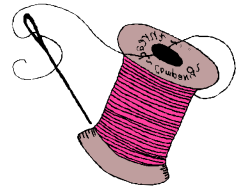


And sew on...



Newsletter of the Springfield Chapter of Quilters Unlimited January 2010

Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxana Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Rep—Kim Fess	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Beth Freerksen
Membership/Welcome—Carolina Diez	Bus Trip—Loretta Spittle
Quilt Collectors—Sue Baker, Beverly Pontius, Julia Renken	
Coffee—Pam Leonard, Carole Bloomquist & Joy Bauer	

Hi Ladies,

Our Christmas luncheon really put me in the holiday spirit. Thanks so much to Roz Elliott, Sue Galasso and Dottie White for organizing such a great affair. Thanks also to Judy Beigbeder and all the HollyDays bag exchange participants for providing a fun show and tell. As I write this, there is snow (maybe lots of it) in the forecast. With the cold sticking around all week, we might even have a White Christmas! All my shopping is done, cards are signed, just need to wrap the gifts and go to some parties! And maybe squeeze in some quilting time - my favorite snow day activity!

Since our December business meeting, I attended a Big QU Board meeting. I'm pleased to report that our own Kim Fess received a great shout-out for her excellent work preparing for the Quilt Show. Now we need to start doing our part to ensure a successful show. The quilt collectors will have a meeting early in January to get details, but all the rest of us need to make sure our quilts are completed and show-ready. In Sep/Oct I challenged you to finish a UFO for the show. I hope you all have been working on those quilts brought to the UFO Clinic. And don't forget the Fettucini Surprise quilts and all those shown at Show & Tell. Additionally, all chapters have been requested to have a Boutique Coordinator. The responsibilities are listed later in this newsletter. If you are interested, let Kim or me know.

On January 12 we will have a meeting about quilting for others. Diane Henry conducted a survey of the chapter members to get a sense of what kinds of activities we want to do for workshops and what kind of groups we want to support. If you have further input, or are interested in attending, please let Diane know.

On January 19 we will have an Executive Board meeting after the program meeting. If you have issues you want discussed, please let me know.

I hope the snow doesn't negatively impact anyone's plans for a terrific holiday. Be safe. Have fun. Enjoy! Happy New Year!

See you sew soon.

Lynn

llmunch@cox.net



Minutes of the Springfield QU Business Meeting December 1, 2009

The meeting was called to order by President Lynn Munch.

Membership/Welcome: Carolina Diez/Pam Leonard - There was one guest, former member Peggy Brower.

Secretary: Roxana Pressnell read thank you note from Bonnie Campbell. The minutes were approved as printed in the newsletter. Kim Fess made the motion and Carolyn Pic seconded.

Treasurers Report: Cathy Powers – There is a balance of \$19,327.28. We made \$7,109.00 on the Auction in November. We have a thank you note from VQC for the \$300 we gave them.

President's Announcements: There is a Big QU meeting tomorrow: 1. talking about making a slight change to future membership cards to add the word "guild" somewhere on the card in order to get discounts at shops; 2. getting raffle ticket packs for Big QU raffle quilt; 3. more info on volunteers needed at Hampton Show; 4. telling them we have contracted with Jane Sassaman for the Fall lecture and workshops.

Meeting dates for December: 8th luncheon, 15th regular off-Tuesday, 22nd no meeting, and 29th regular off-Tuesday. We bid a farewell to Beth Freerksen, who is moving to Las Vegas soon.

Vice President: Julia Renken: Luncheon is December 8; January 19 program is Too Quirky Quilters; and February 16, 17, 18 is Quilt Camp.

Committee Chairman Reports: Nominating: Sue Galasso – We need to fill positions for Treasurer and President.

Newsletter: Kim Fess – The deadline is Dec. 18. Quilt Show Rep: Kim Fess – Finish those quilts for the quilt show.

The theme is "Quilts Tell a Story". We are doing the merchandise and will have small bags that say "Quilting's My Bag", no info on the cushions. There will still be a Boutique – make items to sell (under \$100), bags were good sellers last year.

