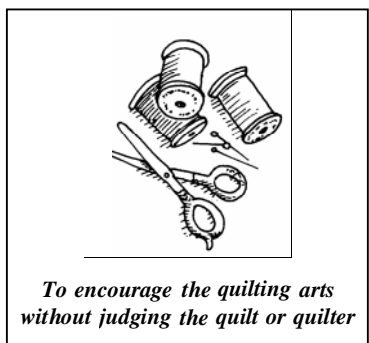


December 2007

President – Julia Renken
Vice Pres. – Cindy Grimord
Treasurer – Kitty Tyler
Secretary – Beth Freerksen
Nominating – Penny Boyanton
Programs – Abigail Dolinger
Newsletter -- Kim Fess
Auction -- Carolyn Pic
Quilting for Others -- Diane Henry



Quilt Show Reps – Lynn Munch &
Loretta Spittle
Web Page Contact – Julia Renken
Holiday Party – Bonnie Campbell
Door Prizes – Jill Redding
Farewell Blocks -- Cynthia Johnson-
Dailey
Coffee/Refreshments – Francine
York & Ellen Jaeger
Library --Loretta Shinol
Fall Retreat -- Joan McGowan
Spring Retreat – Kim Fess
Quilt Camp – Jill Redding
Sunshine—Beth Freerksen
Membership/Welcome—Joan
Oelschlager



From the President

Dear Ladies,

Thanksgiving is a memory now and we are into the holiday season. Many of us have lots of quilting projects to complete in the next month – I hope you accomplish all you plan to do.

I want to put in writing our thanks to Carolyn Pic and her auction team, and Kim Fess our auctioneer, for the most successful SQU auction ever. We all had a good time at the bag raffle, silent auction, and live auction.

Elsewhere in this newsletter you'll see our SQU calendar for the next two months. Please note that we've added a special "Off-Thursday" at the church on December 27th from 9:30 to noon. Since both Christmas and New Year's Day are on Tuesdays we won't meet those days - I thought some of us might like to get together on Thursday the 27th to relax and quilt with friends.

On a personal note - by the time you read this my son-in-law Jason should be on his way home from Iraq to Anchorage. This has been a difficult year for Rebecca and Jason and I thank all of you for your concern for them during his deployment, and for all that you donated for boxes sent to Jason and his fellow soldiers. Please keep all our deployed soldiers in your thoughts and prayers this holiday season.

Happy holidays and happy quilting to all,
Julia



11/20/07 Business Meeting Minutes

Julia Renken called the meeting to order at 9:51 a.m. Joan Oelschlager introduced and greeted new members and visitors. Julia discussed the upcoming Quilters Unlimited Organization's events. She thanked Carolyn Pic (in absentia) for the wonderful job she had done organizing this year's fall auction. The fall auction collected over \$5,500, \$1,000 more than last year.

Committee Chair Reports - Kim Fess (Newsletter and Spring Retreat) - Newsletter deadline is Friday. Spring Retreat \$105 deposit is due by December 4. The Spring Retreat theme is "Death by Chocolate. Diane Henry (Quilting for Others) - 3 Soldier kits from workshop left. Echo is going to need stockings for at least 700 children this year. January's 5th Tuesday will be devoted to making dialysis patient pillow cases. April's 5th Tuesday will be committed to soldier quilts. Loretta Spittle for Bonnie Campbell (Holiday Party) - \$21 payment is required no later than a week before the December 11 holiday party.

The October business meeting minutes were approved as printed without corrections.

Internal Program Report - Aby Dolinger discussed this month's Border of the Month border. She reminded us of the current charm exchange and the UFO challenge.

Door Prizes were awarded.

Members pulled out their medallion quilts for a special show n' tell. Next came our new quilts show n' tell.

Demonstrations were provided by Jill Redding, Penny Boyanton and Judy Beigbeder.

