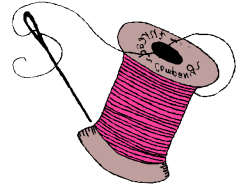


And sew on...



Newsletter of the Springfield Chapter of Quilters Unlimited December 2008

Our 2008-2009 Volunteers

President—Sue Galasso	VP—Jill Redding
Treasurer—Cathy Powers	Secretary—Carolina Diez
Nominating—Julia Renken	Programs—Judy Beigbender
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Reps—Cindy Grimord & Penny Boyanton	Library—Loretta Shinol
Holiday Party—Judy Fender & Roz Elliott	Web Page Contact—Sue Galasso
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Lynn Munch
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Judy Beigbender	Sunshine—Beth Freerksen
Membership/Welcome—Joan Oelschlager	Bus Trip—Nancy Vogel
Quilt Collectors—Sue Baker & Beverly Pontius	
Coffee—Peggy Brower, Lynn Matthews, Carole Bloomquist & Cathy Murray	

November kept us all busy with an historical election, the annual auction, and Thanksgiving. We even got to see some snow flurries! With December the holiday season is all around us and we will be looking forward to 2009. On December 2 we will have the monthly business meeting. This will be the last day to get your payment to Roz Elliott for the Holiday Luncheon. The Holiday Luncheon will be on Tuesday, December 9, at the Country Club of Fairfax. The festivities begin at 11 a.m. with the music of the Four Flewts. Lunch will be served at noon. The “Hollyday Grab Bags” will be due at the luncheon. There will be an off-Tuesday at the church on December 16. The church is **not** reserved for December 23 and December 30.

Many of you have been busy with the last effort to get 100 more pillowcases to ECHO before the holidays are truly upon us. Many charities are being stretched this year with more and more families coming forward in need of assistance. Please help us make this goal of 100 pillowcases before we all go our own ways for the holidays. We are such a generous group when it comes to helping the community and I thank you each for this.

We will meet after the holidays on January 6 for our business meeting. You know how we have all been riding around and seeing those bumper stickers that read “1-20-09”? Well, that date will be here before you know it as will be Bonnie Hunter with her lecture/trunk show on Scrap Quilts. Then on Wednesday, January 21 there will be an all-day workshop with her. Please contact Jill to register for the workshop; there are more details about this in the newsletter.

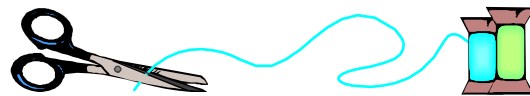
For those of you interested in Art Quilts. I was recently reading a magazine and found information on an organization for professional quilt artists. Some of you may already have this info but I thought I would share it “just in case.” They have an annual membership available. They are currently out of Storrs, CT, and the web site is www.saqa.com



Wishing you and yours a warm and happy holiday season!

Sue

VP'S Corner



Thanks so much to everyone for making the auction such a success. I am the lucky one who gets to spend most of the money so I really appreciate your efforts. The donations were again fabulous and in these economic times you were very generous to dig deep and support us once again.

We have an exciting new year ahead. To kick it off, Bonnie Hunter will be here on January 20. Please try to come to her lecture; you can hurry home to see the inauguration on TV. And unlike the inauguration, Bonnie's lecture won't be available to be replayed many times over on the internet and on TV! Bonnie will be talking about Scrap Quilts which is a favorite subject for many of us.

Bonnie's "Crumbs" workshop is on the 21st from 9:30 to 3:30; you can get the supply list and see examples on Quiltville.com. Email, call, or see me at a meeting to sign up. The cost is \$40.00.

February is Quilt Camp which is a highlight every year. In March Lesly Riley will be here talking about and teaching us Fabric Collage. Her website is LaLas Land. She has several books out and will have a plethora of techniques to teach us.

Our own Ann Littleton will be lecturing on nine-patch quilts and teaching us Nickel Quilt techniques in April. Ann is a fantastic teacher; I have taken several classes from her and she is one of the best. I know her workshop is going to be very popular.

I have started to work on next year and I appreciate all of your suggestions, especially for local talent.

