

And sew on...

Newsletter of the Springfield Chapter of Quilters Unlimited September 2009

Our 2009-2010 Volunteers

President—Lynn Munch	VP—Julia Renken
Treasurer—Cathy Powers	Secretary—Roxanne Pressnell
Nominating—Sue Galasso	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Roz Elliott
Quilt Show Rep— Kim Fess	Library—Loretta Shinol
Holiday Party—Roz Elliott	Web Page Contact—Lynn Munch
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Rebecca Heinze
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Kitty Tyler	Sunshine—Beth Freerksen
Membership/Welcome—Carolina Diez	Quilt Collectors—Sue Baker & Beverly Pontius
Beverages—Pam Leonard, Carole Bloomquist & Joy Bauer	Bus Trip—

Hi everyone,

Well the hot, dog days of August are almost over. While that is encouraging, what really makes me smile is that we will soon start our regular meetings again and I'll get to see all of you again! Whether you were traveling, busy with company, or just taking a break, I hope everyone had a good time and that you are now ready for another quilting year.

In August, we continued our busy summer. Penny Boyanton organized a very fun carpool field trip to WebFabrics with a follow-on lunch at Magnolia's. I think 17 of us took advantage. It was a great opportunity to get to know some people better, SHOP and have a delicious meal. Thanks, again, Penny! Joan McGowan hosted our almost-end-of-summer picnic on the 18th. Talk about great food! Several recipes are included in this newsletter. Joan, we sure appreciate it! We must be good company because Joan has already invited us back again next year.

The SQU Board has proposed the budget for the 2009-2010 year. This will be voted on at our meeting on Sept 1. I will email it to you directly rather than include it in the newsletter. Speaking of our meetings, 0930 is the official (published) meeting start time. I am going to work very hard to get it going at 0945 each week.

The newsletter isn't as colorful as normal because I am filling in for Kim while she is on vacation and I am relatively new to the word processing on my Mac. Please read this carefully. There is a LOT of info in here and I won't be repeating it all at the meeting.

I'll be seeing you sew soon,

Lynn

Speaker Notes - The Quilt Queen is Coming!

- Julia Renken, VP

Our first lecture and workshop of the year will be presented on Tuesday, September 15th by Patricia Pepe. Patricia, also known as "The Quilting Queen" is the inventor of the X-Block tool. She will be presenting a lecture in the morning at our program meeting, then leading an afternoon workshop entitled "X-Block Basics." For more information about Patricia and her quilting visit her website at <http://www.patriciapepe.com/>.

Patricia describes the workshop as follows: "Discover the exciting new quilting adventure of the X-Blocks rotary cutting tool! This is a cool new way to cut blocks! Perfect for beginners or those that want to create a quick and easy quilt. Students choose between Tea For Two, Ribbon Star or Mardi Gras patterns. X-Blocks tool required." She will have the X-Block Tools for sale at the workshop.

I have just six seats left in the workshop and will be taking sign-ups at the SQU business meeting on September 1st. In order to reserve your seat you must pay the \$20 fee at the time you sign up. The workshop supply list will be available when you sign up.

SQU ANNUAL PROGRAMS for 2009-2010

An introduction to the Annual Programs planned for the upcoming year will be presented at the opening meeting September 1 - you won't want to miss it!!

But if you must -- and only if you cannot attend - Please email me (sewsewbizzy@yahoo.com) for a link to the web site that will hold a recap. The site will not be available until September 1.

Through out the year project instructions will be added as covered in the presentation/recap.

Since the Annual Programs web site is only available to SQU members, it cannot be listed here in this public forum (newsletter). It is our goal to continue GOING GREEN. Therefore, with less printing, the use of a web site for Annual Programs enables members to pick and choose which projects they want to participate in.

REMINDER:

The AUGUST newsletter gave you a **HEADS UP!** on the Holly Day Grab Bag. Here is a quick repeat:

At the Sept 1 meeting 'grab bag' bags/cards will be available for those who want to participate.