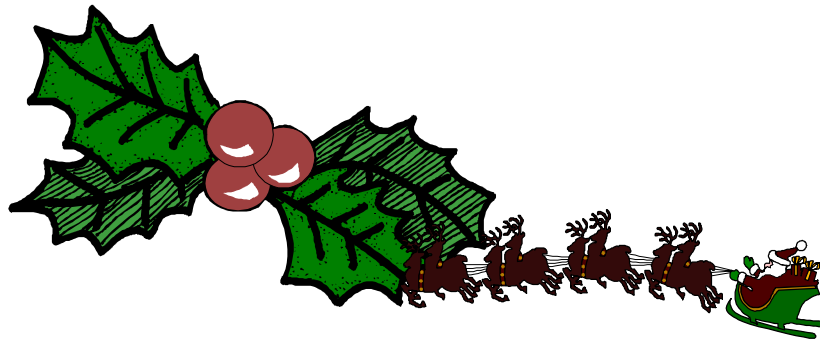
Meeting adjourned.

Respectfully submitted by Beth Freerksen, Secretary.

A CORRECTION!

The Slash and Slide guide provided by Judy Beigbeder at her November 20 demo incorrectly stated the quilt back margin as 54" x 54" for a 50" x 50" quilt top. The correct margin should be 58" x 58" for machine quilting. Although you can use the formula to compute for any back size you want, Judy will be providing the corrected chart for a 58" x 58".

SQU
Speaker



Our next lecture and workshop will take place on Tuesday, January 15. Gyleen Fitzgerald, from Churchville, Maryland, will be telling us about **“The Shape of Things to Come.”** That afternoon her 3-hour workshop will be **“Got Fabric – Make a Quilt of the Century.”** Gyleen’s website is www.colourfulstitches.com. She has received rave reviews from other QU chapters on the lectures and workshops she’s given in the area, and now it is our turn. Please see Cindy Grimord or Beth Freerksen at the December 4 meeting to make your reservation (cost is \$20) for the afternoon workshop and obtain your supply list.

A NOTE FROM THE Auction CHAIRMAN

To the SQU Auction Volunteers a great BIG THANK YOU!!! Our auction went so well, ran so smoothly and it was all of you who made it happen. . I received so many wonderful reports and am so proud of this year auction, what a success it was for SQU.

SQU is a wonderful place to be, we have such wonderful people who contribute such wonderful things to our auction and such wonderful helpers who are always there to help. I have always said this, my job as chairman has been the easiest chairman job I have ever held and it is because of you, I have had such great, reliable help, generous contributors and generous buyers. Thank you, thank you, thank you!!!

I wish to give a special thanks to my committee who came to my house the week before to sort and label everything for the auction. They were Kim Fess, Cathy Flanigan, Cathy Powers, Beth Freerksen, and Judy Bregman. A great big thank you goes out to Kim Fess our loyal auctioneer who did such a fabulous job again this year.

Thank you to Roz Elliott and Sue Galasso who sold \$856 in raffle tickets. Thank you to my helpers on the day of the auction: Beverly Pontius, Cathy Flanigan, Judy Bregman, Kitty Tyler, Diane Henry, Francine York, and Judy Fender.

One final great big thank you to all of our contributors and your fabulous donations. I can't remember everyone who donated...we received so many lovely things and I was proud to have them in our auction-live, silent and bag raffle. I know those lucky ones who walked away with them were very pleased and those of us who didn't were very jealous.

Thank you again for another successful auction. SQU truly is " where the fun is". Carolyn Pic

A Call for Quilts . . . one-patch Style

On December 4th we would like to see any one-patch quilts in your collection. What qualifies? Quilts that are made of only one shape: hexagon (Grandmother's Flower Garden), rectangle (Rail Fence), square (Nine Patch, Trip Around the World), triangle (Thousand Pyramids), rhombus (Tumblers).



DRINK GREEN—Bring your own coffee cup to
our meetings!

