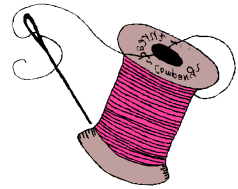


# And sew on...



## Newsletter of the Springfield Chapter of Quilters Unlimited March 2010

### Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxana Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Rep—Kim Fess	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Judy Bregman
Membership/Welcome—Carolina Diez	Bus Trip—Loretta Spittle
Quilt Collectors—Sue Baker, Beverly Pontius, Julia Renken	
Coffee—Pam Leonard, Carole Bloomquist & Joy Bauer	



Hi Ladies,

Well, we certainly had a lot more snow days than I anticipated when I wrote last month letter! I hope you were able to use the time to get a lot of sewing done. Between that, and everything I saw being done at Quilt Camp, we sure ought to have a terrific show and tell after our business meeting in March. Get your camera ready, Julia!

I was very sorry to miss so much of Quilt Camp, but needed to be with my Dad. When I was able to stop by (did you notice it was always lunchtime?) it appeared to me that all attendees were having a wonderful time. Thanks to Kitty, instructors, demonstrators and all attendees for your efforts. I am pleased to report that Dad is now happily at home with a regulated heart beat and a newly installed stent. I greatly appreciate the concern and support so many of you offered me during the stressful week.

Lion or lamb? We'll know soon how March, another busy quilting month, comes in. I encourage you to attend the Quilt-in on March 14; it is a great opportunity to see what other chapters are doing and to make some new friends. I am looking forward to National Quilting Day at the King's Park Library on March 20t. It will be fun to sit and sew and explain to other people what quilting is about. I hope everyone will come, even if just for an hour or so. Julia Renken has a write-up about our program this month, and of course, many of us will be attending Spring Retreat.

At the end of January, after our February newsletter had been prepared, we lost our dear member Vi Saunders. She was a generous, positive woman who volunteered endlessly. She will be sorely missed. Bad weather postponed her originally scheduled memorial service, which was held on February 27, 2010.

On a much happier note, please join me in congratulating our seldom-seen member, my sister, Julie Kay, on becoming a grandmother this week!

See you sew soon,

*Lynn*

llmunch@cox.net

## **Minutes of the Springfield QU Business Meeting February 2, 2010**

The meeting was called to order by President Lynn Munch.

Carolina Diez announced that we had two guests today: former members Jane Holden and Gloria Boone.

The membership approved the minutes of the January business meeting as printed in the February newsletter.

Treasurer's Report: Cathy Powers – Reported a balance of \$19,931.08 as of January 31, 2010.

President's Announcements:

Former member Vi Saunders passed away on January 24, 2010. There will be a memorial service on Saturday, February 6 at 2PM at Immanuel Church-On-the-Hill in Alexandria with a reception at Bresinski Chapel.

Cindy Grimord introduced Sandy Rees, the volunteer coordinator showing the Big QU raffle quilt (made by Fairfax QU – hand appliquéd, machine quilted). She also told about volunteer jobs at the quilt show. Francine York has tickets for sale. They are \$1 each or 6 for \$5.

Lynn Munch asked about interest in participating in the Quilt Show Boutique. There were several interested and Penny Boyanton volunteered to coordinate.

The Executive Board met after the Program on January 19. Highlights of the meeting were given and the minutes will be printed in the next newsletter.

Lynn made a couple of Quilt-In blocks to show. Your name is entered for the drawing for every block you make and turn in at Spring Quilt-In on March 14.

The QU quilt will be on display at the Hampton Quilt Show with volunteers selling tickets. Anyone going can relieve them for a little while.

VP Report: Julia Renken – No report, out of town.

