive. Pass Burtonwood Drive, then take the right onto Gatewood Court. We live at 7404 Gatewood Court. My phone number is 703-768-6537. I sure hope you can come!  
Lynn Munch

## Quilting for Others--- We're off to a great start!

Thank you so much to all the ladies who came to our October 31st Quilting for Others workshop in support of our ill and injured troops at Walter Reed. At least a **dozen new quilts** and at least as many friendships were started and enjoyed at our workshop. We also ate like queens! Thank you to everyone for the wonderful food and **thank you, Cindy Grimord** for the great job you did wrangling the drinks and food for all of us--how you do this single-handedly--I take my hat off to you!

We also enjoyed seeing two quilt tops produced using fabric provided to us by two Girl Scout troops connected to our own **Sue Galasso**. We will be seeing other opportunities to work with fabric provided by Sue's friends and family--more on that later! **Vi Saunders** has received fabric from a friend, some of which has already been taken to use as backs for some of our quilts. I also received enough polartec to make two green and black plaid blankets from a friend whose son just finished Army boot camp.

While we may not know the encouragement our little quilts produce for soldiers who have risked their lives for our country, I can tell you that the work I see you putting into your quilts, and the faithfulness you show by continuing to support this ministry--**we're going on 4 years now**--and the enthusiasm you have generated with your own friends and family to support this ministry has meant so much to me. It is truly a privilege and honor to work along side you all.

Penny has told me she plans on making a **deliver to Walter Reed before Christmas**, so let's try to finish as many quilts as possible to make her delivery a big one! Also, mark the **last Tuesday of January** on your calendar for our next Quilting for Others workshop. We will be trying something new--**new year, new pattern, new approach to our workshop!** You won't want to miss it.

---Diane Henry

*Quilt Show News*

## Timeline

Do you have a 2007 Quilt Show Commitment tag on one or more of your quilts? Do you have some entries in the UFO Challenge which you are considering putting into the show? Or just a quilt you'd like to enter? Well, it's time to start planning ahead to ensure they are "quilt show ready" by the Quilt Show entry deadline, which is **February 26, 2007**.

Application forms may be available at the December business meeting. They certainly will be available at the January business meeting.

SQU has set aside time during Quilt Camp (Feb 20-22) for you to bring your quilt show items to be measured/previewed by the quilt show collector. She will photograph and measure your quilt and verify that your quilt, doll or wearable clothing is "quilt show ready." Quilt is "quilt show ready" when it meets all these requirements: (1) It's completely finished; (2) Hanging sleeve that meets quilt show specifications has been sewn to top of quilt (directions below); (3) Muslin quilt label with entrant's name/chapter affiliation/quilt's name has been sewn to the bottom right corner of the back of quilt (see below). Phone number/address encouraged but not mandatory; (4) Carrying sack with entrant's name/chapter/quilt's name has been prepared for each quilt. Quilts cannot share a carrying sack.

Quilt collectors will collect the quilts for the show one to two weeks before the show, which is June 1 through 3. Your quilts will be returned at the meeting on the Tuesday following the show.

## Hanging sleeve directions

Cut a piece of fabric 9 inches by the width (side to side) measurement of your quilt. Hem the nine-inch edges of the sleeve by turning each end under ½" twice. Fold the fabric along the short width so the wrong sides are together and the sleeve is now 4 ½ inches by the width of the quilt. Stitch along the raw edge the entire length of the sleeve using a ¼ inch seam allowance. Baste a ¼ inch seam along the opposite folded edge. You should now have something that looks like a tube. **DO NOT TURN**. Refold and press the tube. (If you top stitch along the very edge on both long sides of the tube it will be easier to sew the sleeve in place.) Place the raw-edged seam against the quilt back, about one inch from the top edge. Pin and hand stitch along both long top-stitched edges of the tube. Remove the basted seam that faces outward. The extra fullness allows the quilt to hang flat, and any pulling that may be caused by the hanging pole will be taken up by the fullness of the sleeve, rather than the quilt.

## Label directions

Each quilt needs to be labeled with the entrant's name, chapter affiliation and name of the quilt. Address and phone number is optional but recommended. If you do not wish to write directly on the quilt, the information may be written on a piece of muslin and attached (sewn) to the bottom right corner of the quilt. A label on the top of the quilt cannot be read once the quilt is hung.

