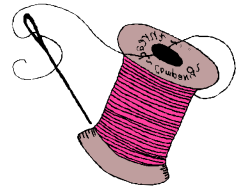


And sew on...



Newsletter of the Springfield Chapter of Quilters Unlimited March 2009

Our 2008-2009 Volunteers

President—Sue Galasso	VP—Jill Redding
Treasurer—Cathy Powers	Secretary—Carolina Diez
Nominating—Julia Renken	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Reps—Cindy Grimord & Penny Boyanton	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Sue Galasso
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Lynn Munch
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Judy Beigbeder	Sunshine—Beth Freerksen
Membership/Welcome—Joan Oelschlager	Bus Trip—Nancy Vogel
Quilt Collectors—Sue Baker & Beverly Pontius	
Coffee—Peggy Brower, Lynn Matthews, Carole Bloomquist & Cathy Murray	

Hello everyone! As March roars in here, or maybe tiptoes in, there will be fun things happening here at Springfield! This month we have our business meeting on March 3. Lots will be happening with the Quilt Show plans and needs, so make sure you are “in the know” about all of this. Soon volunteer sign ups will begin for the Quilt Show. The jobs are NOT hard and when we all work together it does make things happen a lot easier. February 24 was the deadline for the quilts to be measured and photographed; this info is needed by the Quilt Show group on March 1 for planning the layout for the show. Sue and Beverly have been busy with this task for our chapter! They have a system and it does work well. Thank you both for doing this! Collecting of the quilts will be done in May and I am sure they will let us know the plans for all of this.

March 17 is St. Patrick’s Day, so wear green when you come to hear our program speaker, Lesly Riley. Lesly will be giving a lecture in the morning and then a workshop in the afternoon. The cost of this workshop is \$40. All of you Art Quilt enthusiasts will enjoy this program. Jill will have more about this in the newsletter.

Judy gets a little rest this month! However, I do need to thank her for the *great job* she did with Quilt Camp this year. The three days in February were filled with fun projects, goodie bags, door prizes, sharing of ideas and just plain old being together! I also need to thank our Hospitality group for the coffee, tea and morning munchies; so, thank you Peggy, Lynn, Carole, Cathy and Lynn Munch. Cathy Powers and Pam Leonard, thanks for helping with the planning and ordering of lunches. Roxanna, thank you for the delicious white chili we all enjoyed on Thursday! Thank you to those of you who volunteered the morning refreshments each day. Lastly, thanks to those of you who stepped forward and helped Judy with teaching some of the things we made on these three fun-packed days. We learned from this year’s camp and will be planning for even better happenings next year.

Spring Retreat will happen the week of March 23. Hope all who are attending are getting their projects, UFOs, etc. together and packed. Have fun ladies and enjoy the week!

March 31 we will be having Quilting for Others and will be spending the day making quilts for the NICU at Fairfax INOVA Hospital. Diane Henry and Carolina Diez had information in the February newsletter regarding the pattern we will be using for the NICU quilts. Hope you all can come and join in this worthwhile activity.

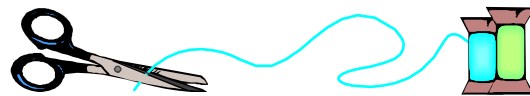
Hopefully we will start to feel the hint of Spring and the warmer weather (although I think some if it sneaked in here in February!). As we all start to come out of winter hibernation, may our quilting be inspired by what we see happening around us with the renewal of color in our lives.

May your bobbin always be full!

Sue



VP'S Corner



I hope everyone had a great time at Quilt Camp; I know I did. A big, big thank you to Judy and everyone else who worked so hard to make it fun!

This year is winding down but we still have some wonderful programs to look forward to. Lesly Riley's Cloth Paper Scissors Fabric collage workshop will be March 17 after the lecture. I still have some spots open; I hope all you art quilters will take advantage of this opportunity so we will know that there is enough interest in this type of workshop to have more of them in the future. The supply list for this workshop is at the end of this entry.

In April, Ann Littleton will be doing a nine-patch lecture and a nickelmania workshop on all the things you can do with 5-inch charm squares. I am ready to start taking sign-ups for the workshop that will be in the afternoon after the lecture. The cost will be \$20. The class Ann is teaching for Fairfax filled quickly so don't delay in signing up; she is very popular.