Border of the Month – a Medallion Quilt Project with Six Borders

How is your Medallion-style quilt progressing? Are you ready for the next "assignment?" November's border is 5" wide, finished. (Instruction sheets with applique shapes will be available again on Dec. 4.) Besides designing an applique border reflecting the theme of your quilt, you could attach a plain border for quilting an elaborate design, or attach a border print with corner miters. Remember to cut your border strips 5 1/2" wide. After attaching this border, your quilt top should measure 34 1/2", unfinished.

December's assignment is to add a 1" finished border so that your quilt top measures 36 1/2", unfinished.

UFO and QuIPS Challenge

UFO--UnFinished Object - A quilting project which you have already started but which has been lying dormant for awhile.

QuIPS--Quilt In the Planning Stage - A quilting project for which you have purchased fabric, a pattern, notions, embellishments, etc. but which you have not yet started.

To participate:

- 1) Write your name and a brief description of your UFO or QuIPS on a 3" x 5" card provided by the challenge coordinators, Chris Prestenbach and Aby Dolinger. You may submit up to 5 cards/projects.
- 2) Beginning in the month of October, show your project or supplies during Show and Tell of the business or program meetings.
- 3) Completely finish a UFO (quilted, bound, labeled) or in the case of a QuIPS, finish at least the top by noon on Wednesday at SQU's Quilt Camp in March.
- 4) Chris Prestenbach has a sizeable collection of lovely batik fat quarters to give as prizes for completed UFO and QuIPS challenge participants. Show your completed project during Show and Tell in November, December, January, or February to receive a Fat Quarter prize.



Charm

Square

Swap

If you would like to participate in a 6" Charm Square Swap on Tuesday, December 4th, sign up with Judy Fender. You need to purchase 1 yard of fabric that "says" something about you. (Perhaps golf is your favorite sport; perhaps your favorite color is blue, perhaps you love Christmas.) Wash, dry and press the fabric, and then cut it into 6" squares. The swap will take place at the end of our business meeting on Dec. 4th.

Civil War/ Churn Dash Block Swap

Ladies involved in the 7" Churn Dash Swap . . . our next exchange is on December 4th immediately after the SQU meeting. Give your blocks to Aby Dolinger before or during the refreshment break.

Meet the Quilter

A big "thank you" to Jill Redding for sharing quilts from her collection on November 20th. It was fun to see the various patchwork styles and shifting color palettes that Jill has used through the years. It was neat to hear how quilting friends and teachers have inspired and influenced her work.

On December 4th Cathy Powers will show and tell about some of her quilted creations.



Quilting for Others January 29, 2008 Workshop Pillow Cases for Dialysis Patients and Kids at the Ronald McDonald House

Your generosity continues to amaze and bless everyone around you, Ladies of SQU! Over 30 quilts were kitted at our last Quilting for Others workshop in October, over 250 Christmas stockings have been made and donated to ECHO to help bring joy to 700 kids in our area--and I know more are in progress as I type, and, at our most recent meeting, you voted to include an extra workshop to our already crowded schedule so that we could meet the need of 2 dialysis centers and a Ronald McDonald House in our area and continue making quilts for wounded and ill soldiers at Walter Reed.

Specifically, we will be making 150 pillowcases for kids (think bright colors and patterns, toys, sports, animals, cartoons, etc.) and 75 pillowcases for adults--almost all men (think golf, Redskins, baseball, camouflage, mature colors and patterns). The dialysis centers need pillowcases to encourage their patients to purchase a clean pillow (and keep it clean) dedicated to their dialysis treatments. The Ronald McDonald House gives pillowcases to their juvenile patients and family members.

There are different ways to make pillowcases, I have personal experience with the method outlined below and will demo how to do the "hot dog" method at our workshop. I've also included a link to a website that details the directions and has pictures to match.

We'll meet at 9:30 AM on January 29th and work till we're done. I'll start taking sign-ups for the usual suspects, in December! Also plan on bringing drinks and a bag lunch if you'd like.

