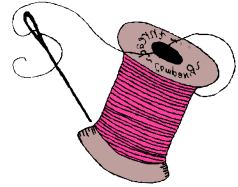


# And sew on...



## Newsletter of the Springfield Chapter of Quilters Unlimited November 2009

### Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxana Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Rep—Kim Fess	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Beth Freerksen
Membership/Welcome—Carolina Diez	Bus Trip—Loretta Spittle
Quilt Collectors—Sue Baker, Beverly Pontius, Julia Renken	
Coffee—Pam Leonard, Carole Bloomquist & Joy Bauer	

Hi Ladies,

Well, October has flown by. I hope many of you found help and inspiration at the UFO Clinic early in the month. Ann Littleton and Julia Renken were very gracious to lead two discussion groups. I've had several requests for another clinic, so we will have one after the business meeting on November 3. All are welcome to attend. Fall Retreat sounds like it was terrific. Linda Cooper's Trunk Show and workshop were marvelous. We sure have a lot of creative women in our group. Thanks to Julia Renken and backup Jill Redding for another great program and workshop.

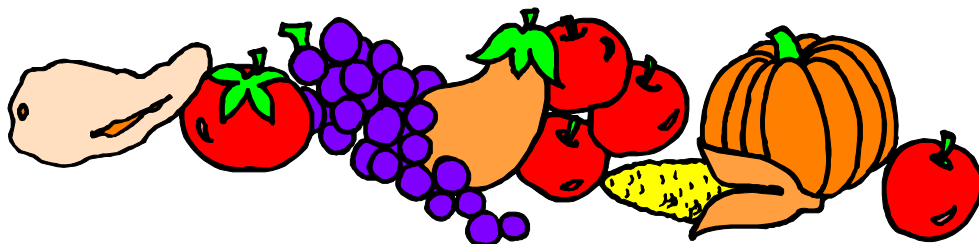
November brings our major fundraiser of the year - our annual Auction, wonderfully organized by Carolyn Pic. There are some wonderful items to bid on. Invite your neighbors and friends as it is great to get OPM. Be sure to get your donation to Carolyn by the business meeting.

As always, thanks to Kim Fess for putting together the newsletter. Don't you love having it on the computer? Now I always know just where it is! Look for more info on the Auction and details about our Holiday Luncheon which is being organized by Roz Elliot.

See you sew soon,  
Lynn

P.S. If you miss any meetings or just want to have another look, remember that pictures from our Show and Tells are available online. Here's the link: <http://picasaweb.google.com/SpringfieldQU>

Lynn



## Minutes of the Springfield QU Business Meeting October 6, 2009

The meeting was called to order by President Lynn Munch.

Pam Leonard, filling in for Carolina Diez, announced that we had five new members today: Lori Kepley, Patty Freitag, Maureen Gray, Alice Crampton, and Joan Lipera.

The membership approved the minutes of the September business meeting as printed in the October newsletter.

Treasurer's Report: Cathy Powers - Reported a balance of \$15,149.58.

President: Lynn Munch - Read a thank you note received from Pat Lane.

VP Report: Julia Renken - October 20 is the trunk show and workshop with Linda Cooper. The fee is \$30 and there is still space available. She also showed examples of what can be made with the fabric created in the workshop.

Committee Chair Reports: Nominating: Sue Galasso - None. Newsletter: Kim Fess - Deadline is October 23.

Quilt Show Rep: Kim Fess - Our job is demos, merchandise and pins. We have a new idea, a cushion.

Auction: Carolyn Pic - Auction date is Nov. 17 and we are still collecting items. Quilting for Others: Diane

Henry and Carolina Diez - We have sent 86 quilts to NICU. Library: Loretta Shinol - She will soon be

ordering books from American Quilt Society. Let her know if you want to order something. Holiday Party:

Roz Elliott - It will be Dec. 8 at the Fairfax Country Club. The menu and price will be listed in the newsletter.

Money due by Dec. 1. Farewell Blocks: Cynthia Johnson-Daily - She has blocks to sign for Bonnie Campbell.

Refreshments: Rebecca Heinze - There are still some spaces to fill on the list. Thank you to the ones who brought goodies today. Fall Retreat: Joan McGowan and Penny Boyanton - They will be leaving on Thursday

and have discounts at Sisto's and Patches and will also demo X-Blocks. Spring Retreat: Kim Fess - It will be

March 22-26 in Harrisonburg, VA and is limited to 14 people. Quilt Camp: Kitty Tyler - None. Sunshine:

Beth Freerksen - Let her know if you know of someone who needs cheering up. Quilt Collectors: Sue Baker

and Julia Renken - None. Hospitality: Beverages: Pam Leonard, Carole Bloomquist and Joy Bauer - Bring

your coffee mug and win a fat eighth. Rebecca Heinz won the apron for the first coffee mug brought today.