Keep on stitching,

Jill

copingwithgrace@hotmail.com

Springfield QU Auction

Wow!!! Is all I can say. We did great this year! I didn't expect to raise as much as last year but we came so very close which was more than I had hoped. This years' Auction was fabulous. A Great big THANK YOU to Kim Fess, our Auctioneer, for a job well done. THANK YOU! THANK YOU! THANK YOU! to everyone who helped sort, tag, set-up and work on the day of the auction: Jill Redding, Beth Freerksen, Judy Bregman, Cathy Flanigan, Diane Henry, Francine York, Cathy Powers, Beverly Pontius, Rebecca Heinze, Roz Elliott, Penny Boyanton, Barb Sherwood, Cindy Grimord and Sue Galasso.

Most importantly, a great big THANK YOU to our wonderful members. We couldn't have done anything without your wonderful generosity. We had some terrific bargains and so many wonderful things. Thank you! Thank you! Thank you! I thoroughly enjoyed myself and hoped you all did as well. What a great success! Remember this is why "Springfield QU is where the fun is;" we have the most wonderful people.

Carolyn Pic Auction Chairman

2008 Auction Statistics (for the curious)--

- 104 bid numbers were assigned.
- Sorry, I didn't think to count the number of people attending (wish I had), but we had so many attendees we ran out of space in the parking lots!
- We sold 1910 bag raffle tickets making us \$955.
- The bag raffle had 60 total raffle items.
- Bag #19 had the most tickets with 112.
- The silent auction had 50 items.
- The highest bid in the silent auction was \$90 for the Jingle Bell quilt kit.
- The live auction had 20 items netting a total of \$2588.
- The highest bid was \$502 for the Winter Wonderland quilt top.



Minutes – Springfield QU Business Meeting November 4, 2008

Sue Galasso called the meeting to order at 10 am. Joan Oelschlager introduced new members and guests. Minutes of the October business meeting published in the November newsletter were not available since the QU webmaster is on vacation. Membership agreed to wait until December meeting to approve minutes.

Treasurer's Report: Cathy Powers reported that as of October 31, we have \$8,984.04. Fons and Porter magazine subscriptions are available; for every subscription, the guild receives \$5.00.

VP Report: Jill Redding was absent. Sue Galasso announced the upcoming Bonnie Hunter lecture on January 20 and workshop on January 21. Check out her website at www.quiltville.com

Programs: Judy Beigbender reviewed Nifty Notions, BOM, Insanity Plea and Holly Day Grab Bag due at the luncheon on December 9.

Committee Chair Reports -

Fundraising: Carolyn Pic reviewed auction procedures and showed the auction quilt made by those who attended the spring retreat.

Community Service: Diane Henry/Carolina Diez reported that ECHO is requesting at least 100 more pillowcases to give out with the Christmas stockings.

Newsletter and Spring Retreat: Kim Fess announced that the deadline for the December newsletter will be November 21.

HolidayParty: Roz Elliot/Judy Fender announced that the luncheon will be December 9 at the Fairfax Country Club with a cost \$21. The menu was announced and a sample of snowball blocks using batiks was shown.

Quilt Show (June 5, 6, 7, 2009): Penny Boyanton/Cindy Grimord announced that the quilt committee meeting was moved to November 10.

Fall Retreat: Joan McGowan did a wrap-up of fall retreat. The next fall retreat will be October 8-11, 2009, with the theme "Lucky 13."

President's Announcements: Joan Oelshchlager asked membership to vote on sending out the membership directory via e-mail in order to reduce printing costs. Membership voted and agreed to have directory sent out as PDF file

Announcements: Vi is selling White House Christmas ornaments from the INOVA Alexandria Hospital gift shop; proceeds benefit the Alexandria NICU. Beverly is collecting pennies for a church fundraiser "Pennies for Peace;" pennies will go to schools in Afghanistan.

Show and Tell

Meeting turned over to Judy for **Nifty Notions demonstrations.**

Meeting adjourned at 12 noon.

Submitted by Carolina Diez

DRINK GREEN—Bring your own coffee cup to our meetings!

And be sure to wear your nametag!