Fill the grab bag with 3 pieces of 1/2 yard each of your favorite fabric which will work well together. Complete the card with your name and if you wish add a suggestion of what* might be made with the fabrics. Place the completed card in the bag and seal it for swapping.

Bring to the Sept 15 meeting the filled bag. They will be set up on a table. Those who turned in a bag will pick one.

The contents of the bag will need to be made into a delightful gift which will be given at the Holly Day Luncheon Dec 8 2009.

Most Important - don't reveal whose grab bag you picked -- until the luncheon when the gifts will be tagged with TO & FROM.

* block pattern, quilt size (max 50" sq) or item description

If you cannot attend the Sept 1 meeting, feel free to bring your fabric to the Sept 15 meeting (early) and fill a bag/complete a card then.

If you cannot attend the Sept 15 meeting - you must have a proxy do the bringing and grabbing for you.

Attendance at the luncheon is not required to participate. However, completed gifts must be delivered to the luncheon -- again use your proxy.

That's All Folks

Judy Beigbeder
Annual Programs

President's Challenge - Old is new again

I know you all have barely finished Sue G's Fettucini Surprise, but I want to challenge you to complete an UFO in time to have it in the QU Quilt Show next June. This isn't just any UFO, but one on which you are stuck on as to how to proceed ... block layout ... quilting design ... border... not just an UFO that has languished because your interest in the project diminished. In order to help you out, on Oct 6, after the business meeting, we will hold The UFO Clinic. Ladies interested in completing the challenge will bring one, or at most, two UFO. We will break up into groups for roundtable discussion of each UFO to share ideas. I will send around a sign-up sheet so that we will know how many groups to form. I am very excited about this challenge. I recently had a project I was stymied on and spoke to one of our members. She emailed some photos, and now I am very anxious to finish it. I'm hoping you all will have the same good fortune.

Springfield QU Annual Fall Auction Update

It's that time again and our auction is just around the corner. Mark your calendars for Tuesday November 17th.

This is such a fun event and open to all so invite your friends and family. The auction is our biggest fundraiser and supports all the fun events we have throughout the year. Every year I am so amazed by the talent and generosity of our members and surprised by the wonderful items donated. We have a big morning planned including a bag raffle, silent auction and the live auction that includes our featured quilt top assembled by the ladies at Spring Retreat.

In past auctions we have had donated quilts, table runners, baking dish with quilted cover, name tags for those who don't want to make their own, wonderful homemade caramels, fresh foliage centerpiece, Lasagna dinner ready for the oven, wearables, jewelry, scarves, shawls, fat quarters yardage, baskets of fat quarters, baskets with a theme i.e. Holiday, patriotic, country, and teas with tea cups and napkins. Baked goods are accepted the day of the auction for the bag raffle or silent/live auctions.

Please note that books and patterns will be accepted but only on a limited basis. They should be new/like new, paired with something else or those that have something special about them. Please save the rest for the Spring Yard Sale.

I will be accepting items for the auction every Tuesday through November 3rd.

Let me know if you would like to help, if you have any questions call 703-440-1491 or email cpicinva@verizon.net

Carolyn Pic Auction Chairman

Membership

Dues for the 09/10 membership year are currently being collected. If you have not paid your dues for the new year, this is the last newsletter you will be receiving. To pay your dues, contact Carolina Diez, gatordot@yahoo.com or 703 569 1012.

Please note that at the annual meeting, we voted to have dues due by OCT 1 to ensure your name and contact info is included in the QU Directory.

Big QU News

The QU Board met this summer, and after many emails, the QU Responsibility Matrix has been updated. This was necessary because of the withdrawal of Falls Church chapter from QU. Basically, for the 2009-2010 year, QU President Susan Fernandez and prior president Carole Marti are taking the jobs that Falls Church would have had. This prevented any chapters from having to change jobs they may have already started. For the following years, a "Bye" was deleted for the annual jobs and for the Quilt Show job, the responsibility for "Set up Mentor" was deleted. This year, Springfield will contract for the speaker for the Fall 2010 Annual meeting and workshops. For the Quilt Show, we will be responsible for the demos and merchandise. The complete matrix is to be put on the QU website soon.

