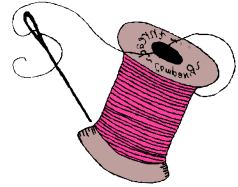


And sew on...



Newsletter of the Springfield Chapter of Quilters Unlimited July 2009

Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxanne Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Reps—	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Beth Freerksen
Membership/Welcome—Carolina Diez	Bus Trip—
Quilt Collectors—Sue Baker & Beverly Pontius	
Coffee—Carole Bloomquist & Joy Bauer	

Hi all,

I am very pleased to be SQU's president for the 2009-2010 year and am looking forward to continuing the tradition of SQU being where the fun is.

Thanks to all who have volunteered to fill the positions needed to keep everything rolling along smoothly. We do have a vacancy for our Quilt Show Representative. Once I know what the SQU responsibility will be, I'll be looking for someone to fill the spot. As for other positions, Julia, Judy, Kitty, and Diane already have many ideas they are getting ready to implement!

Others have asked me about a bus trip to quilt shops or a quilt show this Fall and/or suggested carpooling to the Quilt Museum in Harrisonburg or Web Fabrics in Purcellville. (Remember Carly at our May meeting?) These are terrific ideas. Any or all are possible; we just need someone willing to make a specific proposal to me and coordinate the logistics. Of course, a bus trip is expensive and would need budget approval, but it is certainly doable.

I want to thank Joan McGowan for hosting our end-of-year potluck at her poolside cabana. We had a great time, great company and great food! Joan has volunteered to host us again on August 18 for an end-of-summer gathering. Will someone volunteer to coordinate with Joan and bring paper goods, drinks and ice?

Here's hoping you have a wonderful, safe summer. I'm looking forward to seeing you on Tuesdays as listed elsewhere in the newsletter, but especially for Christmas in July.



P. S. The SQU by-laws are now
at <http://www.quiltersunlimited.org/docs/SfieldByLaws2007ed.pdf>.

Thank You Springfield QUILT!

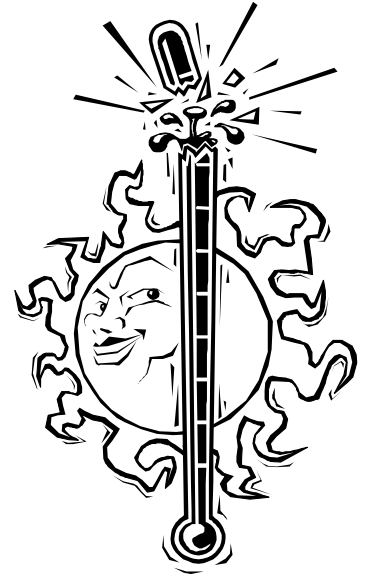
The President's Quilt that you presented to me at the last meeting is beautiful! Thank you all so much for your time and thoughtfulness in contributing to the quilt. I want to especially thank Jill for all she did to put this all together! It will be enjoyed! Right now I am thinking of making it a summer quilt but will continue to think about exactly what I will do to finish it. Thank you all again for a great year here at Springfield!

May your bobbin always be full!

Sue

Summer Schedule for SQU

July 7	Sit and Sew
July 14	Christmas in July Stockings for ECHO 8:30am to 4pm
July 21	Christmas in July Pillowcases for ECHO 8:30am to 4pm
July 28	Sit and Sew
Aug 4	Sit and Sew
Aug 11	Sit and Sew
Aug 18	End-of-summer picnic at Joan McGowan's
Aug 25	Sit and Sew



All meetings are 9:30 am to noon at Grace Presbyterian Church unless otherwise noted.

Springfield Summer Challenge 2009 Update

“Fettuccine Surprise”

Glad to see so much interest in the Summer Challenge this year!! I had made 50 copies and guess what....all were handed out!

On June 9 we had our Batik swap of the 7 light and 7 dark strips! We had around 15 people participate in the swap and all brought great batik fabrics! Remember you need a total of 14 light strips and 14 dark strips to complete the blocks. The leftovers from the strips are used in the pieced second outer border.

You did not need to be part of the swap to participate in this challenge! You can use anything from your stash or it could be a good reason to go shopping! It is a fun, easy pattern and will go together in a breeze! When you see what you have created, use your imagination to piece the blocks and get it all together. Some people have already shown what they have done with this pattern and they look great!! Did you ever think you would enjoy fettuccine so much?

Any questions just email suegalasso@hotmail.com



Reminiscing.....

Remember 2008-09 when Annual Programs included two Mysteries (Strip Search) (Insanity Plea).

Well, those who wanted to see the finished quilts before jumping on the band wagon can still get the monthly clues emailed to them – but all at once! If you didn't see the finished quilts at the June 2 meeting, they are now posted on <http://sewsowbizzy.tripod.com/stripsearch> and <http://sewsowbizzy.tripod.com/insanityplea>. Please send your request for either or both clue sets to sewsewbizzy@yahoo.com.

