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# ◆ Springfield QU News ◆

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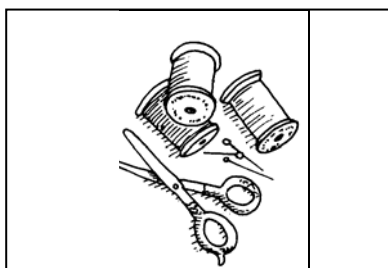
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March 2007

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President - Penny Boyanton  
Vice Pres. – Julia Renken  
Treasurer – Kitty Tyler  
Secretary - Cindy Grimord  
Nominating - Kim Fess  
Programs – Aby Dolinger  
Newsletter - Kim Fess  
Auction -- Carolyn Pic  
Quilting for Others --Diane Henry



*To encourage the quilting arts  
without judging the quilt or quilter*

Quilt Show Rep – Lynn Munch  
Web Page Contact – Kitty Tyler  
Holiday Party – Loretta Spittle  
Door Prizes – Beth Freerksen  
Farewell Blocks - Cynthia Johnson-  
Cavey  
Coffee Queen/Refreshments – Cindy  
Grimord  
Library - Loretta Shinol  
Secret Pals – Elli Molstad  
Little Groups – Tamara Webb  
Fall Retreat - Joan McGowan  
Spring Retreat - Rebecca Heinze  
Quilt Camp – Jill Redding  
Welcome—Marcia Walz

## From the President



Dear Quilting Friends,

What a full, fun February we have had, even when the weather has been the worst!! Our Business Meeting was a wonderful lighthearted program by our own **Too Quirky Quilters**, Kim Fess and Rebecca Heinze. Our Program Meeting was three days of fun and learning planned by Jill Redding with help from so many of you. Jill does a great job with our camp and we look forward to it each year; thanks, Jill. We had a full house each day, lunch, new techniques and so much laughter. I enjoyed learning new things and having a chance to visit with so many of you. The part of each day I enjoyed the most was just watching everyone...some sewing, some talking, everyone smiling. How very fortunate we are to have each other and our shared art. I was greeted by Doris Richbourg as soon as I arrived so she could show me the wonderful quilting Aby Dolinger created for the quilt Doris assembled from blocks she won at Fall Retreat. The enthusiasm was so contagious and her beautiful quilt will be in the Quilt Show this June. What can top that??

Speaking of the Quilt Show, we will have 101 quilts entered in the show..yeah!! Our quilt collectors, Beverly Pontius and Sue Baker do a great job for us. Lynn Munch will be asking you to volunteer soon as she begins to assemble the team she needs for our Set-Up responsibility.

Joan McGowan readily stepped forward to lead our contributions to Fairfax County seniors in a project to help seniors stay in their homes. Joan will be telling us more about the lap quilts I hope many of you will volunteer to make for this worthwhile program.

Many of us were at the Hampton Coliseum for a Quilt Show this weekend; most of us got home before the snow started. I got to spend today in my studio working on several projects and looking out the window at the snow falling. I didn't start anything new, just two projects I have been mentally making for quite some time. It was a great afternoon.

Our wounded soldiers must know how much we care about each and every one of them, and Diane Henry is leading us in that effort. We are well on our way to making and delivering 100 quilts to Walter Reed this year. Most of us saw the wonderful article in the Washington Post about the quilts given to soldiers. Chaplain Kallerson is our contact person as well, and has thanked us many times for our efforts. Our own Lisa Langlais was quoted in the article too. If you missed it, please let me know and I will share my copy with you. All quilters are in this together.

For a short month, we sure filled it. Thanks to each of you for the caring generous quilter and friend you are. My job is so very easy because of you. I can't wait to wake up each Tuesday morning....no more snow on Tuesdays!!

Enjoy this great newsletter; it is full of our plans and activities. Spring Retreat is coming up, the last clue for our Mystery Quilt will be coming...and so much more....read on! Now back to my studio.

Enjoy, Penny

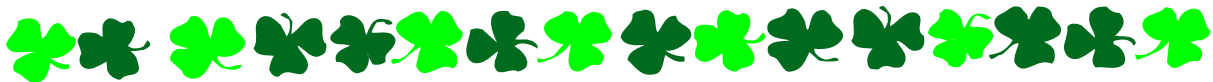
## Summary of Business Meeting Minutes – February 6, 2007

Penny called the meeting to order at 9:35am. She greeted members and guests. A motion was made to suspense with the reading of the business meeting minutes from January; verbal vote of yes, none opposed. Julia has pins and BOM's for two months. Kitty reported a balance of \$9,962.64 with 114 members to date. Diane reported on the great "soldier workshop" on Jan. 30th and indicated that 47 quilt tops were started. Beth reviewed our chapter's silent auction projects; Aby reviewed upcoming programs, including Quilt Camp at the end of February and Loretta reported on the Virginia Museum activities. Mystery clue #6 given out today; last payment for Spring Retreat due today. After another great show 'n' tell, we were treated to a very entertaining performance by the Too Quirky Quilters. Penny commented on what a talented chapter we have and then adjourned the meeting before noon. Respectfully submitted, Cindy Grimord, Secretary

## VP 's Corner

### Meet the Quilter

Lynn Munch will be at our March Business meeting with many bolts of her floral fabrics for sale, most suitable for watercolor quilts and for our SQU Summer Challenge. Please come to the meeting prepared to spend a few (or more) dollars on these gorgeous fabrics. In addition Lynn will be our "Quilter of the Month" and we are looking forward to hearing about her quilting journey and seeing her collection of beautiful quilts.