ANNUAL PROGRAMS

SIT BACK, RELAX, LEARN AND LAUGH

The December 2 meeting will include another performance in which your Annual Programs Person will demonstrate her latest book purchase technique. Opting for a demo rather than a class, with all that you have on your plates, I hope you'll find this technique intriguing.

Meanwhile, the day (Dec 9) is drawing near for those who are participating in the Holly Day gift exchange. Fortunately the temps have been exceedingly cold here in NH this week keeping me indoors . . . except for a quick trip to Keepsake Quilting, so I'm about ready to add the sashing to my project.

Judy Beigbeder
Annual Programs



Annual Holiday Luncheon



The SQU Holiday Luncheon is one of our chapter's favorite traditions! Come and enjoy a festive luncheon with your quilting friends at the beautifully-decorated Fairfax Country Club on Tuesday, December 9. The price is the same as last year—only \$21.00. Cocktails/soft drinks start at 11:00am with music provided by Cindy Pedder's group, the Four Flewts. Lunch will be served at 12:00 noon. The choices are:

Asiago & Prosciutto-Stuffed Chicken (served with a Rosemary & Thyme Gravy)

or

Grilled Salmon (with Lemon Thyme Butter)

All lunches are served with a house salad, rolls and coffee or ice tea.

Make your reservation with a check payable to SQU with your luncheon choice (Chicken or Salmon) noted in the memo portion of the check. Roz Elliott will be accepting checks for payment on Tuesday, December 2. This is the last day you can make your reservation

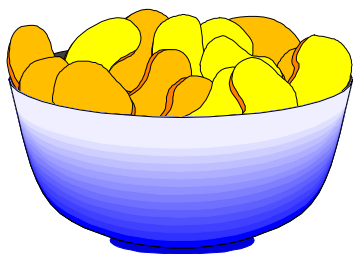
A part of our annual holiday luncheon that is always looked forward to is the block exchange. For every block you bring you get chance to win the blocks. This year's block is once again...the Snowball block—very easy, fun and versatile!! Please use a medium to dark **batik** for the large square (5 ½) and a light to medium **batik** for the corners (2 inches) to make a contrast. Directions are for one block:

Cut: 1 – 5 ½ “ square of medium to dark batik

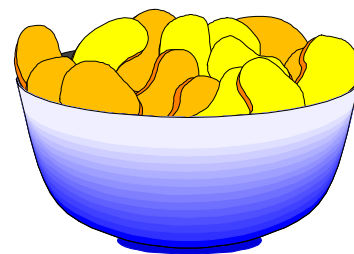
Cut: 4 - 2” squares light to medium batik

Using a pencil, draw a diagonal line on each of the 4 medium to light batik squares. Place one of these squares on each corner of the medium to dark batik fabric square and sew on the diagonal line...just inside the pencil line seems to work best. Press the light squares toward the corner, forming triangles. Please do not cut away the background.

Make as many blocks as you like!!! Please use only **batik** fabrics! Have fun and see you at the luncheon!!!



The Munchie Report



Thanks to all who have signed up to bring munchies to our meetings. For our meetings in November, we have Corrie Grummon, Peggy Brower, Lucy Kinsel, Ellen Corrie, Joyce Canary, Ann Littleton, Betty Carnes, Cathy Flanigan, Lynne Baker, Marcia Walz and Julie Kay to thank. I think a few unknown others brought in goodies, too. We all appreciate it!

In December, I'll pass the signup sheet around for the first part of 2009.

Thanks, Munch

And here are two recipes for munchies that have been very popular on the refreshment table:

Lucy Kinsel's Dump Cake (Enjoyed at the November business meeting)

2-1 lb. cans cherry pie filling
1-8 oz. can crushed pineapple, undrained
1 pkg. yellow cake mix
2 sticks margarine, melted
1-3-1/2 oz. pkg. coconut
1 c. chopped pecans

Spoon pie filling evenly in bottom of 13x9x2" pan. Spread pineapple over filling. Sprinkle dry cake mix over pineapple. Pour melted margarine evenly over all. Sprinkle with coconut and pecans. Bake 1 hour at 325 degrees F.