The Block of the Month (Sampler Times) will continue through the summer, as I try to catch up with my delinquency. The completed patterns and blocks are available on <http://sewsowbizzy.tripod.com/samplertimes>. You may request they be emailed to you if you have trouble printing from the web site. Hopefully we will have some finished quilt tops at the September 1 meeting.

As I look back at the abundance of projects that were introduced, I am exhausted. Well, that's to be expected when the newbie jumps in without a clue!! The projects for 2009-10 have been reviewed with Lynn and Julia and now I must get busy sewing and verifying instructions. Rest assured I won't be putting forth a plethora of projects, so we can have ample time to make our charity donations and quilt show entries.

Thanks for all the support and interest expressed through the past year, and I hope to earn your repeat business in the coming year.

Judy Beigbeder
Annual Programs

Friendship/Farewell Blocks

When a member leaves our Springfield group, she is presented with a set of blocks made by our members. Please help us maintain a supply of blocks for this purpose:

Start out with 5 blue prints 3-inches square and 4 unbleached muslin blocks 3-inches square. Sew them in a nine-patch pattern. The finished blocks should measure 8-inches square. Sign with a permanent marker, your name, date, chapter and /or any message you wish on one of the muslin squares in the nine-patch block. Heat set the message with a hot iron. You can deliver any completed blocks to Cynthia Johnson-Daily at our meetings throughout the year. If you have any questions please call Cynthia at 703-971-6033.

Also, if you know of anyone who is leaving during the year, please let Cynthia know of their departure date. Thank you for your donations.



DRINK GREEN – Bring your own coffee cup to our meetings!

And be sure to wear your

nametag!

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of July:

Carolina Diez 7/1

Lisa Langlais 7/3

Mary Ellen Thomas 7/3

Deborah Hoyt 7/6

Loretta Spittle 7/6

Jodi Ziemer 7/9

Kitty Tyler 7/15

Judy Beigbeder 7/18

Bev Fisher 7/21

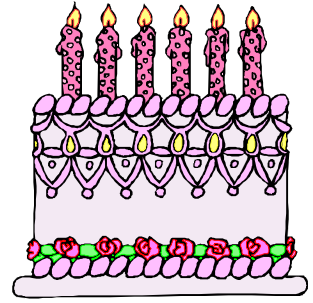
Sue Galasso 7/21

Judy Fender 7/24

Joan Oelschlager 7/24

Cindy Pedder 7/24

Linda Marcinowski 7/29



Quilting for Others

July 14th and 21st, 2009 Workshops

Stockings and Pillow Cases for ECHO

(Juvenile, Christmas Prints and Brights)

Your generosity continues to amaze and bless everyone around you, Ladies of SQU! Over 50 quilts for were given to our wounded and ill soldiers at Walter Reed, many quilts were made for the infants in Fairfax Hospital's NICU plus all the stockings and pillowcases we made during our 2007-2008 year. We're planning to kick off our 2009-2010 year with the return of one of our old time favorites—Christmas in July--with a twist.

Specifically, we will be making stockings for kids on July 14 and pillowcases for kids on July 21, (think bright colors and patterns, toys, sports, animals, cartoons, Christmas, etc.) that will be distributed by ECHO (Ecumenical Community Helping Others) at Christmas as part of their support of needy families right here in Springfield. These pillowcases will be included as part of the Christmas stocking gifts provided to children 13 and under.

We'll be using an updated Christmas stocking pattern—which means we'll be able to get more stockings out of a yard of fabric and we'll be using the “hotdog” method for making pillowcases at the workshop. If you want to get started early, there are different ways to make pillowcases. Instructions for one of those ways, follows.

We'll meet at 9:30 AM on July 14 and 21st and work until we're done. We've started taking sign-ups for the usual suspects—[please email me](#), Diane Henry, mdghenry@aol.com, or call 703-978-7540, if you'd like to participate. **We need people to bring sewing machines and sergers and folks to help with cutting, pinning, turning and pressing. All hands on deck for these fun workshops!** Fabric requirements and instructions are outlined below.

Also plan on bringing drinks and a bag lunch if you'd like.

We'll see you in July!

Instructions for Echo Christmas Stockings

Fabric Requirements:

- 1 ¼ yard of boot fabric (will make 4 stocking boots)
- 4 strips 6"x 22 of coordinating cuff fabric

Assembly:



1. Cut front and back pieces of boot fabric.
2. Sew front to back, right sides together, using ½” seam allowance along outer edge of boot. Leave top edge open!
3. Pink edge of seam.
4. Fold cuff fabric in half lengthwise and press.
5. Fold cuff fabric in half widthwise, measure from fold a distance equal to the width of the open top edge of the boot—mark with a pin. Sew across the folded cuff at that mark, trim seam at ½”.
6. Slip cuff around the outside of the top of the boot; the boot should still be wrong side out.
7. Sew cuff to boot using ½” seam allowance.
8. Turn boot right side out, press and fold the cuff down over the outside of the boot hiding the seam that joined the cuff to the boot.