## Aby's Program News

### March 20 Program--Surface Design Explored with Candace Edgerley

Candy will discuss some of the latest surface design techniques used by today's surface design community--dyers, quilters, felters, weavers, papermakers, and stitchers. She will show samples from the Surface Design Association Swatch Library and slides of work from the 2005 SDA Conference. Candy's work ranges from hand-dyed art quilts, silk organza wall pieces and clothing. She will bring examples of some of her recent and not-so-recent work. Candy will offer hand-dyed fabrics for sale after her program.

Candy teaches two Surface Design for Textiles classes at the Corcoran College of Art & Design and workshops at Springwater Fiber Workshop in Old Town Alexandria. She was juried into the Torpedo Factory Art Center in March of 2006 and currently shows her work in the Fiberworks Gallery and the Potomac Craftsmen Gallery at the Torpedo Factory. She serves as Director of Membership for the Surface Design Association.

### April 17 Program—Shortcuts from a Short Woman with Debby Kratovil

Mark your calendar, ladies, for April 17. You won't want to miss Debby Kratovil from Atlanta. Her lecture will give us lots of tips and a view of her incredible quilts. In the afternoon from 12:30 to 3:30, Debby will present a workshop, "Building Blocks and Borders." This is the instruction on borders you have been waiting for all year! Sign up with Abigail Dolinger, beginning March 6. The workshop is only \$20 and is limited to 25 participants.

## FALL RETREAT

Everyone who has signed up for Fall Retreat needs to be aware that a payment of \$95 is due in March. The payment months have changed this year to March and May to better help the Treasurer close the books at the end of June. And...if you are interested, there are also still a couple of openings. Springfield Retreats are always fun. So contact Joan McGowan, Fall Retreat Chair, if you want more information at [Joquilter@aol.com](mailto:Joquilter@aol.com) or 703-323-6048

## Culinary Expressions

Thank you to Roz Elliott, Mary Kellehar, Joyce Keating, Pat Lane, Sallyann Morrison and Aby Dolinger who contributed snacks for the February business meeting. On deck for the March 6th business meeting are: **Cindy Niles, Alice Richbourg, Theresa Batch and Loretta Spittle**. I also want to say a special THANK YOU to those who contributed snacks and help during Quilt Camp. Cindy

Two requested recipes from our January workshop:

### MEAT/CHEESE WRAPS

Sundried tomato & basil wraps  
Whipped cream cheese (garden herb)  
Ham (thin sliced, cooked)  
Turkey (thin sliced, cooked)  
Mozzarella cheese (deli thin sliced)  
Red & yellow peppers (thinly sliced)  
Baby spinach leaves

Spread a thin layer of cream cheese over entire surface of each wrap. Layer the bottom half of the wrap with slices of turkey, ham and cheese. Near the bottom edge make a row of the pepper slices and spinach leaves. Roll up tightly starting with the peppers and spinach. Slice the rolls about one inch thick (thicker for sandwich vs. snack). Refrigerate. Be creative - choose a spinach or whole wheat wrap; experiment with other meats or cheeses; use hummus instead of cream cheese; try green onions, olives and leaf lettuce for color. Submitted by Jane Leeling



### ROASTED SWEET NUTS

Vegetable oil cooking spray  
1 large egg white  
1 1/2 teaspoons water  
3/4 cup sugar substitute (Splenda recommended)  
1/2 teaspoon ground cinnamon  
2 cups assorted whole natural almonds, walnuts and/or pecans

Preheat oven to 325 degrees. Cut a brown paper bag (I use a lunch sack) to size and use it to line a baking sheet. Spray the top surface of the paper heavily with cooking spray. Whisk the egg white in a bowl until frothy. Add the water, sugar substitute and cinnamon and whisk thoroughly. Add the nuts to the egg white mixture and toss to coat well. Spread the nuts in a single layer on the brown paper-lined baking sheet and bake for 20 to 25 minutes. Remove and let cool before breaking apart. Store in a sealed container. (Do not refrigerate.) Submitted by Cindy Grimord



# SQU' S ANNUAL SPRING YARD SALE

Spring is just around the corner, and you know what that means. Yes, on April 3, we will be having our Annual Spring Yard Sale. Now is the time to take advantage of these gloomy days and go through your stuff. We all need to get rid of things to make room for more stuff! This yard sale is different from the Fall Auction in that it is a simple yard sale with proceeds going to SQU. To participate we ask you to bring your stuff that morning, priced and ready to sell. Sales/purchasing will take place throughout the meeting. At the end of the meeting you must take back any of your items that did not sell. The types of items that are popular at the yard sale include sewing and quilting stuff (UFOs, fabric, gadgets, patterns), cooking stuff, books, plants--anything cluttering your house that you just don't want anymore. This is another fun event and we always have interesting finds. Remember one person's trash may be another person's treasure. Mark your calendar for our Spring Yard Sale during the April business meeting, Tuesday, April 3 at 9:30 am. And bring your stuff!!!! If you have questions call Carolyn Pic at 703-440-1491 or email her at cpicinva@cox.net.