Auction: Carolyn Pic – Thanks to all those who donated items, helped with getting everything together and all those who bought all the auction items. Quilting for Others: Diane Henry and Carolina Diez – Turn in any pillowcases for ECHO and any NICU quilts still unfinished. A survey was handed out on what we want to do in the future and what best helps others. There will be a planning meeting in January. Library: Loretta Shinol – Nothing. Holiday Party: Roz Elliott (Sue Galasso reporting) – Luncheon is on Dec. 8, bring batik fat quarters for a chance to win a bundle. Farewell Blocks:

Cynthia Johnson-Daily – We have blocks for Beth Freerksen who is moving to Las Vegas. Still need to collect blocks for the future. Refreshments: Rebecca Heinze – The signup sheet is being passed around. Fall Retreat: Joan McGowan –

All places have been filled. Spring Retreat: Kim Fess – The second payment is due today. Quilt Camp: Kitty Tyler –

This year there will be workshops, demos, an all day workshop for a large bag with mandatory pattern fee, a small bag, mystery quilt directions, iron elbow demo, a PVC design wall which requires prior registration and fee. More info will be in the January newsletter. The cost is \$6 per day. Sunshine: Beth Freerksen – None. Judy Bregman volunteered to

replace Beth. Quilt Collectors: Sue Baker and Julia Renken – The limit is 115". Photos and measuring will be done during Quilt Camp and the last day will be Feb. 22. Beverages: Pam Leonard, Carole Bloomquist and Joy Bauer –

Thanks. Bus Trip: Loretta Spittle – More info in January. Penny Boyanton: Thanks for all the quilts for Ft. Hood. They have been received and each wounded received one. Fischer Houses need items as an ongoing project. Programs: Judy

Beigbeder – Calendar Gals continue. There will be a new challenge in January.

BREAK

Demo and Book Review: Kim Fess – "StrataVarious" Strips are cut and sewn into strata, use rulers as templates for blocks. Showed quilt "Sweet and Sour" and pillow shams and also an appliquéd pillow.

Show and Tell

Door Prizes: Roz Elliott – Nametag – Loretta Spittle, Door prizes winners were Loretta Shinol, Jill Warren, Joy Bauer, and Gina Helmick.

Announcements:

Kim Fess has sent out the roster. Let her know if you did not receive it. Loretta Spittle: Messiah UMC will have a free performance of Handel's "Messiah" on Dec. 6 at 3PM. Peggy Evans: Rag Dolls are made at the Senior Center. Thanks for all the cute fabric on the "Free" table.

Meeting adjourned.

Respectfully submitted,

Roxana Pressnell



OFFICIAL SQU WEATHER CANCELLATION POLICY

At this time of year it is important to remember our official policy:

If the Fairfax County schools are closed because of inclement weather, SQU will NOT meet that day.

If the Fairfax County schools open late because of inclement weather, SQU will meet at its normal time.



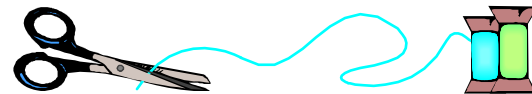
VP'S Corner

January Program

Prepare to be delightfully entertained by the Too Quirky Quilters on January 19th. Our own Kim Fess and Rebecca Heinze will intermingle songs with a trunk show of quilts. Invite a friend and show her that SQU is definitely "where the fun is."

March Program

We have a change of speakers for our March program. Instead of Mimi Dietrich, who has had to cancel her appearance at our guild, we will have appliquer Emily Martin present a lecture on Tuesday, March 16th and a full-day appliqué workshop on March 17th. Details will be forthcoming.



SQU QUILT CAMP

FEB 16 – 17 – 18



IT'S ALMOST TIME FOR CAMP!

Quilt Camp 2010 will be held 16, 17 and 18 February. As in past years, Quilt Camp will be held in our usual meeting place from 9:30 to 3 each day, with workshops and demos given by SQU members. Lunch, as well as coffee, tea and water will be provided each day. This year, we are asking each of the attendees to volunteer and contribute to the success of camp. Options are: (1) helping to set up (coming in early and making sure the irons, cutting mats, extension cords, etc are in place), (2) helping with take down (staying until the end of camp and putting all that stuff away, 'lost and found' patrol etc). assisting the (3) coffee or (4) lunch committees with their work setting up and cleaning up, (5) bringing fruit or other morning snack, or (6) bringing a dessert or other midafternoon snack.

We have planned a variety of optional workshops and demos. You may also bring in a project of your own to work on. This may be the perfect time to finish up one of those UFOs started at a previous SQU camp or workshop!

