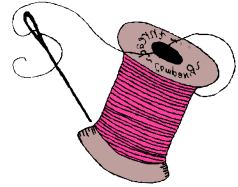


And sew on...



Newsletter of the Springfield Chapter of Quilters Unlimited October 2009

Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxana Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Rep—Kim Fess	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Beth Freerksen
Membership/Welcome—Carolina Diez	Bus Trip—Loretta Spittle
Quilt Collectors—Sue Baker, Beverly Pontius, Julia Renken	
Coffee—Carole Bloomquist & Joy Bauer	

Hi Ladies,

It's good to be back in the swing of things, isn't it? I hope you enjoyed Patricia Pepe's lecture as much as I did. It was fun to see how excited members were during the workshop. I hope we see some great results at Show and Tell. Thanks to Jill Redding and Julia Renken for that great program and workshop.

Also thanks to Julia for making our Show and Tells available on line. Here's the link:
<http://picasaweb.google.com/SpringfieldQU>. Check it out!

I am glad to see the interest in the UFO Clinic we will have after the business meeting on October 6. If you haven't signed up yet, you are still very welcome to attend. You all really inspire me. After our meeting, I went home to determine what my project for the clinic would be. I took out some blocks I've had for several years, went online and ta da! I knew what I wanted to do with them. So now, instead of having a layout issue, I'll want your advice on borders!

Please read the newsletter carefully. You'll find info on our upcoming program, the auction, recipes, and other good stuff.

See you sew soon.

Lynn

P. S. Linda Cooper's workshop should be a lot of fun. I remember having a wonderful time dyeing fabrics out at Joan McGowan's one summer years ago.

Lynn



Minutes of the Springfield QU Business Meeting

September 1, 2009

The meeting was called to order by President Lynn Munch.

Pam Leonard, filling in for Carolina Diez, announced we had two visitors today.

The membership approved the minutes of the June business meeting as printed in the August newsletter.

Treasurer's Report: Cathy Powers - Reported a balance of \$15,148.58. She also reminded us we need to fill out a form if we have a receipt for reimbursement.

President: Lynn Munch - Read thank you notes received from Denise Konar for farewell blocks and from Grace Presbyterian Church for our donation to them.

The Board met this summer to discuss the budget and the proposed budget was sent to everyone to review. Motion was made and seconded; the budget was approved by the membership.

Lynn Munch introduced the new officers for the year. She also announced we had two members leaving - Candy Bell has moved to California and Pat Lane is getting married and moving to Reedville, Virginia.

Members need to pay their dues by October 1 to be listed in the QU directory.

The Sully Quilt Show is September 13, rain or shine from 10AM to 4:30PM.

VP Report: Julia Renken - Gave us the list of programs for the year. September - Patricia Pepe; October - Linda Cooper; November - Auction; December - Holiday Party; January - Too Quirky Quilters; February - Quilt Camp; March - Mimi Dietrich; April - ?; May - Sandy Delaney. She still has several slots open for the September 15 workshop using the X-Block. Workshop fee is \$20.