**Happy birthday** and congratulations to all of our SQU members who will be celebrating their special days in the month of March:

Jill Redding 3/1

Francine York 3/5

Kathy Magee 3/9

Carolann Drelicharz 3/10

Sallie Davis 3/12

Lynn Munch 3/15

## A very special thank you...

Dear Springfield Quilters Unlimited,

Thanks so much for the care package full of home baked goodies and other items, just received it today. It was a very enjoyable treat that reminded all of us of home. As we near our fifth month into the deployment, we all are becoming a little homesick and the little packages that remind us of home are a welcome sight.

You would be amazed by the numbers of stars one can see on a clear night here in the middle of the desert. There are millions of them, and they shimmer so bright and have shades of reds, greens, and blues. It is astonishing how small it can make you feel, especially being this far away from home. One feels insignificant in the overall picture of the universe. What we are doing here doesn't really seem to matter in the grand scheme of things. However, this could not be any farther from the truth. We are securing the Iraqi peoples' future and improving their lives every day. We are improving their infrastructure, facilities, water supplies, and their overall way of life.

Our Brigade has lost many good soldiers trying to achieve this goal. We aren't fighting the people of Iraq, it is the small groups of extremists who want to cause an undulation in this county's freedom. People at home may oppose the war because they believe it is for oil, politics, or other reasons, however it seems that they continue to support the troops. That is what makes our country and freedoms so great. We are allowed to have our freedoms of opinion and others that many take for granted. And your support of the troops is evident in the small things such as the care packages that you send.

The guys from the UAV platoon want to say thank you for your continued support. We all want one thing, to complete our duty with honor and to return home safely to our loved ones and friends. Once again thanks for the goodies and keep us in your prayers.

Sincerely,

SSG Jason Floyd and the guys from the 4/25 UAV platoon

## **Places to Go and Quilts to See**

February 3 – May 28 – “Jamestown Challenge Quilts,” “Come Home to Virginia Quilts” from the VQM Collection, Virginia Quilt Museum, Harrisonburg, VA ([www.vaquiltmuseum.org](http://www.vaquiltmuseum.org)).

March 9-11 – Rose Hill Quilt Show, Frederick, MD ([www.rosehillquiltshow.org](http://www.rosehillquiltshow.org)).

March 9-11 – “Something Old, Something New,” Capital Quilters Guild show, Peace College, Raleigh, NC, [www.capitalquilters.org](http://www.capitalquilters.org).

March 10-September 16 – “Quilts in a Material World: Selections from the Winterthur Collection,” Winterthur Museum, Wilmington, DE ([www.winterthur.org](http://www.winterthur.org)).

April 12-15 – Quilters’ Heritage Celebration, Host Farm Resort, Lancaster, PA ([www.qhconline.com/artman/publish/](http://www.qhconline.com/artman/publish/)).

April 22 – QU “Winter” Quilt-In, 1-5pm, Robinson High School, Sideburn Road, Fairfax, VA (see your big QU newsletter for more details).

April 25-28 – American Quilting Society Annual Show, Paducah, KY ([www.americanquilter.com](http://www.americanquilter.com)).

April 27-29 – “Crazy for Quilts,” Friendship Star Quilters annual quilt show, Montgomery County Fairgrounds, Gaithersburg, MD ([www.friendshipstar.org](http://www.friendshipstar.org)).

May 3 – Spring QU Annual Meeting followed by lecture by Sally Schneider (Confessions of a ScrapManiac), 7:00pm, Robinson High School, Roberts Road, Fairfax, VA.

May 4-5 – Sally Schneider workshops, “Kansas Troubles – Not” and “Laurel Wreath”, time and location to be announced.

May 5-6 – “Quilted Jewels.” Quilters Guild of Southern Maryland biannual show, Village Green Pavilion, Indian Head, MD.

May 18-20 – VA Star Quilters Spring Quilt Show, Salem Church Library, Fredericksburg, VA, [www.vastarquilters.com](http://www.vastarquilters.com).

June 1-2-3 – 34<sup>th</sup> Annual Quilters Unlimited Show and classes at Dulles Expo Center, Chantilly, VA.

### **NEWSLETTER NEWS**

**The deadline for the next newsletter will be March 16**, the Friday after our program meeting.) Please e-mail your input to [kimfess@aol.com](mailto:kimfess@aol.com). I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thank you!