Ann Dau's Pumpkin Dip (Enjoyed at the Auction meeting)

8 oz. softened cream cheese
2 cups confectioner's sugar
1 cup canned pumpkin
1/2 cup sour cream
1 tsp. ground cinnamon
1 tsp. pumpkin pie spice
1/2 tsp. ground ginger

In a large bowl beat together cream cheese and sugar until smooth. Beat in the rest of the ingredients until blended. Refrigerate. Makes 4 cups. Serve with ginger snaps, apples, pears etc.



Membership

In an effort to reduce our printing costs, the 2009 directory will be emailed to members, as per the vote at our November meeting. However, if you wish to receive a paper copy instead, please contact Joan Oelschlager so she can print and distribute them to you ASAP. You can call me, send me an email or see me at the December luncheon. Phone: 703-960-2830; email: joelschl@cox.net Thanks, Joan

Share your favorite...

is a new column this year. Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever! This month since no one sent me a favorite anything, you're going to have to hear about my favorite restaurant!

My very most favorite restaurant is a casual little neighborhood place called **RT's**. It is located at 3804 Mount Vernon Avenue in a part of Alexandria known as Arlandria. As a warning, this is not the "best part of town," but we've never had any problems there and it is well worth the trip. RT's is consistently rated one of the top 100 restaurants in the DC area by Washingtonian Magazine, and Bill Clinton and Al Gore even ate there before going to a show at the Birchmere right across the street.

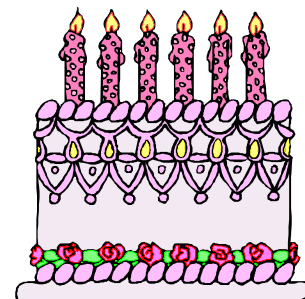
RT's is a Cajun restaurant, and all the dishes there are great, but I think the seafood is to die for! As an appetizer try the Crawfish Shrimp Beignets, the Acadian Peppered Shrimp or their famous Jack Daniels Shrimp. Yumm! And their crabcakes are the BEST, bar none! I recently had their "Special Crabcake" with a peppered crust. Wow! And the jambalaya is terrific. I have never been anything less than delighted with anything that I have eaten there. To top it off they have a very nice wine list and some delicious desserts.

Go to RT's. I feel sure that you, like the many friends I have taken there, will love it!

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of December:

Ginny Brennan 12/1	Beverly Pontius 12/10
Bonnie Campbell 12/11	Cynthia Johnson-Dailey 12/11
Gina Helmick 12/11	Ann Douglas 12/13
Roxanne Pressnell 12/15	Mary Reddington 12/16
Ann Argentieri 12/19	Penny Boyanton 12/21
Carole Bloomquist 12/24	Lynn Drake 12/29
Nancy Karpowicz 12/29	



Monthly Hint from the Tipster

To calculate the total length of bias strips that can be cut from a square, find the square's area (multiply the square's measurement by itself) and divide by the desired width of the bias strip. For example, to figure the total inches of 2-1/2"-wide bias a 12" square yields, multiply 12x12 and divide by 2.5. You will have 57" of bias strips.

SQU Spring Retreat

If you have signed up for Spring Retreat, don't forget that your next payment of \$108 is due at our business meeting, December 2.

We are SQU!



Cindy Grimord--Quilt Show Rep

Where you grew up/are originally from? Family--husband, kids, pets? I was born and raised in the small town of Jamestown, New York (about 60 miles south of Buffalo). When I was young, over 50% of the town was Swedish and I grew up with many extended family members living in the same town, as well as being surrounded by those customs and traditions of that ethnic background.

After high school, I attended Eastern Michigan University in Ypsilanti, Michigan where I obtained a master's degree in Speech and Language Pathology. I met my husband, Dave, while he was home from law school, studying for the bar exam and I was frantically trying to get my first teaching job. We were married in August, 1979, just as he was finishing justice school for the US Navy and being assigned to his first tour of duty in Charleston, SC. Twenty-nine years later, we have had a great life in the Navy, raising two beautiful children, Diana (26) and Thomas (20) and living in such places as Hawaii, Australia, Japan, Charleston, SC, Newport, RI, and here, finally in Springfield, VA. And of course many of you know, we have added to our family a son-in-law, Allen and soon a granddaughter, Emma Grace, to arrive in January. And last, but not least, we love our gentle, adoring Golden Retriever, Lilybean.