Bus Trip: Loretta Spittle - Ideas are in the works. We still need to fill our position for our Big QU job of

obtaining a speaker for the Fall 2010 Annual Meeting and workshops. Programs: Judy Beigbeder - She has

emailed the October instructions for the monthly project, Calendar Gals, which is a band per month.

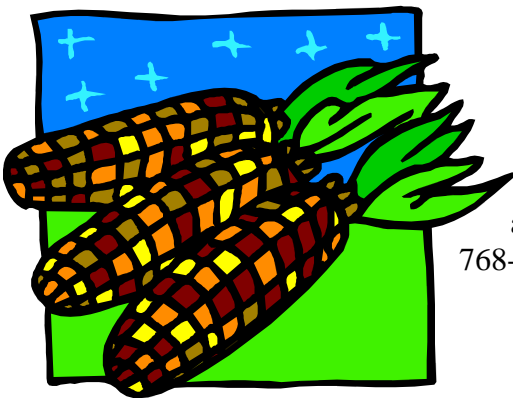
Show and Tell

Door Prizes

Meeting adjourned about 11:35AM.

The UFO Challenge and Clinic met in three groups with Ann Littleton for layout, Julia Renken for quilting, and Lynn Munch for borders.

Respectfully submitted by Roxana Pressnell



### **You lost it; we found it!**

A cream-colored, ribbed, long cardigan sweater was left at the church after the program meeting. Lynn has it. If it is yours, give her a call at 703-768-6537.

# Springfield Annual Fall Auction

Wow! I can't believe it's only a few weeks away. Thank you to everyone who has sent in donations and offered to help with the Auction. It's not too late to make some homemade baked goods; just let me know in advance so we may make preparations and then bring them the day of the Auction.

Auction donations have slowly been trickling in. The last day I will accept items at the church is November 3. Some items we have so far include a "Day of Sewing on The River" from Ann Littleton that includes breakfast and lunch for 6-8 people and a "Winter Quilting Getaway at the Beach" in Sandbridge, VA, donated by Bonnie Campbell for 8-10 quilters in February or March, for a long weekend (Wednesday afternoon through Saturday) including breakfasts and lunches, our wonderful spring retreat quilt top (see photo below), fabric fruit basket, cutting mat carry case, quilted totes, fabric pieces and finished table runners, wall hangings and quilts, knitted scarves and wearables- just to name a few of the items so far. We will be selling fabric bundles for a "Buck a Bundle" and some lovely ceramic beads for \$3 a bag. You have to come to see the rest. There will be a bag raffle, as well as silent and live auctions. Kim Fess will be our auctioneer.



**WHEN YOU ARRIVE PLEASE GO TO THE REGISTRATION TABLE AND GET ASSIGNED A BID NUMBER!**

The bag raffle sales will begin at 9:00 and run until 10:00 when the winners will be chosen. Tickets will be sold at 10 for \$5 and in increments of \$5. Please label your tickets with an address label or your bid number before placing them in the bags.

The silent auction will close at 10:30. As you arrive, place your bid on the forms by using your bid number and bid in dollar increments only (no change please).

The live auction will start at 10; make your bids known using your bid plate. We will break at 10:30 for the silent auction completion and bag raffle winner distribution then restart the live auction at 10:45 and continue until everything is gone.

Before leaving please check out at the registration table,

\*\*\*\*\* PLEASE CASH OR CHECKS ONLY!!\*\*\*\*\*

Be sure to invite your friends and family; make copies of attached invites to invite to your friends and family. Questions? Call or email me at 703-440-1491 or [cpicinva@verizon.net](mailto:cpicinva@verizon.net)



DRINK GREEN—Bring your own coffee cup to our meetings!



And be sure to wear your nametag!

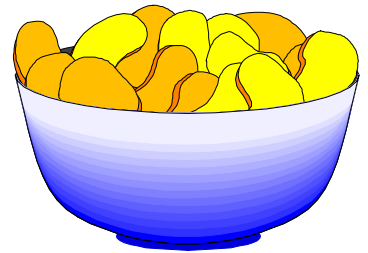
## Munchie Report

Well, you did it again. We had a wonderful spread on the goodie table at our last meeting. Thanks to all who brought something to share with us. And what about that birthday cake? Happy birthday to Marcia Walz one more time. Our official Munchie Mavens for the day were Joy Bauer, Carolyn Eng, Jill Redding, Penny Boyanton, and Theresa Batch. Thank you ladies.