I also wanted to let you all know that next year we will be having Patricia Pepe in September. She invented the belly button ruler; check out her website for further explanation. She will be doing a full-day workshop and we will have to be speedy about getting signed up for that because it is right at the beginning of the year. We are sharing her with many other area guilds since she is coming from the west coast. If you would like to vote on which workshop we will have, check out her website and let me know which you are interested in.

Here is the supply list for the fabric collage class in March:

¼ yard of white fabric

2- 1" foam brushes

A few small fabric scraps of different textures (ie. a piece of old torn clothing with hems, buttons & all, lace, remnants)

A few small pieces of collage and/or scrapbook papers, tissue papers, ephemera

Small, lightweight, relatively flat found objects (think bottle caps, tokens, washers)

Fabric scissors

Plastic spoon or old spoon

Sobo or Elmer's white glue

Large brown paper bag from grocery store

Water container

Paper towels

Large plastic trash bag to cover your workspace

Wear a smock, apron or old clothes - you will be painting

All other supplies included - paints, transfer medium, gesso, fabrics and images to transfer

Keep on stitching,

Jill

copingwithgrace@hotmail.com



From your SQU Nominating Chair

Ladies, it is that time of year again ... I am searching for a few good members to step up to the leadership roles in Springfield QU and volunteer to be nominated for the positions of President, Vice President, and Secretary for our 2009-2010 year. Cathy Powers has graciously agreed to be nominated to continue as Treasurer and provide continuity for the 2009-2010 SQU Board. And, continuing with precedent, Sue Galasso, as past president, has graciously agreed to be nominated for the position of Nominating Chair for the 2009-2010 board. Please contact me if you are interested in being nominated for any of our elected positions. Please do not make me hunt you down!

--Julia Renken (julia.renken@att.net or 703-352-2016)

DRINK GREEN –Bring your own coffee cup to our meetings!

And be sure to wear your nametag!



Minutes – Springfield QU Business Meeting February 3, 2009

Sue Galasso called the meeting to order at 10:05 am. Carolina Diez introduced new members and guests. Minutes of the January business meeting were published in the February newsletter and approved as published. Sue shared what a good time she had at the Jinny Beyer workshop this past weekend. She met Alex Anderson and says she is very down to earth. Ales Anderson and Ricky Tims have an online show at www.thequiltshow.com. Episode 313 is free this week; it is an interview with Jinny Beyer.

Correspondence: ECHO thanked the guild for their contributions of 400 pillowcases and Christmas stockings.

Treasurer's Report. Cathy Powers - As of January 1, we have \$13,448.50

VP Report: Jill Redding - The Bonnie Hunter lecture/trunk show was a great success. Lesly Riley lecture/trunk show March 17. Morning lecture "Cloth Paper Scissors-An Introduction to Fabric Collage," afternoon workshop on Mixed Media use. Cost \$40 and limited to 20 participants at the teacher's request.

Programs: Judy Beigbeder –Insanity Plea Clue 6 was emailed February 2. BOM Blocks 10, 11 and 12 in draft stage. She was working on them at South Carolina seminar. Strip Search Clue 4 will be issued on February 12. Hard copies will be available at quilt camp.

Committee Chair Reports -Fundraising: Carolyn Pic – Yard Sale is April 7. Please pre-price items and take home any unsold items. **Community Service:** Diane Henry/Carolina Diez – Quilting for Others workshop – March 31. Sample NICU quilt was shown. Dianne reviewed the Quilting for Others projects. **Newsletter and Spring Retreat:** Kim Fess- Newsletter deadline is February 20. Spring Retreat March 23-27. Final payment due. **Quilt Show:** June 5, 6, 7 2009 – Penny Boyanton/Cindy Grimord –Springfield QU responsible for signing up volunteers to work the show. Sign-up will begin sometime in March. Mark Lipinski will be the speaker at the QU Annual Meeting June 5. Remember to bring your membership card. QU is also selling ads to be included in QU show program. See Penny. **Quilt Collectors:** Sue Baker/Beverly Pontius. Measuring and photos of quilts will be done on February 10, February 17 (morning), February 18 (afternoon) and February 24. Please fill out entry forms, which are also available on-line. **Fall Retreat:** Joan McGowan – First payment for fall retreat is due in March. **Library:** Loretta Shinol – Please check at home for any SQU library books. Some books are missing from the library. **Hospitality:** Coffee group- Peggy Bowers. Refreshments – Lynn Munch. Thank you to those who brought goodies to the February business meeting. **Nominating:** Julia Renkin-Needs nominations for 2009-2010 board by April.