Questions? Contact Lynn Munch at [llmunch@cox.net](mailto:llmunch@cox.net)

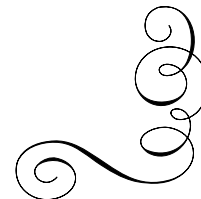
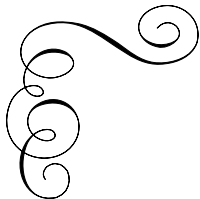
## Fall Retreat



Our Fall Retreat next year will be held from Oct. 4-7 at the usual place, the New Windsor Conference Center in New Windsor, MD. Deposits of \$35 are currently being taken. At this point there are only a few openings available so contact Joan McGowan at [Joquilter@aol.com](mailto:Joquilter@aol.com) or call her at 703-323-6048 if you are interested in going. The two other payments of \$95.00 each will be due on March 1 and May 1. Our theme has not been finalized yet but we are looking into basing our theme on a process called Sour Dough. More about that later.

It's always a great weekend so try and join us.

You are cordially invited to  
Springfield QU's Annual



**Holiday Luncheon  
at The Country Club of Fairfax  
on Tuesday, December 12.**

Lunch will be served at 12 noon with the cash bar opening at 11:30 am. Juices are available as well as wine.

The fee for the luncheon is \$20 per person which includes your choice of entrees--London Broil or Salmon. This will be accompanied by pumpkin soup, breads, vegetable of the day, coffee or tea and chocolate mousse.

Loretta Spittle will be accepting reservations through Tuesday, December 5. Please make your check payable to SQU and indicate on your check your choice of entrée.

There will be a block drawing. You will get your instructions when you sign up.

Be sure to plan to come. This is a wonderful annual event. Sign up early!

## **Culinary Expressions**

A big THANK YOU to the following members who treated us with refreshments during the month of November: Marcia Walz, Lisa Langlais, Judy Bregman, Karen Cross, Joan Oelschlager, Bonnie Campbell, Cathy Flanigan, Theresa Batch, Cindy Niles and Carol Drelicharz. On deck (or on the counter?!, should we say) for the December business meeting are: Marcia Walz, Beverly Pontius, Kim Fess, Cathy Powers, and Loretta Spittle.

By special request, here's the recipe for the delicious salad that Beverly Pontius brought to the Quilting for Others potluck:

### **Bok Choy Salad**

1/2 cup margarine

2 tablespoons sugar

1/2 cup sesame seeds

2 packages ramen noodles (discard the seasoning packet)

1 package sliced almonds

4 green onions

2 pounds (2 heads) bok choy

Chop bok choy and green onions. Set aside in large bowl. Melt margarine; add seeds, sugar, noodles and almonds. Brown in pan. Cool.

Dressing:

3/4 cup oil

1/4 cup red wine vinegar

1/2 cup brown sugar

2 tablespoons soy sauce

Add the dressing and browned mixture to the chopped vegetables when ready to serve. (Do not do this ahead of time.) Toss and enjoy.

## **Quilt Camp Site**

Quilt Camp is coming in February and we need some exciting workshops and demos. I have a few people who are going to teach but I still need a few more. If you have any ideas or requests, please e-mail me. And if you are already planning on teaching start thinking about supply lists and how much time you need for your workshop. I am going to start working on the schedule in December so we can start planning our calendars to make sure we don't miss anything! I need my instructors to let me know if there is a day and/or time that is best for them. Thanks so much. Jill [copingwithgrace@hotmail.com](mailto:copingwithgrace@hotmail.com)

## *Inspiration for a S-T-R-E-T-C-H for the new year!*

Here are Freddy Moran's Top 10 Color Guidelines from Collaborative Quilting by Freddy Moran and Gwen Marston:

1. Find your personal neutral.
2. Ten colors don't work—100 do.
3. Black and white gives the eye a place to rest.
4. Excess is never enough.
5. What others think about your art is of no importance.
6. Never point out a mistake.
7. Do the processes of quilt making you enjoy—farm the others out.
8. Don't lose sight of the joy.
9. Don't be afraid to abandon a project that isn't working for you.
10. Work as much as possible every day.



**Happy birthday** and congratulations to all of our SQU members who will be celebrating their special days in the month of November:

Abigail Dolinger 12/5

Beverly Pontius 12/10

Bonnie Campbell 12/11

Cynthia Johnson-Cavey 12/11

Anne Argentieri 12/19

Penny Boyanton 12/21

## **NEWSLETTER NEWS**

I apologize for the blandness of this month's newsletter. My computer is sick, so I had to borrow another one. It works fine, but it does not have either the fonts or the clip art that I usually use. Hopefully my computer will be healthy again soon or I will have a new one before the next newsletter. **The deadline for the next newsletter will be December 22.** Please e-mail your input to me at [kimfess@aol.com](mailto:kimfess@aol.com). I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment. That will help to save me time.