Committee Chair Reports: Nominating: Sue Galasso – Need someone for President, Vice President. Gay Baker volunteered for Treasurer. Newsletter: Kim Fess – Deadline Friday after Quilt Camp. Quilt Show Rep: Kim Fess – Out of town. Yard Sale: Carolyn Pic – Yard Sale is April 6. Bring your items pre-priced in 25 cent increments. Quilting for Others: Diane Henry and Carolina Diez – Thanks to those who came last week to help put kits together for NICU and soldier quilts. Sign out kits today. March 30 workshop will be a cutting bee. Finished quilts due ASAP. Library: Loretta Shinol – AQS has a book sale. I have a sign up list, if seven of the same book is ordered we get the best price. Holiday Party: Roz Elliott – Nothing. Farewell Blocks: Cynthia Johnson-Daily – I'm still collecting blocks. Refreshments: Rebecca Heinze – Thank you to those who brought goodies today. I have a few spaces left to fill on sign-up list. Fall Retreat: Joan McGowan and Penny Boyanton – We are collecting money as they go for rooms. Spring Retreat: Kim Fess – Cathy Powers is taking payments due today. Quilt Camp: Kitty Tyler – Hoping for no snow. Bring your cooperative spirit, have your homework done before class, and Penny Boyanton has templates for her class to pick up and cut out before class. Volunteer assignments should be emailed this week. Come to have good time. Sunshine: Judy Bregman – None. Quilt Collectors: Sue Baker and Julia Renken – We will be measuring and taking photos of quilts next Tuesday 10:30- 11AM, measuring early during Quilt Camp and the final day will be Tuesday, February 23 from 10AM til 11:30AM. Size limit is 115" and we have forms available. Hospitality: Beverages: Pam Leonard, Carole Bloomquist and Joy Bauer – Decaf coffee will be available for Quilt Camp. Bus Trip: Loretta Spittle – There will be no Paducah, KY trip. After giving four options to choose from and voting on each one, the final two choices were a fabric shopping trip to Lancaster, PA in both spring and fall. Loretta is to come up with the dates, staying on a Tuesday.

Break

Programs: Judy Beigbeder – Get your paper, pencils and coins ready to participate in the demonstration of the second book review on Rhapsody Quilts by Ricky Timms. This book is designed to teach you how to design a quilt. Starting with our 8 1/2" square of paper, we folded, and drew curved lines as Judy directed. We then refolded and used our coin to transfer the lines, repeating until lines were covering the entire page. This was our design to be enlarged. Judy thought the book was a little hard to follow. She showed her quilt, "Metamorphosis, which she ended up appliquing entirely.

Show and Tell: See <http://picasaweb.google.com/SpringfieldQU> for pictures. Photographer Julia Renken was absent.

Door Prizes: Roz Elliott – Nametag drawing won by Penny Boyanton. Door Prizes won by Judy Beigbeder, Nancy Vogel and Diane Henry.

Meeting adjourned at 12:10AM.

Respectfully submitted by Roxana Pressnell

## **Minutes of the Springfield QU Executive Board Meeting January 19, 2010**

The SQU Executive Board Meeting met after the program meeting. Quorum was met and President Lynn Munch called the meeting to order.

Quilt Show Ads: It was agreed to still purchase the half-page ad as budgeted.

Quilt Show Boutique Coordinator: Do we want to participate? It was suggested that if someone wants to participate, that person should be the coordinator for our chapter.

Audit: The audit revealed that in some cases retreat attendees may not have been members of the chapter as required. ALL retreat attendees need to be a member of Springfield QU. It was agreed that it be the responsibility of the retreat coordinator to make sure everyone attending the retreat is a member.

Financial Report: The Treasurer, Cathy Powers, said we are getting close to the maximum limit of \$25,000 and after that we have to file a tax return. The amount is averaged over a three year period. It was suggested that we would be able to afford more expensive teachers for our programs, i.e., their charge plus travel.

Spring Quilt-In: The date is Sunday, March 14. See the Big QU newsletter for more details.

National Quilt Day: The date is Saturday, March 20. Do we want to do something? There was a suggestion we could have a sit-in at the Kings Park Library taking seats all over the Library while quilting.

Charity Goals: The goals as per the survey taken from the membership, indicates that they want to stay with soldier quilts (50 for the year), NICU quilts (100 for the year) and pillowcases. If there is another need as a one-time project, it will be addressed as needed.

Spring QU Digest: Diane Henry will write an article of accomplishments (tooting our horn). The Digest is due out March 30. FYI, Diane will out of town the last two weeks in February.

Bus Trip: There is possible shopping trip to Pennsylvania in April or a quilt show in the Fall.

Big QU President's Block: The block for Big QU President, Susan Fernandez, is a 6" finished square, half is a cream batik and half is either a brown, black or taupe batik. Lynn has found a good cream color. It was suggested she use funds from the President's Discretionary Fund to purchase the fabric.

Future SQU Responsibilities: Kim Fess suggested it would be good idea to shadow Mt. Vernon now for the next year. For year 2013 we have the raffle quilt which would need to be finished by September 2012 in order for it to be shown everywhere.