Presidents Announcements: Treasures from the Heart quilt store in Occoquan is closing. Everything is 25% off. Carolyn Pic thanked those who gave blocks to send to her daughter who is working with the Peace Corps in Mongolia.

Break

Meeting adjourned at 11.45 a.m.

Submitted by Carolina Diez



It's SHOW time--QUILT SHOW time!

Beginning March 1, Penny and I will begin to advertise through the other chapter presidents and the QU Digest to recruit for show volunteers. That is SQU's show job this year. I would like to thank Penny for attending the show committee meetings once a month since September (and thank you, Julia, as well, for filling in, in January). Volunteers will be needed for ticket sales, entry bracelets, hostesses, vendor tenders, product sellers and tending the volunteer station. So get out your calendars! This is a "heads up," to be thinking about what you can do to help. Penny and I will be at off-Tuesday on the 24th, and if you have a job that you are interested in, please see us then. Thanks, Cindy Grimord



ANNUAL PROGRAMS

March – April – May, how time flies as we approach the end of the SQU year and finishing up the annual program projects.

Insanity Plea Clues 7 and 8 for assembly of LARGE Blocks 1 & 2 will be issued March 3. There is no Tripod view for these clues since they are basic row/column assembly of already completed smaller blocks - are you getting anxious?

Strip Search Clue 5 for final assembly will be issued March 17 - plenty of time to finish for the June 2 "show off"

Sampler Times BOM – oops! The blocks for Jan (11-12-13) and Feb (14-15-16) are having to double up to catch up with Mar (17-18-19).. All have been designed but I need to actually make them before releasing them. As soon as *each set* is completed they will be emailed to the participants. I hope to have them all caught up by March 17.

B&W and Reddy to Wear – or have you forgotten?? These will be modeled at the May 5 meeting – so I hope we have a good line up.

Uglie Fabric Dare – have those pieces been buried in the back yard? Or are you still pondering? I have already seen one completed piece and it was soooo imaginative! These need to be ready for the June 2 "show off".

March 3rd Program – stepping away from our previous "meet the quilter" format, Lynne Fishburn will give us a proposed format for doing a more informative "show & tell." Think 'newsbreak' rather than 'channel surfing.' Anyone with "show & tell" on March 3 can also step up with including a bit more info about your quilt, such as: pattern from this book (hold up book), original design inspiration, reason for fabric selections, tips or tricks learned during construction, problems resolved by doing such an such. If you have substantial info (3-5 min) please limit to one quilt so others can shine. Feel free to return to end of line if there is time before meeting concludes. This is short notice; I don't expect many to be so informative, but we can see how appealing the format might be for future meetings. So feel free to send me your comments on what you see/hear. See also Camp Conclusion article for displaying camp projects.

If anyone has questions about Annual Programs please contact me at sewsewbizzy@yahoo.com.

Judy Beigbender

Camp Conclusion

There was a great turn out for camp – with a few well wishes going to those who missed out at the last minute for medical, home, or unknown reasons. Those with completed (or not) projects have been requested to bring them to March 3 meeting for display. I sent an email out February 20 to those who were registered giving some follow-up comments. If you didn't receive it let me know. sewsewbizzy@yahoo.com
Judy Beigbeder

And a note from Kim Fess to all who took the **Japanese Twist Bag Class**: If you would like complete instructions and cutting instructions for both sizes of the Twist Bag, go to www.villagequiltshoppe.com. Once there click on Quiltmaker Magazine back issues and look for Issue #81, September/October '01. It's only \$4.99 and it will be shipped to you promptly.

Library MIAs?? or AWOLs??

The following books are missing. Are they MIAs - Missing in Action? Or did they run for it - Absent Without Leave? Please help solve the mystery. Did you by chance "check out" one of these books, but forget to fill out the library card located in the pocket on the back cover? If that is the case and you are still using the book, please return the filled-in card and place it in the card box that is kept beside the basket with the library books. If, on the other hand, you are aware of a book that has gone AWOL, you have permission to use any means available to you to lead that book back to the basket. We will close our eyes to any bent pages, scuff marks, or signs that very hot coffee had been poured on it in order to subdue it and bring it to justice. The goal is to have all missing books accounted for.

