

January 2008

President – Julia Renken  
Vice Pres. – Cindy Grimord  
Treasurer – Kitty Tyler  
Secretary – Beth Freerksen  
Nominating – Penny Boyanton  
Programs – Abigail Dolinger  
Newsletter -- Kim Fess  
Auction -- Carolyn Pic  
Quilting for Others -- Diane Henry



### From the President

Ladies,

Happy New Year to everyone!

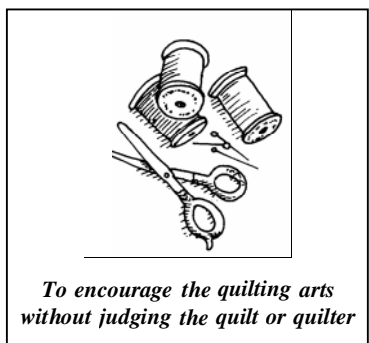
Do you make New Year's resolutions? So many of the resolutions we make don't last, but this year I am determined to winnow down my list of Works in Progress (I don't like thinking of those projects lurking in the corners of my loft as alien UFOs) in both the quilting and the knitting categories.

I encourage each of you to look at your completed quilts and your soon-to-be completed quilts and find at least one item to enter into the Big QU Show in June 2008. Because our show is neither juried nor judged it is an excellent opportunity to show off your talents, whether you are a beginner or a seasoned quilter. The forms and entry details will be available in January, and the forms and photos will be collected in February, but the quilts do not have to be turned in until late May.

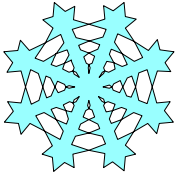
We have Gyleen Fitzgerald coming on January 15<sup>th</sup> for a morning lecture and afternoon workshop. Please plan to attend – I think you will find her an interesting speaker and teacher.

I hope everyone had a pleasant and safe holiday season and is ready for 2008.

Julia



Quilt Show Reps – Lynn Munch &  
Loretta Spittle  
Web Page Contact – Julia Renken  
Holiday Party – Bonnie Campbell  
Door Prizes – Jill Redding  
Farewell Blocks -- Cynthia Johnson-  
Dailey  
Coffee/Refreshments – Francine  
York & Ellen Jaeger  
Library --Loretta Shinol  
Fall Retreat -- Joan McGowan  
Spring Retreat – Kim Fess  
Quilt Camp – Jill Redding  
Sunshine—Beth Freerksen  
Membership/Welcome—Joan  
Oelschlager



## 12/04/07 Business Meeting Minutes

Julia Renken called the meeting to order at 9:50 a.m. Joan Oelschlager introduced and greeted new members and visitors.

It was mentioned from the floor that "Death by Chocolate" was the theme for fall retreat not for spring retreat. The October minutes were approved as corrected.

**Secretary Report:** Kitty Tyler reported that the budget is \$11,344.26. The Fall auction gross profit was \$5,517. Fons and Porter magazine subscriptions are available through her.

**VP and Speaker and Workshop Chair's Report:** January 15 is the date for the Gyleen Fitzgerald lecture and workshop. Her website is [www.ColourfulStitches.com](http://www.ColourfulStitches.com).

**Internal Program Report** - Aby Dolinger reviewed the current Border of the Month border and the Churn Dash and charm squares swaps.

**Committee Chair Reports** - Carolyn Pic (Fundraising). Diane Henry (Community Service) Receipt of Echo Stockings are going well. We will make more stockings in our Christmas in July Quilting for Others program. Kim Fess (Newsletter and Spring Retreat) - Newsletter deadline is December 21. Spring Retreat is filled with a waiting list. Loretta Spittle for Bonnie Campbell (Holiday Party). Loretta Spittle (Quilt Show 2008) Quilts must be ready to photograph in February for pictures. The entry form is now available at [www.quiltersunlimited.org](http://www.quiltersunlimited.org) in the December newsletter. Joan McGowan (Fall Retreat) "Death by Chocolate" retreat will be held Oct. 9/12. \$40 deposits are now required. Spaces are available. Loretta Shinol (Library). Cynthia Johnson-Cavey (Farewell Blocks) Other Items. Joan McGowan read Pat Bowlsby's kind letter.

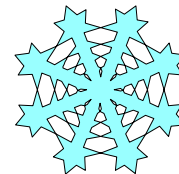
Door Prizes were awarded.



Show and Tell.

Meeting adjourned.