We'll see you in January!

Instructions for Pillow Case

Hey girls, check out the instructions at this website for pictures:

www.jcarolinecreative.com/Merchant2/merchant.mvc?Store_Code=JC&Screen=PILLOW

Materials Needed:

- 1 1/2 yards fabric for main part of pillow case
- 1/4 yard of coordinating fabric for band
- 2" x 43" piece of fabric for band contrast

Step 1:

Cut three pieces of fabric for your pillowcase from the fabric as shown (though you will probably cut each one from different fabric). Cut one piece 29" x 43" for standard (39" x 43" for king size), a piece 43" x 9", and a third piece 43" x 2".

Step 2:

Fold the band in half length-wise wrong sides together. Press. Repeat with band contrast.

Step 3:

Place the pillowcase right side up with the design facing upward. On the right side of the pillowcase, place the band contrast and then the band, all raw edges lined up on the right. Stitch together using a 1/2" seam allowance.

Step 4:

Turn band and band contrast out from the pillowcase and press.

Step 5:

Fold pillowcase in half so that both ends of the band meet. Stitch on one long and one short side, using a 1/2" seam allowance.

Step 6:

Turn pillowcase right side out. Enjoy!

Other ideas and suggestions:

- Finished Size: standard pillowcase: 21" x 32"; king pillowcase: 21" x 42".
- Instead of fabric for band contrast, you can use a 7/8" wide ribbon cut to 43" inches long. No need to fold it in half as both sides are finished.
- When I made these, the only place where I struggled was cutting a 2" wide strip of fabric that was straight, so that when I folded it my stripes or dots were straight. So I cheated- I cut a 3 to 4" strip out of the fabric, carefully ironed it in half keeping the design straight and then trimmed the folded piece to 1".

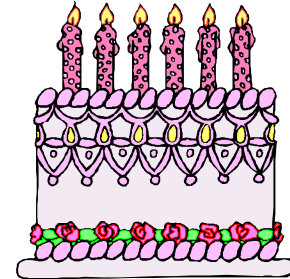
Retreats

Spring Retreat, March 24 through 28 at Massanetta Springs, VA, is full, but there is a waiting list. Contact Kim Fess (kimfess@aol.com) if you are interested. To the fourteen lucky people who are signed up, don't forget that your second payment of \$105 is due at the December 4 meeting or you

can mail it to Kim at 8302 Miss Anne Lane, Annandale, VA 22003. Fall Retreat, October 9 through 12 in New Windsor, MD, still has spaces available. Deposits of \$40 should be sent to Joan McGowan 7368 Burke Meadow Drive, Fairfax Station, VA 22039.

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of December:

Aby Dolinger 12/5	Beverly Pontius 12/10
Bonnie Campbell 12/11	Gina Helmick 12/11
Cynthia Johnson-Dailey 12/11	Ann Douglas 12/13
Mary Reddington 12/16	Anne Argentieri 12/19
Penny Boyanton 12/21	Carole Bloomquist 12/24
Nancy Karpowicz 12/29	Anne Schofield 12/29
Jana Danielson 12/31	



Holiday Luncheon

Our annual holiday luncheon will be on Tuesday, December 11, at the Country Club of Fairfax. You won't want to miss this festive day in the beautiful club. At 11 a.m. there will be a cash bar and the social will begin. Sit with your beverage of choice by the lavishly decorated Christmas tree in the lobby and enjoy the music of the Flutronics, a talented flute ensemble with our own Cindy Pedder. At noon the luncheon will be served.