Fundraisers: We can only have three fundraisers per year before we have to collect tax. It was agreed we would go with the auction, boutique and yard sale.

Compliance with Big QU: Julia Renken made a motion, Kim Fess seconded that we change our by-laws to state that our dues are due on October 1 instead of November 1 as stated at present, in order to comply with Big QU. Motioned passed.

Greeter Needed: Carolyn Diez brought to our attention the need for a Greeter to help the Membership/Welcome Chairman during the business meetings by greeting visitors and guests. They need to be at the meeting at 9AM. Carolina is to find someone, if not Lynn would help find someone.

Table Setup: We agreed to change the Financial Statement line item from "Table Setup" to "Gratuity" in order to keep more in line with the actual use of funds.

Meeting adjourned at 12:55PM.

Respectfully submitted,

Roxana Pressnell

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## OFFICIAL

# SQU WEATHER CANCELLATION POLICY

At this time of year it is important to remember our official policy:

If the Fairfax County schools are closed because of inclement weather, SQU will NOT meet that day.

If the Fairfax County schools open late because of inclement weather, SQU will meet at its normal time.

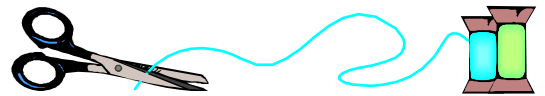


## Quilt Show Boutique

Once again we are planning for a great Quilt Show and part of the fun is the wonderful Boutique full of quilt related items. If you didn't sign up at Quilt Camp to donate an item we will be gathering names at the Business Meeting. Just one item would be welcome, make whatever is fun for you. Small things sell well, our purses went in a flash last year.....before I could get one! We will collect donations in May, or whenever you want to turn your items in. We already have two items from Camp. If you have any questions we will try to answer them. Please price your item for us if possible.

Thanks, Penny Boyanton and Jill Warren

# VP'S Corner



## MARCH PROGRAM AND WORKSHOP

**Emily Martin** from Woodbridge, VA, is coming to our Guild on March 16 and 17. For the past 30 years Emily has been satisfied to stitch pieced quilts. Then she was introduced to appliqué and her life took a new direction. She is the mother of five, grammy to eleven, and wife of one fine gentleman. Teaching experience started in her kitchen to friends and has branched out to many fabric stores and guilds. For the past several years she has had the privilege of teaching at Elly Sienkiewicz's Appliqué Academy in Williamsburg. In addition she has taught at the Appliqué by the Bay seminar in Lewes, Delaware, and the Road to California Conference.

**Program on March 16** – Emily will present a trunk show entitled “Addicted to Appliqué, My Journey.”

**Workshop on March 17** (9:30-3:00) - Emily will be teaching needle-turn appliqué with freezer paper on top with off-unit appliqué. The project being taught is a floral wall hanging – a stem of gladiolus blossoms. The cost of the workshop is \$40.00 paid to SQU with an optional \$20 paid to Emily for a kit of fabrics (if desired). Julia will continue to take workshop signups at the March 2<sup>nd</sup> business meeting, and will have a sample of the class project for display.

## APRIL PROGRAM AND WORKSHOP

Late-breaking news! We have contracted with Sulky Threads to have **Sue Moats** visit SQU on April 20 for a morning lecture and afternoon workshop. Sue is a world-class educator on many aspects of machine quilting. The title of her program is “Thread Jazz for Quilting and Embellishing.” Sue will delight us in the morning with a lecture about Sulky threads, stabilizers, and needles and provide lots of handouts. The lecture promises to be packed full of hints, tips, and breathtaking samples, inspiring each of us to “quilt outside the box.”

During the afternoon workshop Sue Moats will demonstrate and teach various free-motion techniques using all the thread provided in the kits she will bring, as well as provide hand-work options and Sulky Solvy-turned appliqué techniques. This workshop is primarily a machine workshop and is limited to the first 24 members who sign up.

The cost of the afternoon workshop is \$40, which includes the cost (\$20) of the Stitch Sampler Kit each participant must purchase. Signups will start at the March 2 business meeting. Please see Julia Renken for signup and questions.