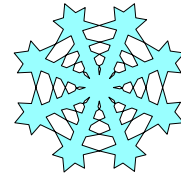
Respectfully submitted by Beth Freerksen, Secretary



## SQU Speaker

Our next lecture and workshop will take place on Tuesday, January 15. Gyleen Fitzgerald, from Churchville, Maryland, will be telling us about **"The Shape of Things to Come."** That afternoon her 3-hour workshop will be **"Got Fabric – Make a Quilt of the Century."** Gyleen's website is [www.colourfulstitches.com](http://www.colourfulstitches.com). She has received rave reviews from other QU chapters on the lectures and workshops she's given in the area, and now it is our turn. Please see Beth Freerksen at the next meeting to make your reservation (cost is \$20) for the afternoon workshop and obtain your supply list.





# Quilt Camp Update

Now that the holidays are behind us I hope you are all getting excited about quilt camp. I have had some great suggestions from our members. Some of the things on the tentative agenda are,

a casserole carrier, a needlework carrier, a cute little purse, a notebook cover, a jelly roll workshop and some great demos, circles, iron elbow, needle book and quilt marking.

I am going to be consulting with the instructors and will have a sign up sheet available by the second meeting in January. I am on the hunt for a great camp favor and door prizes so get ready to koom-by-yah!  
Jill Redding



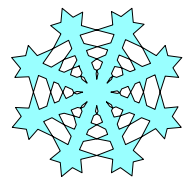
DRINK GREEN—Bring your own coffee cup to our meetings!



## Border of the Month – a Medallion Quilt Project with Six Borders

How is your Medallion-style quilt progressing? Did you have some time to work on it during the holidays? Are you ready for the next "assignment?" January's border is 6" wide, finished. Instruction sheets will be available on Jan. 8.

## Civil War/ Churn Dash Block Swap



Ladies involved in the 7" Churn Dash Swap . . . our next exchange is on January 8th immediately after the SQU meeting. Please give your blocks to Aby Dolinger before or during the refreshment break.

## Meet the Quilter

A big "thank you" to Cathy Powers for sharing quilts from her collection on December 4th. We look forward to seeing Mary Reddington's quilts on January 8th.



## UFO and QuIPS Challenge

UFO--UnFinished Object - A quilting project which you have already started but which has been lying dormant for awhile.

QuIPS--Quilt In the Planning Stage - A quilting project for which you have purchased fabric, a pattern, notions, embellishments, etc. but which you have not yet started.

To participate:

- 1) Write your name and a brief description of your UFO or QuIPS on a 3" x 5" card provided by the challenge coordinators, Chris Prestenbach and Aby Dolinger. You may submit up to 5 cards/projects.
- 2) Show your project or supplies during Show and Tell of the business or program meetings.
- 3) Completely finish a UFO (quilted, bound, labeled) or in the case of a QuIPS, finish at least the top by noon on Wednesday at SQU's Quilt Camp in early March.
- 4) Show your completed project during Show and Tell in January, February or at Quilt Camp to receive a Batik Fat Quarter prize..



## QUILT SHOW DEADLINE

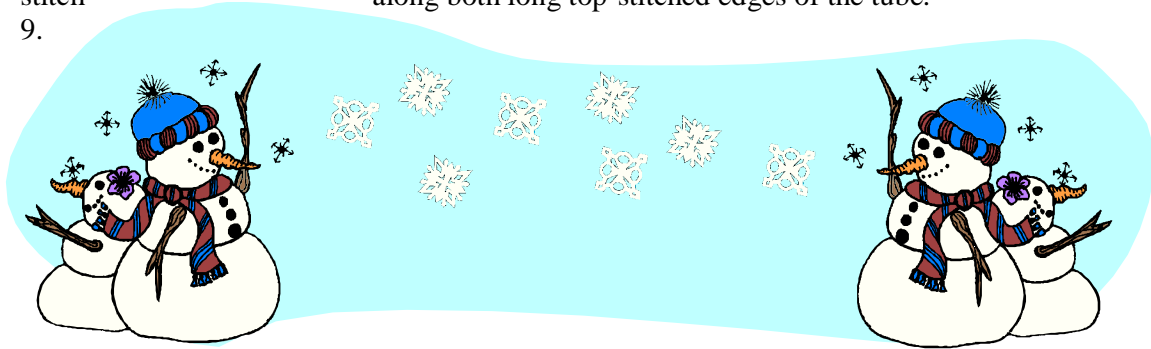
The QU Quilt Show entry deadline is February 29, 2008. You will find all of the Quilt Show details (including how our chapter will submit a digital photo of your quilt -- a new procedure this year) at <http://www.quiltersunlimited.org/docs/Dec07Nltr.pdf> . Sue Baker and Beverly Pontius are the Springfield QU Quilt Collectors. They will be accepting entries and photographing them at February SQU meetings to be announced. Get ready to submit at least one entry!