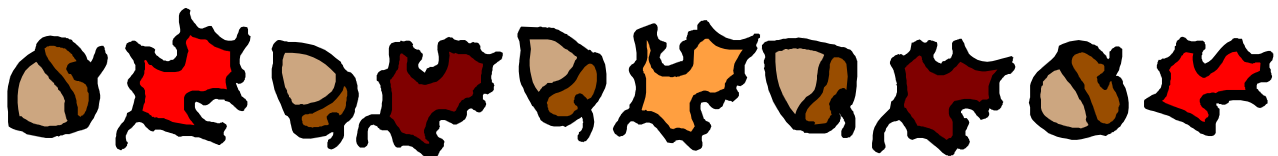
Committee Chair Reports: Nominating: Sue Galasso - She will be looking for volunteers in January for officers for the coming year. Summer Challenge "Fettuccine Surprise" will be on Sept. 15. Newsletter: Kim Fess - Deadline is the 3rd Friday of the month. She also needs to have good email addresses for everyone. Quilt Show Rep: Kim Fess - The show will be June 4,5,6, 2010 and the theme is "For the Love of Quilting". Lisa Langlais is the Chairman. Our job is demos, merchandise and pins. Auction: Carolyn Pic - Candy Bell donated items for presale today. Idea items were listed in the newsletter. Auction date is Nov. 17. Quilting for Others: Diane Henry and Carolina Diez - Candy Bell donated over 1500 yards of fabric. There are bags with pillowcase kits to be picked up. No workshop in September. Library: Loretta Shinol - She brings a box of books every month but to view the full list available, see the SQU website. Holiday Party: Roz Elliott (Sue Galasso filled in) - It will be Dec. 8 at the Country Club. Farewell Blocks: Cynthia Johnson-Daily - Showed an example of the block. She has sets of blocks to sign for Candy Bell and Pat Lane. Refreshments: Rebecca Heinze - She is passing around a sign up list. Thank you to the Board members and others who brought goodies today. Fall Retreat: Joan McGowan and Penny Boyanton - The retreat is full. Spring Retreat: Kim Fess - It will be March 22-26, 2010 in Harrisonburg, VA and is limited to 14 people. First payment of \$121 is due Oct. 6. Other payments of \$121 are due in Dec. and Feb. Quilt Camp: Kitty Tyler - Camp will be Feb. 16, 17, 18. Send email if you have ideas for demos or workshops. The cost may go up a little this year. As always, Camp is a cooperative effort of those who attend. Sunshine: Beth Freerksen - Let her know if you know of someone who needs cheering up. Hospitality: Beverages: Pam Leonard, Carole Bloomquist and Joy Bauer - Bring your coffee mug and win a chance for a fat eighth. Bus Trip: Need a coordinator. We also need to fill our position for our Big QU job of obtaining a speaker for the Fall 2010 Annual Meeting and workshops. The speaker has been decided - Jane Sassaman. Lynn Munch will have a sign up sheet available during break for those interested in the UFO Challenge. This challenge is to help if you have come to a problem or need help making a decision in a quilting project. Sign up to attend the help sessions. Programs: Judy Beigbeder - The theme this year is "Ber-ly Quilting". Judy went through the schedule for the year. First are nametags (Q-strings) and showed an example. Holly Day Grab Bag is back this year. Pick up your bag today and be ready to swap on Sept. 15. Due date is Dec. 8. The monthly project is Calendar Gals, which is a band per month. Sign up to receive instructions. She showed two examples of how the patterns were used. She teased with Les Fleurs de SQU, which will be available in January. Door Prizes: Roz Elliott - Nametag drawing won by Julia Renken. Door Prizes won by Sallyanne Morrison, Patrice Mull, Betty Carnes (finally won), Sue Lopez and Joy Bauer.

Lynn Munch gave Pat Lane her Farewell Blocks. She also announced that Loretta Spittle has volunteered for Bus Trip Chairman. Her ideas include a springtime trip to Lancaster, PA and a trip to Paducah, KY. Let her know of ideas you may have. Judy Beigbeder also announced that VCQ has a retreat in April.

Show and Tell

Meeting adjourned at 11:55AM.

Respectfully submitted by Roxana Pressnell



Springfield Annual Fall Auction

It's coming!! It's coming!! Yes, Springfield QU's Annual Fall Auction will be here in no time. Our Auction is our biggest fundraiser of the year and funds raised support our wonderful programs and events. But we need your support to make it work. We rely solely on donations from our members and friends. I listed items we had in last year's auction and some ideas for items that go well at the Auction in past issues of our newsletter.

I will be available at the church every Tuesday morning up to November 3 to collect items for the auction. We are off to a great start. I have just received a quilted handbag and an Advent pocketed wall hanging. Thank you for all of your support.

Included with this newsletter is a page of invitations. Please make copies of it and give them out to your friends and family. We like to have lots of people at our auction!

Questions email cpicinva@verizon.net or call 703-440-1491.
Carolyn Pic, Auction Chairman



Friendship/Farewell Blocks

When a member leaves our Springfield group, she is presented with a set of blocks made by our members. Please help us maintain a supply of blocks for this purpose:

Start out with 5 blue prints 3-inches square and 4 unbleached muslin blocks 3-inches square. Sew them in a nine-patch pattern. The finished blocks should measure 8-inches square. Sign with a permanent marker, your name, date, chapter and /or any message you wish on one of the muslin squares in the nine-patch block. Heat set the message with a hot iron. You can deliver any completed blocks to Cynthia Johnson-Daily at our meetings throughout the year. If you have any questions please call Cynthia at 703-971-6033.

Cynthia is in desperate need of blocks NOW. She has only about 18 unsigned ones. She gives 30 blocks to each person leaving, and we have someone going in the next three weeks.

If you know of anyone who is leaving during the year, please let Cynthia know of their departure date. Thank you for your donations.

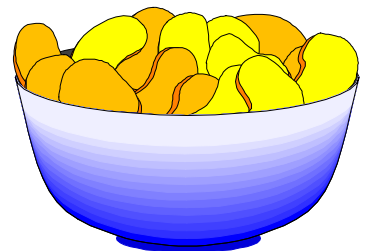


DRINK GREEN—Bring your own coffee cup to our meetings!

And be sure to wear your nametag!