TUESDAY:

Morning: Mary Reddington will give a workshop on Fast Flying Geese. See how fast your geese can come and watch how quickly you can achieve perfect flying geese. This is a 'No Waste Method' for making flying geese units. With five pieces of fabric you can have four perfect flying geese. Try it – you'll like it! See how you can use your flying geese units to make other blocks – Sawtooth Stars, Rising Star, Star in a Star or Dutchman's Puzzle – with the addition of a few more pieces of fabric.

Afternoon: Back by popular demand, Kim Fess will demo the iron elbow and endless binding techniques. Kitty Tyler will give a workshop on a portable design wall made from PVC pipe and flannel fabric.

WEDNESDAY:

- Morning: Pam Leonard will give a workshop on making a Notions Bag. The Notion Bag is a small, easy-to-make bag for your sewing supplies, make-up, candy, dog treats, coupons, or anything else that will fit in to it! Samples of various sizes will be shown.
- Afternoon: Penny Boyanton will present a workshop on a variation of Joan Shay's appli-bond technique to make a camellia. A supply kit at no charge will be supplied for this workshop. (Thanks to Candy Bell).

THURSDAY:

- All Day: Judy Beigbeder will give a full-day workshop on the Bucket Bag. The supply list provides information for making this bag in 6 different sizes from the 'Mug Snug' to 'The Dumpster.' If you would like to take this workshop, **you must purchase the \$6.00 pattern before 2 February**. Due to copyright issues, no one will be allowed to take the workshop without purchasing the pattern prior to camp.

Camp registration will begin at the January business meeting. Please pick up a registration form, fill it out and turn it in with your check at a meeting, off-Tuesday, or mail your form and check to Kitty Tyler. If you are not able to pick up your form in at a meeting, please contact Kitty Tyler and a registration form will be sent to you. This year, the daily fee has increased to \$6.00. There is a required pattern fee (\$6.00) for the Bucket Bag workshop, and an optional kit fee (\$7.00) for the portable design wall workshop. (The kit will include pre-cut PVC piping and all the connectors needed to build an approximately 32-inch square design wall.)

Supply lists and registration confirmations will be emailed as registrations are received. Registration will continue until 9 February. However, if you register after 2 February, you will not be able to take the Bucket Bag workshop, buy the pre-cut PVC kit for the design wall, or use one of the SQU supplied kits for the dimensional flower workshop, as we will need an exact count and the lead time to purchase and prepare these items.

The SQU ironing stations will be set up each day -no personal irons will be allowed. Aerosol products (for example, spray adhesives) are not permitted.

CAMP - Bucket Bag - \$ SUPPLY OFFERING

On January 5 you will get the opportunity to see various sizes of the Bucket Bag instruction being offered at Quilt Camp. The supply list includes PELLON 987F fusible batting which sells at Jo-Ann Fabrics for \$6.99/yd. However, during the last round of 50% OFF coupons I purchased a bolt (15 yds). At the January 5 meeting I will be taking reservations for purchase of this yardage. If I can reach 15 yds by the January 19 meeting - it will be cut and sold. If there is not enough interest, the full bolt will be returned. (Jo-Ann does not allow return of less than the full yardage purchased!) You can also request yardage via email sewsewbizzy@yahoo.com - just let me know which size bag you want to make.

Judy Beigbeder



DRINK GREEN—Bring your own coffee cup to our meetings!

And be sure to wear your nametag!



January 5 will be a busy meeting day. You won't want to miss the introduction to this Spring Challenge. If you must be away, please visit the annual programs web site. It will be updated January 5 with all the details. Haven't bookmarked that site? Contact sewsewbizzy@yahoo.com for the address. The blooms will be picked for display at the June 1 meeting!

Judy Beigbeder
Annual Programs

QUILT SHOW BOUTIQUE COORDINATOR NEEDED!

The Springfield chapter needs someone to volunteer to be our boutique coordinator for the QU quilt show in June. The responsibilities of this job are to :

- * Collect items from the chapter and affix inventory tag with price to each item.
- * Bring items to the homes of the chairmen in Reston/Herndon prior to the show with completed inventory list.
- * Provide six chapter volunteers to work at the show.
- * Pick up unsold items at the end of the show.

Contact President Lynn Munch if you would be willing to do this job. Thanks.