At our next meeting, November 3, Patrice Mull, Corrie Grummon, Loretta Spittle, Sue Lopez and Cathy Flanigan will be bringing snacks.

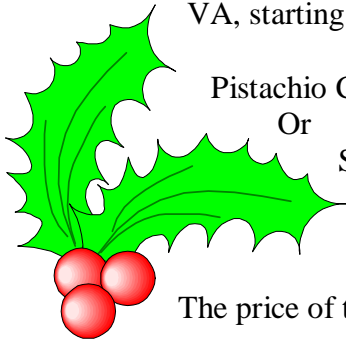
Keep sewing!

Rebecca Heinze



## SQU Annual Holiday Luncheon

The SQU Annual Holiday Lunch is scheduled for Tuesday, December 8, at the Fairfax Country Club in Fairfax, VA, starting at 11:00am with an open bar. The menu choices are:



Pistachio Crusted Chicken served with a Thai Ginger Sauce

Or

Shrimp Scampi with Angel Hair Pasta, Lyonnaise Spinach and Garlic Bread

All lunches are served with a house salad, rolls and coffee or iced tea

Dessert: Lemon Tart w/Seasonal Berries

The price of the luncheon is the same as last year--\$21.00.

This year all luncheon attendees are asked to bring a batik fat quarter in exchange for one ticket (more fat quarters more tickets) and winners will be drawn to win the fat quarters.

To ensure your attendance please give Roz Elliott your check ASAP as there is a 70-person maximum for the room. Please give Roz your check with your luncheon choice noted on it.

**Happy birthday** and congratulations to all of our SQU members who are celebrating their special days in the month of November:

Alice Richbourg 11/2

Kathy Shaw 11/7

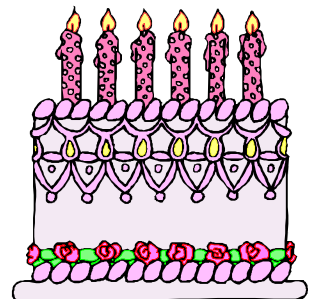
Joy Vollrath 11/22

Cindy Niles 11/27

Sallie Flavin 11/5

Cathy Flanigan 11/16

Ann Dau 11/23



**Share your favorite...** Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever! This month we have three contributors!

I enjoyed eating at the Majestic Restaurant at 911 King Street in Old Town Alexandria recently. The Corn Ravioli was delicious. <http://www.majesticcafe.com/default.html>--Jill Warren

I just read a beautiful book (for the second time) that has made it onto my all time favorites list. It is called The Guernsey Literary and Potato Peel Pie Society by Mary Ann Shaffer and Annie Barrows. It is written for the most part as letters between a female writer in London and a group of charming characters on the island of Guernsey; one of which initially contacts her because he found her name written on the flyleaf of a book. It takes place just after World War II. Get your pen and paper ready – it will make you want to write a long letter to one of your favorite people!--Maureen Gray

I recently stumbled onto a blog/website with lots of information and videos on improving your free motion quilting. The blogger has set out to do a different free motion quilting design every day for a year (starting mid-August). Check out [www.daystyledesigns.com/freemotionquilting.htm](http://www.daystyledesigns.com/freemotionquilting.htm) and get some inspiration!--Kitty Tyler

Send your input for “Share your favorite...” to: [kimfess@aol.com](mailto:kimfess@aol.com). Please!

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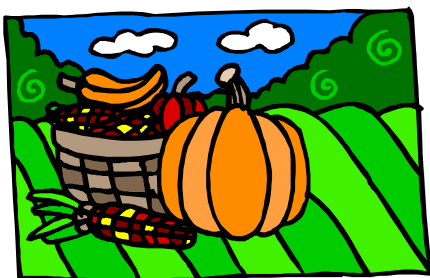
**Fall Retreat** Everyone had so much fun at Fall Retreat we are looking into adding Wednesday to the weekend. I hope to have that information by the business meeting in November. We had a full house of 24 members and there was always someone putting up blocks or quilt tops on the walls or design boards. They have a great chef at New Windsor now so the food is wonderful. The chef is a six-foot plus ex-Marine who really came in handy when Pat Bowsby fell between the beds in her room and couldn't get up. He came to the rescue and had her up in no time. An added delight this year was the granddaughter of the resident host and hostess. She is ten years old and learning to quilt (her grandmother is a quilter) and worked on a quilt and spent a lot of time talking to us and picking up tips. She asked me about how fast I was sewing and I advised her to really learn how to use her machine before she tried speed sewing.

Reservations for next year's Fall Retreat will be available at the November business meeting. The dates at this point for next year are 10/07/10 - 10/10/10  
Joan McGowan, Fall Retreat Chair

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## We now show and tell "Show 'n Tell"!