Your occupation--currently or in the past? I did finally get that teaching job in Michigan and continued to work (for 17 years) in the area of Special Education as a either a Speech/Language Pathologist, Reading Tutor, Special Education Coordinator in the various places we lived. I was fortunate to be able to stop working after Dave retired from active duty, caring for elderly parents and up to the present, moving my quilting to another level and being able to get involved with Springfield QU.

How long have you been quilting? What got you started? I began quilting during our first tour in Hawaii, in 1993, making a traditional Hawaiian quilted pillow (the breadfruit pattern). I was hooked, even though I didn't own or know how to use a sewing machine! Practicing with an old Kenmore I found in a thrift shop in Australia, I taught myself how to piece with the book, Little Quilts, while living in Japan. As the fabric stash grew so did my determination to purchase a Bernina, which I did ten years ago and still use today.

Your favorite type of quilting/quilting specialty? I enjoy most the creating of the quilt top; choosing the fabric, modifying a pattern to "fit" the future recipient, and putting the puzzle together. Applique is my favorite and I know many of you have heard me say that "when I grow up, I will make a Baltimore Album quilt."

Project you are currently working on? Currently, I am working on baby quilts; no surprise there!

Hobbies/interests besides quilting? In addition to quilting, I do love to read. I also look forward to doing some traveling, overseas and here in the US, should Dave ever decide to retire from civil service/and or we can afford it!

What you like about Springfield QU? SQU is the BEST! It only lives up to its motto, "where the fun is," because of the women that make that happen week after week after week. They lead, contribute, teach, inspire, fellowship, comfort, advise, support and I feel blessed to be a part of it.



Penny Boyanton--Quilt Show Rep

Where you grew up/are originally from? I was born in Huntsville, AL, and continued to move from there with my Army family. Before I was 3 we were in Japan and when I was 14 we lived in Germany. After 27 moves, I am happy to be settled in one place.....with no plans to move.

Family--husband, kids, pets? My husband Earl and I are a blended family; we each brought two teenagers to the family and what fun that has been. Now all four are adults with families of their own and we have been blessed with eight precious grandchildren. Many of you know far more about these eight than perhaps you want to. But everyone in SQU is gracious, so you listen. Thanks.

Your occupation--currently or in the past? Lots of different things over the years but predominately raising our children. I worked in a quilt shop in Illinois part time and that was great fun. When we moved back to VA in 2001, I moved 17 boxes of quilting fabric. I can start a project at midnight and not need to go shopping.

How long have you been quilting? What got you started? I started quilting in 1976 for the bicentennial. I have quilted off and on since then depending on the ups and down of life. Beverly Pontius, some friends and I took a beginning sampler class and then an

Amish class together. When we signed up, I didn't even know Amish quilts were made only from solid-color fabrics.

Your favorite type of quilting/quilting specialty? I love appliquéd circles. There is something so wonderful about them; no beginning and no end, and each one I make I love. Selecting colors and fabrics are great fun. I used to do art quilts and hope to get back to more of that. I have made many, many baby and children's quilts for our grandchildren. I am happy thinking of them wrapped in something I have made. My favorite fabrics are designed by Kaffe Fassett; the bold colors and patterns and his books really speak to me.

Project you are currently working on? I am working on the quilt featured in The Quilt Shop Magazine that featured "The Artful Quilter" and many others. I have too many projects and ideas to mention. I don't even want to count. Just know that I am never bored. I must say I have gotten so many more quilts completed since Aby got her longarm machine.

Hobbies/interests besides quilting? We have 6 of our grandchildren in the area, and they are as happy to spend time with us as we are to have them here, so they fill many happy hours for us. Liam and Declan each made....and quilted.....a quilt for their first grade teachers last year and Alden has made a teddy bear. Max and Drew have done some hand piecing. Taylor has helped pick out fabrics for me and she has made several quilts. Ellie and Emily haven't started yet but they will. Our 2 grandsons in Maine are great with a needle too. My husband just retired from Federal Service this week so we are starting a new chapter in our lives together, and are looking forward to time spent together...just not on Tuesdays!