Munchie Report

Thanks to the board members and everyone else who brought in all the delicious refreshments we had at our first meeting of the year on September 1. We had a delicious feast to choose from and I don't think there was anything left over. There was also a wonderful response to the sign-up sheet for future meetings. But there are still some openings for later in the year so I will be sending the form around again at a later date. September's Munchie Mavens were Marcia Waltz, Ann Littleton, Loretta Shinol, Alice Richbourg and Kim Fess. Thank you, ladies!
Rebecca Heinze



Annual Programs

The September Band O' Month was issued via email on September 1 and 15 to all who signed up. If you are still thinking about it, just send me an email to get caught up.

Demo 1 on December 1 will be presented by Kim Fess, as she introduces us to *StrataVarious Quilts* by Barbara Persing and Mary Hoover. Kim will make her copy available to lend or you can purchase it from Amazon.com. (Fairfax Library does not have a copy.)

We had an excellent showing of Grab Bags - 15 in total - and that means an excellent showing will be enjoyed by all at the Holly Day Party on December 8.

I will be skipping the November *And Sew On* . . . as I trick-or-treat in New Hampshire.

Judy Beigbeder, Annual Programs



LINDA COOPER LECTURE AND WORKSHOP IN OCTOBER

Linda Cooper, a local quilt artist, will be our next speaker and workshop leader on Tuesday, October 20.

Linda has been a quilt artist for at least 20 years and has gravitated to art quilting in the past few years. She currently teaches fabric painting, raw-edge appliqué, and other classes at Artistic Artifacts Annex in Alexandria. Further information about Linda can be found at her website which is <http://www.lindacooperquilts.com>.

Personally Painted Batiks is the workshop she will be teaching at SQU and is described as follows: "Unleash your art-play side and learn to paint your own fabrics. The fabrics we will make are beautiful and can be used as backgrounds as well as for applique and piecing. We will be painting fabric in three ways: on stretchers, ironed onto freezer paper, and on plastic. We'll have the option of adding coarse salt to add movement to the color. We'll learn to make our own ombres where colors fade or change gradually to other colors. We'll play with glue resists on the blank cloth and then add color. Finally, we'll explore various possibilities for using your gorgeous fabrics."

Signups will start on Tuesday, September 15th at the business meeting – the SQU workshop fee is \$15. There is also a \$15 kit fee associated with the workshop that will be paid directly to Linda Cooper at the workshop. The short supply list will be provided upon signup. Please note that this is a no sewing machine workshop.



Julia Renken, VP

A note of thanks...

Thanks to everyone who contributed pennies to the "Pennies for Peace" campaign. The goal of one million pennies in one year was reached and exceeded with 1,122,331 pennies collected. That's \$11,223.31 going straight to the Central Asia Institute to build schools in Pakistan. I thank you, Providence Presbyterian Church thanks you, and the children of Pakistan thank you.



Beverly Pontius

Quilting for Others Update

On September 29 (fifth Tuesday) and October 27 (fourth Tuesday) we have reserved the Fellowship Hall for all-day (9:00 to 3:30) Quilting for Others workshops. In a departure from past years' workshops these days will be for members to work on their own projects. We will not have a designated pattern to kit, but there will be a few kits for soldier/NICU/Project Linus quilts available for members to work on during the day.

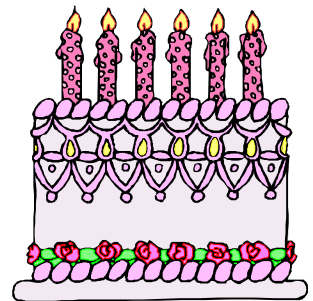
We will have as many tables as possible set up, extension cords out, irons and ironing boards set up, and cutting mats on raised tables, as well as tables raised for basting quilts. Please bring your project, your machine, your tools, and your lunch. Look at this as an opportunity to complete one or two of the QFO quilts that has been "buried" in your sewing studio.

You can turn in completed stockings and pillowcases to Loretta Shinol, Mary Reddington or Carolina Diez.

THANK YOU for all you do to help our community!!!

Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of October:

Margie Shalders 10/5	Julia Renken 10/6
Theresa Batch 10/8	Cindy Grimord 10/10
Lynne Fishburn 10/16	Debbie Dishmon 10/18
Pat Adams 10/19	Marcia Walz 10/20
Pam Leonard 10/24	Judy Bregman 10/25
Betty Carnes 10/27	Carolyn Eng 10/29
Rebecca Heinze 10/31	



Share your favorite... Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever!

As I mentioned at Show and Tell I got the advent calendar pattern from a blog that I love called Sew Mama Sew! <http://sewmamasew.com/blog2/> where there are hundreds of free patterns, a lot of small project ideas for gifts, tote bags, coasters, table runners, coupon organizers, etc. It is definitely worth checking out; they are always adding new links and ideas. They also have an online store that looks good, although I have not ordered so I can't give a full testimony on that.--Jill Redding

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!

Monthly Hint from the Tipster

Unless you are physically impaired, always stand when you rotary cut. If you sit while rotary cutting you will have no leverage. Also, your vision is undermined because you are looking across the ruler and fabric rather than over and down. Shadows are created, and as you extend your arm to cut, the cutter moves away from the edge of the ruler, resulting in inaccurate cuts.