All those show 'n' tell photos I've been taking are now on line. The web address for the Picasa web album is <http://picasaweb.google.com/SpringfieldQU>



I plan to post the photos from each meetings show 'n' tell within a week of the meeting. A reminder - if you do not want the photo of your quilt in the public domain please tell me when you show your quilt.

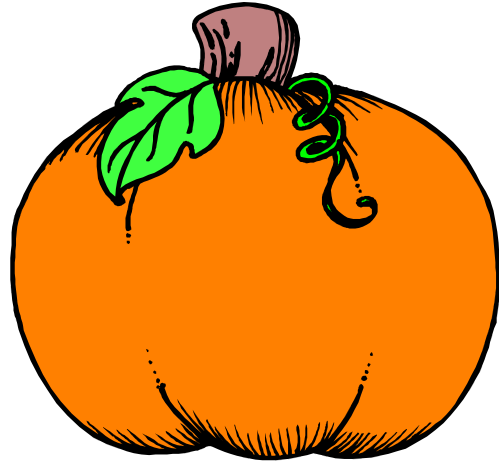
--Julia

Y-U-M-M-M-M-M-M-M-M-M-M-

# M-M-M-M-M

## Pumpkin Chocolate-Chip Pound Cake

- 1 3/4 cups unbleached all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon ground cinnamon
- 1/2 teaspoon salt
- 1/4 teaspoon ground cloves
- pinch nutmeg
- 1/2 cup (1 stick) unsalted butter, softened
- 1 1/4 cups sugar
- 3 large eggs
- 1 cup canned pumpkin purée
- 1 teaspoon pure vanilla extract
- 1/3 cup milk
- 1 cup miniature semisweet chocolate chips
- 1 cup chopped walnuts



1. Preheat the oven to 350 degrees Fahrenheit. Coat the inside of a 9-inch by 5-inch loaf pan with nonstick cooking spray and dust it with flour.
2. Combine the flour, baking soda, baking powder, cinnamon, salt, cloves and nutmeg in a medium mixing bowl.
3. Combine the butter and sugar in a large mixing bowl and cream with an electric mixer on medium-high speed until fluffy, about 3 minutes, scraping down the sides of the bowl once or twice as necessary.
4. With the mixer on medium-low speed, add the eggs, one at a time, scraping down the sides of the bowl after each addition. Stir in the pumpkin purée and vanilla. Stir in the milk.
5. Turn the mixer to low speed and add the flour mixture, 1/2 cup at a time, scraping down the sides of the bowl after each addition. Stir in the chocolate chips and walnuts.
6. Scrape the batter into the prepared pan and smooth the top with a rubber spatula. Bake the cake until it is firm to the touch and a toothpick inserted in the center comes out clean, 55 minutes to 1 hour. Let the cake cool in the pan for 5 minutes, invert it onto a wire rack, and then turn it right side up on a rack to cool completely.

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## for our November 3 meeting don't forget to:

\*bring your UFO for the clinic

\*bring donations to the Auction

\*bring your painted fabric from Linda's workshop for Show & Tell

\*VOTE!!!

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## Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.

- The **second** and **fourth** Tuesdays of each month are known as “off-Tuesdays” and are Sit ‘n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our “special interest groups” also meet on these days. Whatever is going on, since Springfield QU is “where the fun is,” you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don’t ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full “Springfield Experience,” come to a meeting every Tuesday!

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## Springfield QU - Basic Project Details

**Farewell Blocks for members who are moving away from our area.** Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

**Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center.** Finished quilts can be of any design. Minimum size: 54 x 67 inches. Workshop in the Fall.

**Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital.** Finished quilts can be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

**Quilting for Others - Christmas Stockings for children of clients of Ecumenical Community Helping Others (ECHO) here in Springfield.** About 4 stockings can be made from 1 yard of Christmas fabric and 1/2 yard of coordinating cuff fabric.

**Quilting for Others - Pillowcases for ECHO.** Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs.

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## NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, [www.quiltersunlimited.org](http://www.quiltersunlimited.org). Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

**And don't forget to send your input for the December newsletter to Kim Fess at [kimfess@aol.com](mailto:kimfess@aol.com) no later than Friday, November 20!**



**On the following page are Auction Invitations for you to duplicate and give to your friends, neighbors and family:**



You are cordially invited to the  
**Springfield Quilters' Annual Auction**  
Tuesday, November 17  
9:30 a.m. to Noon  
Grace Presbyterian Church Fellowship Hall  
7434 Bath Street, Springfield, VA

Featuring a beautiful pieced quilt top,  
as well as many other items, many handmade.

**Start your holiday shopping with us!**



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