Paper Piecing by Alex Anderson; **Bright Quilts from Down Under** by Australian Patchwork; **Special Occasion Table Runners** by Janet Brandt; **Combing Through Your Scraps** by Karen Combs; **Glorious Patchwork** by Kaffe Fassett; **Log Cabin Quilts** by Flavin Glover; **The Quilter's Companion** by Katharine Guerrier; **Mastering Machine Applique** by Harriet Hargrave; **Fat Quarter Quilts** by M'Liss Rae; **Rotary Cutting Magic** by Nancy Johnson-Srebro; **Smashing Sets** by Margaret Miller; **Crazy Quilt Handbook** by Judith Montano; **Machine Quilting with Decorative Threads** by Maurine Noble and Elizabeth Hendricks; **Magic Stack and Wack Quilts** by Bethany Reynolds; **Shoreline Quilts** by Cyndy Rymer; **The Casual Quilter** by Robin Strobel; **Dresden Plates of Distinction** by Sharon Stroud; **Wedding Ring** and **Endless Chain** by Emilie Richards.

One quilter's junk is another quilter's treasure

Mark your calendars for April 7, 2009, for our annual Spring Yard Sale. All proceeds go to SQU. This is your chance to get rid of all kinds of things from your home. Items don't have to be sewing-related; if you can carry it in, you can sell it! Be sure to pre-price your items in 25-cent increments and remember that you must take your unsold items home. And bring your check book!

Thanks for all your support.

Carolyn Pic, Fundraising Chairman

VIRGINIA CONSORTIUM OF QUILTERS

The VCQ meeting will be held here in northern Virginia on May 9. The location will be much more convenient for Springfield quilters. It will be held in a church across the street from the Annandale Campus of NOVA. (I didn't make the arrangements so I don't what the name of the church is but will the information by the next business meeting.) Since Springfield QU volunteered to host this meeting, it's time to start planning!

Joan McGowan, NoVA Rep for VCQ

Don't forget to come to the:

Spring Quilt-In with Bonnet Parade
Sunday, March 15, 2009 – 1:00pm to 5:00pm
Falls Church High School Cafeteria

What better way to celebrate National Quilting Day than with a whole roomful of Quilters Unlimited members. Come to our *Spring Fling* and let the March winds blow on your whirligig pinwheel and inspire your creation of a magnificent Spring/Quilters Bonnet for you or Sue. For those who have not been to a Quilt -In before, here is what we traditionally have: door prizes; block exchange; finger food potluck; show and tell and, most importantly, the chance to mix and mingle with quilters from all 12 QU Chapters. So gather your quilts for show and tell (spring-themed items particularly welcomed), don your whimsical spring bonnet, sew up one or lots of the two blocks for the block exchange, choose a yummy snack or dessert for the refreshments table and come join the fun. Our feature events will be the viewing of Spring Bonnets and the parade of chapter banners.

Location Directions – Falls Church High School, Jaguar Trail, Falls Church. From I -495 take the Arlington Blvd/Route 50 East exit. Turn right at the first traffic light onto Jaguar Trail. School will be on your right. Best access is to park at the rear and enter through door number 8.

Refreshments – think finger foods. Bring your sweet or savory item in a disposable container (if you don't want to be "green" and take your empty container home again) already cut for individual servings and with (disposable) serving utensils if necessary. Cold drinks, ice, cutlery and paper products will be provided.

Door Prize Donations – we encourage each chapter to donate at least one item for a door prize – think fabric, quilt gadgets, patterns or any spring item. Please don't embarrass us or you with a white elephant by contributing something you wouldn't be happy to win.

Blocks – make as many as you want of either/both the pieced or appliquéd block because the more you make the greater your chance of winning a selection of the blocks to take home. For each block please use a cream on cream or white on white background and select only spring pastel-hued fabrics for the balance (e.g. pastel pink, lemon, soft green, lavender, peach, baby blue). The pieced block, Whirligig or Double Pinwheel, is 6" finished; hand in a 6 ½" block. Go to www.quiltersunlimited.org and then to the Wintger '09 newsletter for directions. The appliquéd block is a Sunbonnet Sue. A pattern is provided in the Big QU Winter '09 newsletter for an 8" finished block or you can make your favorite Sunbonnet Sue pattern in any size **up to 12" finished**. For ideas and more patterns, go to <http://sunbonnetsue.com>. You can add to/embellish the block, but please keep to a pastel color scheme. Now have some fun with Sue!