Spring Retreat

Attention Spring Chicks!!! Spring Retreat is coming! It is a week of fun--sewing, quilting, laughter, and fellowship at beautiful Massanetta Springs Conference Center in Harrisonburg, VA. The dates are for this year's Spring Retreat are March 22-26, 2010 and the cost is \$363 for double-occupancy rooms and all meals. Sign-ups will begin at the October 6 meeting at which time reservation forms and the first payment of \$121 will be due. We are limited to only 14 participants at this event. If you would like more information about Spring Retreat, contact Kim Fess at kimfess@aol.com or 703-239-0314.

Exciting News!

Hello Friends,

I'm excited to tell you that one of my quilt designs "Aunt Lucy's Baskets," appears in the October issue of Quilters Newsletter Magazine! In addition, there's a web extra interview. Log onto quiltersnewsletter.com. Click on Oct 2009 issue. Click on my picture - I'm wearing a red jacket with Colorado mountains in the background. If you want to make a comment about the article, you have to "join" by filling out contact info. The web site also tells how to order a kit for the fabrics I used in the quilt. Let me know if you make "Aunt Lucy's Baskets."

Aby Dolinger

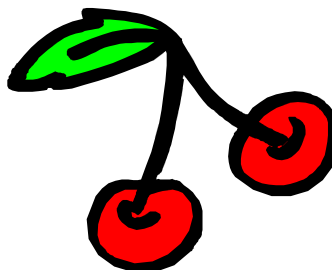
Y-U-M-M-M-M-M-M-M-M-M-M-M-M-M-M-M

Here is the recipe for the very popular Cherry Pizza that Kim Fess brought to the last program meeting:

Cherry Pizza

1 package white cake mix
1-1/4 cups quick-cooking oatmeal
1/2 cup butter, softened
1 egg
1/2 cup chopped pecans
1/4 cup firmly-packed brown sugar
1/2 teaspoon cinnamon
21-ounce can prepared cherry pie filling

Heat oven to 350 degrees F. Grease pizza pan. Combine cake mix, 1 cup oats, and 6 tablespoons of the butter at low speed until crumbly. Set aside 1/2 cup of this mixture for the topping. To the remaining mixture blend in the egg. Press into the prepared pizza pan. Bake for 12 minutes. Add remaining oats, 2 tablespoons of butter, nuts, brown sugar and cinnamon to the reserved crumb mixture. Mix well. Spread pie filling on the baked crust; sprinkle with the reserved crumb mixture. Return to the oven and bake 15 to 20 minutes or until crumbs are light golden brown. Cool completely. NOTE: This recipe may be made with different fruit pie fillings (i.e. apple) and different nuts.



Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.

- The **second** and **fourth** Tuesdays of each month are known as “off-Tuesdays” and are Sit ‘n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our “special interest groups” also meet on these days. Whatever is going on, since Springfield QU is “where the fun is,” you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don’t ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full “Springfield Experience,” come to a meeting every Tuesday!

Springfield QU - Basic Project Details

Farewell Blocks for members who are moving away from our area. Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center. Finished quilts can be of any design. Minimum size: 50 x 50 square inches. Workshop in the Fall.

Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital. Finished quilts can be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

Quilting for Others - Christmas Stockings for children of clients of Ecumenical Community Helping Others (ECHO) here in Springfield. About 4 stockings can be made from 1 yard of Christmas fabric and 1/2 yard of coordinating cuff fabric.

Quilting for Others - Pillowcases for ECHO. Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs.

NEWSLETTER NEWS

The Big QU newsletter has been posted on the QU web page. To see it, go to:
<http://www.quiltersunlimited.org/docs/Sep09Nltr.pdf>

All of the Springfield QU newsletters are available on the Big QU website, www.quiltersunlimited.org. Click on chapter, then on Springfield. You'll find all of the past newsletters archived at the bottom of the chapter page.

And don't forget to send your input for the November newsletter to Kim Fess at kimfess@aol.com no later than Friday, October 23!





You are cordially invited to the
Springfield Quilters' Annual Auction

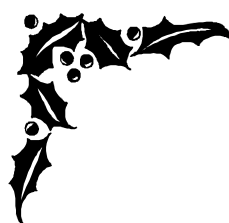
Tuesday, November 17

9:30 a.m. to Noon

Grace Presbyterian Church Fellowship Hall
7434 Bath Street, Springfield, VA

Featuring a beautiful pieced quilt top,
as well as many other items, many handmade.

Start your holiday shopping with us!



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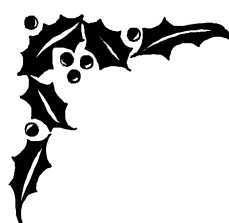
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