Instructions for Pillow Case

Hey girls, check out the instructions at this website for pictures:

www.icarolinecreative.com/Merchan2/merchant.mvc?Store_Code=JC&Screen=PILLOW

Materials Needed:

- ¾ yard fabric for main part of pillow case
- ¼ yard of coordinating fabric for band
- 2" x 43" piece of fabric for band contrast (optional)

Step 1:

Cut three pieces of fabric for your pillowcase from the fabric as shown (though you will probably cut each one from different fabric). Cut one piece 27" x 43" for the main part of the case, a piece 43" x 9" for the coordinating band, and a third piece 43" x 2" for the contrast.

Step 2:

Fold the band in half length-wise wrong sides together. Press. Repeat with band contrast.

Step 3:

Place the pillowcase right side up with the design facing upward. On the right side of the pillowcase, place the band contrast and then the band, all raw edges lined up on the right. Stitch together using a 1/2" seam allowance.

Step 4:

Turn band and band contrast out from the pillowcase and press.

Step 5:

Fold pillowcase in half so that both ends of the band meet. Stitch on one long and one short side, using a 1/2" seam allowance.

Step 6:

Turn pillowcase right side out. Enjoy!

Other ideas and suggestions:

- Finished Size: standard pillowcase: 21" x 32";
- Instead of fabric for band contrast, you can use a 7/8" wide ribbon cut to 43" inches long. No need to fold it in half as both sides are finished.
- When I made these, the only place where I struggled was cutting a 2" wide strip of fabric that was straight, so that when I folded it my stripes or dots were straight. So I cheated- I cut a 3 to 4" strip out of the fabric, carefully ironed it in half keeping the design straight and then trimmed the folded piece to 1".



Share your favorite... is a new column this year. Each month you are invited to share your favorite... whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or... whatever!



My favorite flower in our garden is fading now. We have beautiful dark purple Siberian iris which bloom for most of June. Both Paul and I love them so we moved some from our previous home and they are thriving. As we say farewell to them for this year, my second favorite is coming on strong - our hydrangeas.--Lynn Munch

Mark Lipinski's presentation on the Saturday night of the Quilt Show was very enjoyable. He kept us laughing while telling of his journey in quilting and showing some great quilts. Among these quilts there was one he made of whole cloth batiks from South Africa and it was beautiful fabric. I had read about these a while ago and went through my magazines and found the article and info for these batiks. Should you have a copy of the *Quiltmania* magazine, No. 66 from 2008, you will find the article in there. The batiks are Langa Lapu Fabrics from Plettenburgh Bay, South Africa. The web site is <http://www.langalapu.co.za>. The fabrics are fantastic! Make sure you go and take a look at what is there. They only make these fabrics for about 3 months out of the year.--Sue Galasso

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!

Monthly Hint from the Tipster

Unless you are physically impaired, always stand when you rotary cut. If you sit while rotary cutting you will have no leverage. Also, your vision is undermined because you are looking across the ruler and fabric rather than over and down. Shadows are created, and as you extend your arm to cut, the cutter moves away from the edge of the ruler, resulting in inaccurate cuts.

QUILT SHOW WRAP-UP

A huge thank you from Penny and Cindy to all of the SQU members who volunteered so many hours to our very successful Quilt Show. We could not have had the success we did without the many hours freely offered by YOU.

We made the most money of any chapter in the Quilt Show Boutique...\$862.00. Thanks to our 30+members who donated a total of 250 items (Judy outdid herself again!). The items not sold have either been returned or given to Carolyn Pic for our Fall Auction. Thanks to Patrice Mull (A, S) for a nice change to the Silent Auction. Springfield IS where the fun is!
Penny

Springfield QU - Basic Project Details

Farewell Blocks for members who are moving away from our area. Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center. Finished quilts can be of any design. Minimum size: 50 x 50 square inches. Workshop in the Fall.

Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital. Finished quilts can

be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

Quilting for Others - Christmas Stockings for children of clients of Ecumenical Community Helping Others (ECHO) here in Springfield. About 4 stockings can be made from 1 yard of Christmas fabric and 1/2 yard of coordinating cuff fabric. Workshop on July 14.

Quilting for Others - Pillowcases for ECHO. Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs. Workshop on July 21.

Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!

NOTE: SEE OUR SPECIAL SUMMER SCHEDULE ON THE SECOND PAGE OF THIS NEWSLETTER.

NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, www.quiltersunlimited.org. Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

The deadline for the next newsletter will be July 24, the Friday after the third Tuesday program meeting. Please e-mail your input, including anything you may have for "Share Your Favorite..." to kimfess@aol.com. I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thanks. Kim