Bonnet – let your creative urges run wild and make/decorate a hat (bonnet). Make it shout out either "It's Spring Time" or "I'm a Quilter." Prizes will be awarded to all participants modeling their creations in the Bonnet Parade at 3:00pm.

Questions and Comments – this event is being organized for your participation pleasure by RestonQU. Contact them at restonqu@gmail.com (or look in the directory for other contact details)

Monthly Hint from the Tipster

If you have a hard time trying to decide whether to stop with the needle down on the left or the right when turning corners or tight curves when satin stitching around applique, follow this very simple rule:

- * If you need to turn the fabric to the left (clockwise) then stop with the needle down in the left position.
- * If you need to turn the fabric to the right (counterclockwise) then stop with the needle down in the right position.

OFFICIAL SQU WEATHER CANCELLATION POLICY

At this time of year it is important to remember our official policy:

If the Fairfax County schools are closed because of inclement weather, SQU will NOT meet that day.

If the Fairfax County schools open late because of inclement weather, SQU will meet at its normal time.

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of March:

Jill Redding 3/1	Francine York 3/5
Carolann Drelicharz 3/10	Sallie Davis 3/12
Lynn Munch 3/12	Janet Miller 3/28
Vi Saunders 3/29	



Spring Retreat

Spring Retreat participants have been busy making blocks for this year's auction quilt. It's going to be BEAUTIFUL!! Retreat is just around the corner. Full details will be sent to each participant soon.
Kim Fess, Spring Retreat Chair

Fall Retreat

The first payment of \$100 beyond the initial \$40 deposit is due March 1. For newcomers, the Fall Retreat is October 8-11, 2009 at the New Windsor Conference Center, New Windsor, MD. It's a fun weekend to sew and socialize with friends. Any questions email me at joquilter@aol.com or call 703-323-6048.

Share your favorite... is a new column this year. Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever! This month we have two contributors:

Rebecca Heinze writes: One night I was in a rush to fix dinner (had been quilting all day I think) and hit on this idea, my favorite potato soup recipe --

1 carton chicken stock
1 large bag hash brown potatoes
1 cup milk
Salt and pepper

Put stock in large pot. Add potatoes. Heat through. Season with salt and pepper. Process in blender or hand (stick) blender until smooth. Garnish with shredded cheddar cheese, sour cream and or crisp bacon.

The last time I made this I used potato wedges. It took more blending and I had some large bits but that was also good. So if you like a few larger pieces that is a good option. I am thinking you could use any type of frozen potato for this. Let me know if you use something different.

And from **Penny Boyanton** her favorite household hint: When you have a very dirty pot, casserole dish or pan that has baked-on food, leave it in the sink filled with water and add a couple of unused dryer sheets (the cheapest work just fine). Swish them around a bit and then leave them. Give the dryer sheets about 20 minutes or so and then wipe the pan with the dryer sheet. You will be amazed that you don't have any scrubbing to do. A good friend in Florida showed me this process and I have used it quite a bit. I prefer fragrance-free inexpensive sheets from Costco--a big box will last a long time. I specify using "unused" dryer sheets because used dryer sheets are great for backing appliqué. Enjoy!

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!

Another



St. Patrick's Day Monthly

Hint from the Tipster

There are lots of great ways to use your digital camera when you are quilting. Take a picture of the quilt blocks on your design wall before you start sewing, so that you can let the camera "see" any questionable arrangements. When you try a new technique take pictures of the various steps, and then drop those pictures into your instructions. And taking your camera to quilt shows allows you to come home and put together a great inspirational slide show. You can even take a picture of your current project and turn it into a desktop picture to inspire you -- and keep it from becoming a UFO.

Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!



NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, www.quiltersunlimited.org. Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

The deadline for the next newsletter will be March 20 the Friday after the third Tuesday program meeting. Please e-mail your input, including anything you may have for "Share Your Favorite..." to kimfess@aol.com. I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time.

Thanks. Kim