The QU Newsletter is being prepared now and should be available on the website soon.

Happy birthday

and congratulations to all of our SQU members who are celebrating their special days in the month of September:

Leona Childress 9/2
Lynn Baker 9/5
Joyce Canary 9/10
Julie Lee Kay 9/11
Joan McGowan 9/11
Carol Snitzer 9/11
Joyce Keating 9/16
Judy Bartran 9/17
Janet Tanner 9/17
Debra Noetzel 9/19
Carolyn Goodling 9/20

BUS TRIP TO PENNSYLVANIA NATIONAL QUILT SHOW

Mt. Vernon QU is sponsoring a bus trip to PA National Quilt Show on Thursday, Sept. 17. The cost is \$45, which includes the bus, show admission, driver tip and a light snack. They will leave from the Hollin Hall Senior Center, 1500 Shenandoah Rd., Alexandria VA 22308 at 6:30 am and return about 8:30 pm. They will make a short stop for a no host dinner on the return trip.

There are 2 or possibly 3 spaces left and MV invites anyone to join them. If interested contact Gail Franchi at gfranchi@cox.net <mailto:gfranchi@cox.net> or call 703-799-9335.

Recipes from our Almost-end-of-summer picnic

Here is the recipe for the Black Bean salad:

1 can black beans, drained and rinsed
1 1/2 C. corn (or 1- 11 oz can)
1 C. quartered grape tomatoes
1/2 C. chopped red onion
1/2 C. Ranch dressing
Hot sauce or wasabi (optional)

Mix together the first four ingredients. If you want the dressing to have a little kick to it, add the hot sauce or wasabi to the dressing first, stir well then add to the salad things.

Joan Oelschlager

Southwest Salad Dip

2 cans black beans ,drained and rinsed
2 cans fiesta corn,drained and rinsed
3 tomatoes peeled and chopped
4 avocados,chopped
1 med. red onion ,chopped
6 scallions,sliced
2 packs Good Seasons dry Italian or Garlic dressing mix, I used one of each.
1 cup vinegar
1/3 cup canola oil

Mix all veggies in ziplock bag. Whisk oil,vinegar and dressing packs,pour into bag and chill, Can be made ahead as avocados do not turn brown .Serve with Scoops or tortilla chips. ENJOY !!!!

Ann Dau

Indian Curry Chicken Salad

1 can (1 lb 4 oz) pineapple tidbits drained well

4 cup diced cooked chicken breast (cook in water with onion and spices for about 40-60 minutes.....I buy the 3 or 4 pack of chicken with bone and skin and cook it that way)

1 c sliced celery

½ cup sliced green onions

½ cup unsalted peanuts

¼ cup raisins

2/3 cup mayonnaise

2 Tablespoons chutney

2 teaspoons grated lime rind

2 tablespoons lime juice

½ teaspoon curry powder or more to taste

¾ teaspoon salt

1 clove garlic pressed

Toss together first 6 ingredients. Combine remaining ingredients for dressing. Stir into chicken mixture chill several hours. Serve on avocado half or in warmed pita bread. I usually serve it on lettuce with avocado slices on it.

I usually do everything the day before except for the avocado and pineapple. I put the pineapple in several hours before serving and peel the avocado just before serving. I often don't even use the avocado. I usually get about 6 servings out of this.....good size servings.

Gay Baker

“Fettuccine Surprise”

Many of you have commented on the ease and fun that you had in making this simply delectable quilt. Well now for the feasting! On Tuesday, September 15, please bring your “Fettuccine Surprise” for all to feast their eyes on! Show ‘n Tell on this date will feature these fantastic quilts that you all whipped up over the summer. Who thought cooking (sewing) in the summer would be such fun! Please bring whatever you have completed on your quilt to share with the group. Enjoy what remains of the summer!

May your bobbin always be full! Sue Galasso

Quilt Camp 2010

Mark your calendars now for SQU's Quilt Camp 2010 on February 16, 17 and 18.