## Quilt Show Hanging Sleeve Instructions

All quilt show entries must have a hanging sleeve. Here are the official instructions for making a hanging sleeve:

1. Cut a piece of fabric 9 inches x WOQ (width of quilt)
2. Hem the nine-inch edges of the sleeve by turning each edge under 1/2" twice.
3. Fold the fabric wrong sides together, and the sleeve is now 4 1/2" by WOQ.
4. Stitch along the raw edge of the entire length of the sleeve using a 1/4" seam allowance.
5. Baste a 1/4" seam along the opposite folded edge. You should now have something that looks like a tube. DO NOT TURN.
6. Refold tube so that basted 1/4" seam is in middle of tube on one side and raw edge is on reverse side. Press.
7. (Top stitch along the very edge of both long sides of the tube to make it easier to sew the sleeve in place. This step is optional.)

8. Place the raw-edged seam against the quilt back, about one inch from the top edge. Hand stitch along both long top-stitched edges of the tube.  
9.



Remove the basted seam that faces outward. The extra fullness allows the quilt to hang flat, and any pulling that may be caused by the hanging pole will be taken up by the fullness of the sleeve, rather than the quilt.

## Quilters Go Green!

Here's your chance - the Winter Quilt In offers creativity and fun, plus a worthwhile theme - taking better care of our environment!

**When:** Sunday, January 13, 2008 from 1 - 4 PM

**Where:** Cafeteria Falls Church High School, 7521 Jaguar Trail, Falls Church 22042

Join us! Please bring a dessert to share, some handwork (no machines), blocks for the drawing—see below, your latest project for show-n-tell and come enjoy an afternoon with friends and members of other QU Chapters.

And, don't forget, wear something **green**!

Bottled water will be provided (and the bottles recycled). If you want other types of drinks please bring your own.

"No Pattern" Blocks (four options) — Blocks should be 8.5" square to finish at 8". The more you make and bring, the greater your chance to win!

Appliqué - on a light **green** or ecru background, illustrate something on the earth that you cherish and/or want to help save. Can be very simple. Examples: trees, flowers, mountains, animals. All colors are fine as long as you use some **green** and/or ecru.

Patchwork - should relate in either its design or (if a traditional block) its name to something on earth that you cherish and/or want to help save. Examples trees (pine?), mountains (delectable), flowers, stars, homes (log cabin). All colors are fine as long as you use some **green** and/or ecru.

Blank Block - plain, no needlework - if solid must be **green** or ecru, if print must pertain in some way to the theme and must contain some **green** and/or ecru.

Or

Fat Quarter - Need to "grab and go"? Bring in a fat quarter. Again if solid, must be **green** or ecru, if print, must pertain in some way to the theme and must contain some **green** and/or ecru.



Directions to Falls Church High School: Take 495 to Route 50 exit 50B-A towards Arlington (1.3 miles), turn right onto Jaguar Trail, at fork continue to the right. Go to the back of the school and enter through door number 7 to the cafeteria.



## Quilting for Others

### January 29, 2008 Workshop

# Pillow Cases for Dialysis Patients and Kids at the Ronald McDonald House

As of December 31, 2007, you, the wonderfully generous ladies of SQU, have turned in over 30 quilts for the wounded veterans at Walter Reed and 645 stockings to ECHO! The breakdown on the stockings includes: 250 made in 2005, 135 from the ladies at Fort Myer, and 245 stockings made by the current membership. One of our former members, Marilyn Coffman, has also exported our ideas to NY. She wrote me the kids they made stockings for loved them, and she was talking to another chaplain about taking quilts to their local veterans hospital.

Let's keep the generosity flowing with our next Quilting for Others Workshop on January 29, 2008, meeting the needs of two dialysis centers and a Ronald McDonald House in our area and continue making quilts for wounded and ill soldiers at Walter Reed.

On January 29th, we will be making 150 pillowcases for kids (think bright colors and patterns, toys, sports, animals, cartoons, etc.) and 75 pillowcases for adults--almost all men (think: golf, Redskins, baseball, camouflage, mature colors and patterns). The dialysis centers need pillowcases to encourage their patients to purchase a clean pillow (and keep it clean) dedicated to their dialysis treatments. The Ronald McDonald House gives pillowcases to their juvenile patients and family members.

There are different ways to make pillowcases, I have personal experience with the method outlined below and there will be a demo on how to do the "hot dog" method at our workshop. I've also included a link to a website that details the directions and has pictures to match (see below).