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# SQU QUILT CAMP WRAP-UP

Kitty –

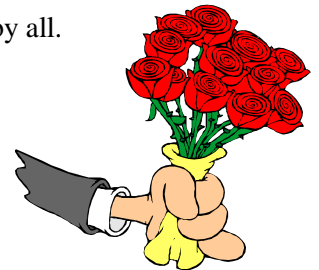
The SQU Executive Board extends our most heartfelt thanks to you and your band of assistants for a successful and wonderful Quilt Camp 2010!

From the demos and workshops, to the tasty lunches, to the always-available refreshments, to the setup and takedown teams ... you organized everything so well. All the “behind the scenes” work before Camp resulted in a good time for everyone who attended. Even the snow on the streets and sidewalks could not stop our SQU fun.

We hope to see many projects at March 2 show ‘n’ tell – further proof of the good times had by all.

Thanks Kitty!

--The SQU Executive Board



And from Judy Beigbeder:

1) If anyone still needs help on finishing (or starting!) their bucket bag we can tackle it on off-Tuesdays.

2) I would like to get pictures of the finished bags to send Mary, the author of the pattern. Please bring them (full or empty) to the March 2 meeting and arrange them on the designated side table. Thanks.



**DRINK GREEN—Bring your own coffee cup to our meetings!**

And be sure to wear your nametag!



## National Quilting Day – Quilt in Public

March 20, 2010 is National Quilting Day. In honor of our special day we will “Quilt in Public” (think sit-in while peacefully quilting) at the King’s Park Library. We have received permission from the library branch manager to “take over” the library for the day, from 10am to 4pm.

Our vision is for as many Springfield QU members as possible to bring handwork – piecing, appliqué, hand quilting – and occupy any available chair in the library for as long as you like. We will have SQU and QU and QU show fliers available to hand out to any of the public who stop to talk with you. In addition we have reserved the smaller meeting room, which will be continually manned, as a place to safely leave your purse while you are in the library, as well as to have table space to baste small quilts on a first come, first served basis.

We want to show the public just how “cool” quilting is and share our art form with as many people as we can.

No sign-ups ... just please come for an hour or all day. Mark your calendar!

--Julia Renken

## One quilter's junk is another quilter's treasure!

### SQU Spring Yard Sale- April 6, 2010

Good news: the sun is coming out and the snow is melting. Maybe it’s time to clean out some clutter in our homes! Our Spring Yard Sale is next month. This is your chance to get rid of all kinds of white elephants. Items don't have to be sewing-related; if you can carry it in, you can sell it! Just remember that you must PRE-PRICE your items in 25-cent increments and TAKE YOUR UNSOLD ITEMS HOME.

All proceeds go to SQU for our wonderful programs. Thanks for all your support.  
Carolyn Pic, Fundraising Chairman

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of March:

Jill Redding 3/1

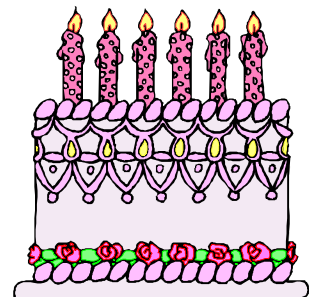
Francine York 3/4

Linda Nicholas 3/18

Ginny Hall 3/3

Lynn Munch 3/15

Janet Miller 3/28



**Share your favorite...** Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever! This month we have several contributors!

Judy Beigbeder-- Burkholder Fabrics near Lancaster, PA, is now under new management. So I asked if they were offering the same guild member discount (12%). **WOW!** They have **increased the discount to 15%**. They are also trying to expand their on-line fabrics (still a work in process) so take note that most are already \$1-2 less expensive than the \$9-10 prices here in NoVA. Check them out at <http://www.burkfabrics.com>.

Jill Redding-- Since so many people asked about my handpiecing computer program, I thought I would put it in the favorites section. The inventor, author, designer of the program is Linda Franz and the program is called Inklingo. It is a way to print cutting and sewing lines directly onto your fabric. There are several different shape collections and a few free downloads you can try. Go to [www.inklingo.com](http://www.inklingo.com).

Judy Beigbeder-- With so many avid readers and listeners in SQU, those who favor mystery, crime, thriller, spy and suspense books will find the following site very helpful to identify authors' books in chronological and series sequence, [www.stopyourekillingme.com](http://www.stopyourekillingme.com). I know I prefer to hear a series in the order they were written and the characters evolve.

Send your input for "Share your favorite..." to: [kimfess@aol.com](mailto:kimfess@aol.com). Please!