For those who are new to SQU, or have never attended Quilt Camp, Camp is three days of (quilting) fun held at our regular meeting place, with workshops and demos taught by our members. Quilt Camp is a cooperative function - all the members who attend contribute to the success of camp by helping with the many jobs necessary to have this activity. I'm planning workshops, demos, catered lunches (ie, pizza, subs), free time to sew or chat and more. If you have any suggestions for workshops, demos or lunches, email me at j.m.tyler@att.net. Additional information (schedules, cost, sign up dates, etc.) will appear in future newsletters.

See you at Camp!

Kitty Tyler

Fall Retreat

Last call for Fall Retreat: We have only a couple of slots still available. If you are available the weekend of Oct 8-11 consider coming and joining the fun at the New Windsor Conference Center in New Windsor, Md. It's fun to get away and not have to cook or clean but just sew and socialize with fellow quilters. The price is \$240 and includes all meals, room and a place to just sit and sew all weekend. If you are interested please contact me, Joan McGowan, at joquilter@aol.com or at 703-323-6048.

Spring Retreat

Springfield QU's **11 Annual Spring Retreat** will be on Monday, March 22, 2010 through Friday, March 26, 2010, at beautiful Massanetta Springs Conference Center in Harrisonburg, VA. Total cost of the retreat this year will be approximately \$325 (I didn't get the info from Kim) which includes double lodging and all meals. The retreat has a limit of 14 persons.

First come, first served. The first payment of \$110 will be due on October 6, 2008. For more information about the retreat, contact the Retreat Chairman, Kim Fess at kimfess@aol.com or 703-239-0314.

Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects. Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!

Stay in the Loop!

Subscribe to the **QU Digest**! It's an informal way for members to network and share information between official newsletters. The QU Digest is sent electronically via email. Once you subscribe, you will receive news about QU members, quilting tips, interesting websites, and pleas for missing books or fabric. There is also ongoing news on workshops by QU & other guilds, bus trips, members' news, job announcements, quilt shows, moving notices, classified ads, yard sales, etc. A submission doesn't even have to be quilt related! The QU Digest is published every few days, depending on the amount of news submitted. At a website, you'll be able to see QU Digest archives, an email directory of subscribers, quilting tips, quilting websites, and other pertinent files. If you wish to subscribe to the QU Digest, contact Barbara Tricarico (McL, V) at QUDigest@cox.net

NEWSLETTER NEWS

The deadline for the next newsletter will be September 18, the Friday after the third Tuesday program meeting..

Please e-mail your input, including anything you may have for "Share Your Favorite..." to kimfess@aol.com. I would appreciate it if you would send your copy in the body of your e-mail rather than as an attachment and keep any formatting to a minimum. That will help to save me time. Thanks. Kim

September Calendar

Sept 1, Business meeting, Holly Day Grab Bag sign-up, Show & tell what you did this summer

Sept 8, Off Tuesday, Sit & sew

Sept 15, Patricia Pepe lecture and workshop, Fettucini Surprise Show & tell, Holly Day Grab Bag - bring your bag!

Sept 22, Off Tuesday, Sit & sew

Sept 29, Off Tuesday, Sit & sew (NOT a quilting for others workshop)

A look ahead...

Oct 6, Business meeting, Show & tell, UFO Clinic

Oct 8 - 11 Fall Retreat

Oct 20, October 20, 2009 Linda Cooper Lecture – trunk show & ½ day workshop – “Personally Painted Backgrounds”

Nov 17, Springfield QU Annual Fall Auction

Dec 8 or 15 Holiday Luncheon & Holly Day Grab Bag Reveal

January 19, 2010 Too Quirky Quilters Program – “Our Quilting Journey”

February 16,17,18, 2010 Quilt Camp

March 16, 2010 Mimi Dietrich Lecture – “A Quarter Century of Quilting” & ½ day workshop – “Applique Sampler Basic Techniques”

March 22 - 26 Spring Retreat

March 24 - 27, 2010 1st Annual Quilt Show & Contest - Lancaster, PA http://www.americanquilter.com/shows_contests/lancaster/2010/general_info/