We'll meet at 9:30 AM on January 29th and work till we're done. I'll start taking sign-ups for the usual suspects, on January 8th! Also plan on bringing drinks and a bag lunch if you'd like. Contact me, Diane Henry, with questions at [mdghenry@aol.com](mailto:mdghenry@aol.com) or 703-978-7540.

We'll see you in January!

### Instructions for Pillow Case

Hey girls, check out the instructions at this website for pictures:  
[www.jcarolinecreative.com/Merchant2/merchant.mvc?Store\\_Code=JC&Screen=PILLOW](http://www.jcarolinecreative.com/Merchant2/merchant.mvc?Store_Code=JC&Screen=PILLOW)

Materials Needed:

- 1 1/2 yards fabric for main part of pillow case
- 1/4 yard of coordinating fabric for band
- 2" x 43" piece of fabric for band contrast

**Step 1:**

Cut three pieces of fabric for your pillowcase from the fabric as shown (though you will probably cut each one from different fabric). Cut one piece 29" x 43" for standard (39" x 43" for king size), a piece 43" x 9", and a third piece 43" x 2".

**Step 2:**

Fold the band in half length-wise wrong sides together. Press. Repeat with band contrast.

**Step 3:**

Place the pillowcase right side up with the design facing upward. On the right side of the pillowcase, place the band contrast and then the band, all raw edges lined up on the right. Stitch together using a 1/2" seam allowance.

**Step 4:**

Turn band and band contrast out from the pillowcase and press.

**Step 5:**

Fold pillowcase in half so that both ends of the band meet. Stitch on one long and one short side, using a 1/2" seam allowance.

**Step 6:**

Turn pillowcase right side out. Enjoy!

Other ideas and suggestions:

- Finished Size: standard pillowcase: 21" x 32"; king pillowcase: 21" x 42".
- Instead of fabric for band contrast, you can use a 7/8" wide ribbon cut to 43" inches long. No need to fold it in half as both sides are finished.
- When I made these, the only place where I struggled was cutting a 2" wide strip of fabric that was straight, so that when I folded it my stripes or dots were straight. So I cheated- I cut a 3 to 4" strip out of the fabric, carefully ironed it in half keeping the design straight and then trimmed the folded piece to 1".

## *Spring Retreat*

Attention all Spring Retreaters...I have just received an e-mail from Massanetta Springs informing me of a price increase. Due to that increase we will have to raise the price of the retreat by \$5. Therefore, your last payment—due February 5—will be \$110. Thanks! Kim Fess

**Happy birthday** and congratulations to all of our SQU members who are celebrating their special days in the month of December:

Genene Chubb 1/7

Beth Freerksen 1/11

Doris Richbourg 1/15

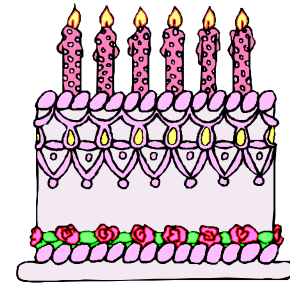
Sue Lopez 1/16

Shirley Neves 1/18

Cathy Powers 1/21

Juanita Golden 1/24

Dottie White 1/27



## SQU January Events Schedule

January 8 – Business meeting

January 13 – Big QU Quilt-In at Falls Church High School, 1-4pm

January 15 – Program meeting, Gyleen Fitzgerald is guest speaker

“The Shape of Things to Come” morning lecture

“Got Fabric–Make a Quilt of the Century” afternoon workshop

January 22 – Off-Tuesday

January 29 – Quilting for Others workshop

## NEWSLETTER NEWS

**The deadline for the next newsletter will be Friday, January 25.** Please e-mail your input to [kimfess@aol.com](mailto:kimfess@aol.com). I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thank you! Kim Fess

P. S. Each year at the Holiday Luncheon I give out a bookmark with a list of my favorite ten books of the past year. Since I was not able to attend the luncheon this year, I am including my list here. Enjoy!

### *Kim's Favorite Ten Books of 2007*

We are All Welcome Here by Elizabeth Berg

The Glass Castle by Jeannette Walls

Water for Elephants by Sara Gruen

Telegraph Days by Larry McMurtry

I Feel Bad About My Neck by Nora Ephron

The Double Bind by Chris Bohjalian

A Thousand Splendid Suns by Khaled Hosseini

The Life and Times of the Thunderbolt Kid by Bill Bryson

The Last Jew by Noah Gordon

The Street of a Thousand Blossoms by Gail Tsukiyama