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## **Yummmmm! Quilt Camp Treats Revisited**

### **Kathryn Jones' Warm Cheese Dip**

Mix together:

8 oz cream cheese

½ cup real mayonnaise

Add:

3 finely chopped green onions

Spread mixture on bottom of 9-inch microwave safe pie plate

Mix:

4 oz crumbled blue cheese

1 to 2 cups grated cheddar cheese

8 to 10 slices very crisp bacon, crumbled

Pour bacon mixture on top of cheese mixture already in pie plate.

Microwave on medium until dish bubbles.

Serve with Triscuit crackers.



### **Joyce Canary's Butterscotch Cookies**

Slowly melt an 11 oz. package of butterscotch bits in the microwave. (They hold their shape, so you will need to keep checking them.) When soft, stir and add to mixture of 3 cups (total) of Cheerios and peanuts mixed together. Stir, adding more cheerios/peanuts if needed. Spoon out little mounds onto waxed paper. Let cool



## SPRING QUILT-IN “\$HOW ME THE MONEY”



Sunday, March 14, 2010 – 1:00pm to  
5:00pm

### Falls Church High School Cafeteria

**Money, money, money**--it seems to be on all of our minds this year. Not having enough, trying to save enough, many people looking for jobs, etc. So we thought we would put that to work for us as our theme for this year's Quilt-In. Our theme "Show me the Money" will be in keeping with conserving and using what we have. The block for this year is "Chinese Coins." You may use any scraps of your choice. The strips in between the color patches should be off-white and read as a solid. For those who have not been to a Quilt-In, please come and join the fun. We have a block exchange, door prizes, show and tell, games and wonderful food that only quilters can make. You will meet new friends and quilters from 11 chapters. To make this fun, please bring any quilts that you have for show and tell that have anything to do with MONEY in the fabric, theme, etc. Make one or many blocks for the block exchange and bring a hand needlework project to work on.

**Location/Directions** – Falls Church High School, Jaguar Trail, Falls Church. From I -495 take the Arlington Blvd/Route 50 East exit. Turn right at the first traffic light onto Jaguar Trail. School will be straight ahead. Best access is to park at the rear and enter through door number 8.

**Refreshments** – Please bring an appetizer or dessert in a container of your choice, cut for individual servings. If needed, bring a serving utensil as well. Cutlery, paper products and ice will be provided. Beverages of water and iced tea will also be provided.

**Door Prize Donations** – We encourage each chapter to donate at least one item for a door prize– think fabric, quilt gadgets, patterns, new books, gift certificates or any item. Please bring an item that you would like to receive and we prefer it to be new and unused.

**Blocks** – Make as many as you want because, the more you make, the greater your chance of winning a selection of the blocks to take home.

**Questions and Comments** – This event is being organized for your quilting pleasure by Vienna QU. Contact Lorraine Heady, VQU, 703-620-0444, [cchlah@verizon.net](mailto:cchlah@verizon.net), or Karla Vernon VQU, [kvernon@cox.net](mailto:kvernon@cox.net).

### Monthly Hint from the Tipster

Machine stitching tension problems are tricky to resolve because there are so many variables. One thing to check is that you are using the correct spool pin. Cross-wound thread should be placed on a horizontal spool pin. Parallel-wound (also called "stacked") thread should be placed on a vertical spool pin.

### Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.

- The **second** and **fourth** Tuesdays of each month are known as “off-Tuesdays” and are Sit ‘n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our “special interest groups” also meet on these days. Whatever is going on, since Springfield QU is “where the fun is,” you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full “Springfield Experience,” come to a meeting every Tuesday!

## Springfield QU - Basic Project

### Details

**Farewell Blocks for members who are moving away from our area.** Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

**Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center.** Finished quilts can be of any design. Minimum size: 54 x 67 inches. Workshop in the Fall.

**Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital.** Finished quilts can be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

**Quilting for Others - Pillowcases for ECHO.** Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs.

## NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, [www.quiltersunlimited.org](http://www.quiltersunlimited.org). Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

And don't forget to send your input for the April [kimfess@aol.com](mailto:kimfess@aol.com) no later than Friday, March 19!

newsletter to Kim Fess at [kimfess@aol.com](mailto:kimfess@aol.com)  
Your input is GREATLY appreciated!

**DON'T**



**FORGET!**