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of January:

Patrice Mull 1/5

Ulla Jackson 1/12

Sue Lopez 1/16

Cathy Powers 1/21

Dottie White 1/27

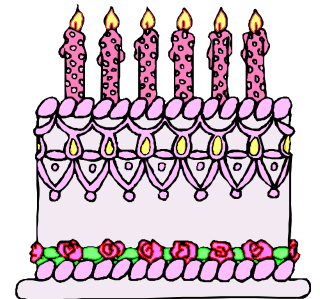
Beth Freerksen 1/11

Doris Richbourg 1/15

Shirley Neves 1/18

Juanita Golden 1/24

Joy Bauer 1/31



Share your favorite... Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever! This month Sue Baker is our contributor:

"My favorite thing is Mary Ellen's Best Press--The Clear Starch Alternative. It is a clear liquid in a spray bottle. It comes in 3 or 4 scents, including nonscented. It makes ironing easier. It doesn't stick to the sole plate of the iron, nor flake. It gives quilting fabrics a crisp finish just right for cutting after they have been washed. If you accidentally press in a wrinkle, a shot of spray on the wrinkle, run the iron over and wrinkle gone!"

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!

NOMINATIONS

Sue Galasso, our nominating chair, is looking for people to take spots on the Springfield QU Board for the 2010-2011 term. If you want information on the requirements of each job, please contact Sue or any of the people currently filling those positions. Help keep Springfield "where the fun is"! Sue will also be looking for nominees for the Big QU board positions.

Spring Retreat

There is currently one opening in our annual Spring Retreat which takes place at Massanetta Springs (near Harrisonburg, VA) March 22-26, 2010. The cost is \$363 which includes double occupancy lodging and all meals. This is a fun, stress-free five days of quilting and laughter with good friends. For more information, contact Kim Fess at kimfess@aol.com.

We now show and tell "Show 'n Tell"!

All those show 'n' tell photos I've been taking are now on line. The web address for the Picasa web album is <http://picasaweb.google.com/SpringfieldQU>

Y-U-M-M-M-M-M-M-M-M-M-M-M-M-M-M-M

Here's the much-requested recipe for Sue Galasso's delicious hot chocolate mix:

Instant Hot Chocolate Mix

3 cups instant nonfat dry milk

2 cups (12 oz.) semisweet, mint or milk chocolate baking chips

1-½ cups miniature marshmallows (optional)

Boiling water

Put half of the dry milk and chips in the blender whirl until finely ground. Pour mixture into a bowl and repeat to grind remaining milk and chips. Stir in marshmallows. Spoon into jar (or jars) and cover tightly. In an air tight container this will store for up to 6 months (if it lasts that long!). For each serving, place about 3 heaping tablespoons of mix in a mug. Add boiling water and stir well. This recipe makes enough for 12 – 15 servings.



Variations

Hot Mocha Mix

Follow directions above for instant hot chocolate. Add ½ cup instant coffee powder with the dry milk.

Orange-Cinnamon Hot Chocolate Mix

Follow directions above for instant hot chocolate (do not use mint chips for this recipe). When stirring in the marshmallows, add 1 tablespoon of grated orange peel and 2 teaspoons ground cinnamon. Store this one 6 weeks at room temperature, 6 months chilled.

Hot Spiced White Chocolate Mix

Follow directions above for instant hot chocolate. Omit semisweet chips and use 2 cups (12 oz.) white baking chips. With the chips grind 1 teaspoon of cardamom or ground mace.

And for those of you who requested the recipe for **Marcia Walz's Pumpkin Dump Cake**, you can find it at <http://www.quiltersunlimited.org/docs/SfieldOct05.pdf>. The identical recipe was published in our October '05 newsletter as Carolyn Pic's Pumpkin Dump Cake.

Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!

Springfield QU - Basic Project Details

Farewell Blocks for members who are moving away from our area. Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center. Finished quilts can be of any design. Minimum size: 54 x 67 inches. Workshop in the Fall.

Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital. Finished quilts can be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

Quilting for Others - Christmas Stockings for children of clients of Ecumenical Community Helping Others (ECHO) here in Springfield. About 4 stockings can be made from 1 yard of Christmas fabric and 1/2 yard of coordinating cuff fabric.

Quilting for Others - Pillowcases for ECHO. Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs.

NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, www.quiltersunlimited.org. Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

And don't forget to send your input for the January newsletter to Kim Fess at kimfess@aol.com no later than Friday, January 22!