What you like about Springfield QU? Where to begin?? Everyone is friendly, shares ideas and supports one another. SQU members are my close friends. Beverly brought me to SQU and I have been happy here ever since. One special trait of SQU that I admire is our willingness to volunteer. My two years as president were so happy because anytime we asked for help, we always got it...no arm twisting, no high drama, just a "Yes, I will be glad to." The many quilts that have been delivered to Walter Reed show our generosity, stockings and pillowcases to ECHO in the hundreds and how we reach out to each other in time of personal crisis, that is the heart of SQU, where the fun is!



Cynthia Johnson-Dailey--Farewell Blocks

Where you grew up/are originally from? I was born in Washington, DC, and grew up in Arlington, VA. My parents moved to my grandparents' house in Alexandria, VA, after I graduated from St Mary's Academy off Russell Road. After my mother died, my son moved in the house of his great grandparents.

Family--husband, kids, pets? I married Arthur Johnson after high school and had 5 children-- 3 girls and 2 boys. Arthur died at age 46 and after 5 years I married Joseph Cavey and was married to him for 15 years. He passed away in 2005. I met Matthew Dailey at a widow/ widower pot luck dinner and we got married in 2007.

Your occupation--currently or in the past? I have been retired from managing construction of tenant -fit -up office spaces for 18 years. Before that I worked with Arthur in his construction company. When he passed away, I had to take over the construction of a 45,000 square foot office space in Crystal City.

How long have you been quilting? What got you started? I started quilting 12 years ago when Sally Davis was teaching at the Sewing Center and Peggy Ball convinced me to join Springfield QU. I had not quilted until then. I had been sewing since I was in the 7th grade when I made my first out fit and won a gold medal at the "Y." I made most of my clothes and some of my three sisters' clothes. I designed and made wedding dresses for all three of my daughters while I was working .

Your favorite type of quilting/quilting specialty? I like to make traditional quilts. I like to do the kind I can get done fast--although I do like to appliqué as I can take that every place I go.

Project you are currently working on? I am working on a wall hanging for the Holly Day gift exchange and a train quilt for my grandson.

Hobbies/interests besides quilting? I like rubber stamping, scrapbooking, and gardening with my husband. I also enjoy flower arranging; I used to work part-time designing flowers at a florist shop.

What you like about Springfield QU? I joined Springfield 12 years ago and love the friendly, congenial atmosphere. Everyone is always so helpful when you need to have a quilt pinned. And when you need suggestions on putting things together, they are there to help.





Diane Henry--Quilting for Others

Where you grew up/are originally from? Dallas, TX. Go Cowboys!

Family--husband, kids, pets? Husband: Terry; dachshunds: Oscar and Annie.

Your occupation--currently or in the past? Former state and local tax manager.

How long you've been quilting? What got you started? I learned to hand piece at the age of 4, then I began sewing my own clothes at 9. I've been quilting regularly since 1993.

Your favorite type of quilting/quilting specialty? Machine quilting, hand quilting, and hand applique.

Project you are currently working on? I am working on developing my longarm machine quilting skills so I can quilt my Confederate Lady quilt. I am also making blocks for an on-line Underground Railroad exchange.

Hobbies/interests besides quilting? Leading Bible studies, running our church's library, knitting, spinning, cooking, reading and I'd love to learn how to play the violin!

What you like about Springfield QU? All the great gals! Everyone is supportive of each other; everyone wants to make our time together fun; you are all wonderful people that I'm proud and privileged to know!

Personal Note

I am collecting orphan blocks to send to my daughter in Mongolia. A teacher in her school who is also a seamstress loves the pictures of my quilts I had been sending my daughter and wants to learn how to make her own quilt. We thought if I sent some orphan blocks, some patterns and a beginner's quilt book, she could get started. If you want to help, I can collect the blocks at our meetings or you can mail them to me. Thanks. Carolyn Pic cpicinva@verizon.net

Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!

NEWSLETTER NEWS

The deadline for the next newsletter will be December 19, the Friday after the third Tuesday program meeting.

Please e-mail your input, including anything you may have for "Share Your Favorite..." to kimfess@aol.com. I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thanks. Kim