MENU

House Salad with Raspberry Vinaigrette

Entrée #1 Poached Salmon with Red Pepper Coulis
Chef's Vegetables and a Starch

Entrée #2 Grilled Chicken Breast with Fresh Parmesan
Hot Herbed Orzo with Sundried Tomatoes, Kalamata Olives, Radicchio, Toast Pine Nuts, Chopped Basil, Olive Oil, Garlic and Balsamic Vinegar

Hot Rolls and Butter

Shaumtorte—a meringue shell filled with fresh fruit, berries and whipped cream

Coffee, Decaf, Tea



The price of the luncheon this year is only \$21 as it is being subsidized by our chapter. Your check is your reservation. Please give it to Loretta Spittle. **WRITE YOUR MENU CHOICE ON YOUR CHECK!!!!**

Holiday Luncheon Quilt Block Exchange

As in past years, we are once again making snowball blocks for our Holiday Luncheon. This year, please use any PLAID fabric and NAVY BLUE corners (a good example is Kona cotton in navy). Cut the plaid fabric into 4" squares. Cut the navy fabric into 1 1/2" squares. You will need 4 of the navy squares for each 1 plaid square. If you have not made a snowball block please see me any

Tuesday and I will be happy to show you. I will also have a handout available. Make as many blocks as you like; maybe you will win a bunch! Any questions?? Please let me know. Oh, do not cut off the corners. Have fun and see you soon, Penny

Woodlawn Needlework Exhibition

The 45th annual needlework exhibition at Woodlawn will be March 1 through 31. One of the Techniques that will be in the show will be "Quilted Accessories" which includes wall hangings, pillows and clothing only, 24" x 24" maximum. No bed or crib coverings allowed. Show Divisions include adult and junior, and the show Categories are original, adaptation and commercial. There will be first, second and third place ribbons in each technique, category and division. To get an entry form, call 703-780-4000.



Culinary Expressions

Here are a couple of recipes from Ann Dau for dishes that she brought to the November 20 meeting. Everybody loved them!

Shenandoah Valley Apple Cake

1 cup oil	1 tsp baking soda
2 cups sugar	3 cups peeled and diced apples
3 eggs	1 cup chopped walnuts + 1 tbs. flour (optional)
1 1/4 tsp. vanilla	
2 cups flour	
1 tsp. salt	

Beat oil, sugar, eggs and vanilla for 3 minutes. Gradually add flour, salt and baking soda beating well. Stir in apples (add walnuts dredged in flour if desired). Pour in greased and floured 9x13" pan. Bake at 350 degrees for 55 to 60 minutes. Pierce cake all over with two-pronged fork and ice.

Icing:

1/2 cup butter
1 cup brown. sugar
1/4 cup milk

Combine in saucepan over medium heat stirring until mix boils. Boil 3 minutes. Remove from heat and spread immediately on cake. Cool and enjoy.

Pumpkin Dip

8 oz. softened cream cheese	1 tsp. ground cinnamon
2 cups confectioner's sugar	1 tsp. pumpkin pie spice
1 cup canned pumpkin	1/2 tsp. ground ginger
1/2 cup sour cream	

Beat cream cheese and sugar until smooth. Beat in rest of ingredients until blended. Refrigerate. Makes 4 cups. Serve with sliced apples, pears and/or ginger snaps.

Member News

Betty Carnes has moved. Her new contact information is 7450 Spring Village Drive, Apt 501, Springfield, VA 22150, phone 703-569-3521. Please put this updated information in your directories.

SQU December/January Events Schedule

- December 4 – Business meeting
- December 11 – Holiday luncheon at Fairfax Country Club
- December 18 – Off-Tuesday
- December 27 – Off-Thursday at Grace Presbyterian
- January 8 – Business meeting
- January 13 – Big QU Quilt-In at Falls Church High School, 1-4pm
- January 15 – Program meeting, Gyleen Fitzgerald is guest speaker
 - “The Shape of Things to Come” morning lecture
 - “Got Fabric–Make a Quilt of the Century” afternoon workshop
- January 22 – Off-Tuesday
- January 29 – Quilting for Others workshop

NEWSLETTER NEWS

The deadline for the next newsletter will be Friday, December 21. Please e-mail your input to kimfess@aol.com. I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thank you!

