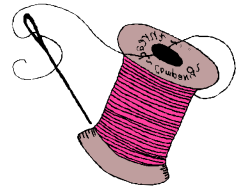


# And sew on...



## Newsletter of the Springfield Chapter of Quilters Unlimited September 2010

### Our 2010-2011 Volunteers

President—Joan McGowan	VP—Patrice Mull
Treasurer—Gay Baker	Secretary—Roxana Pressnell
Nominating—Lynn Munch	Programs—Judy Beigbeder
Newsletter—Kim Fess	Auction—Carolyn Pic
Quilting for Others—Diane Henry & Carolina Diez	Door Prizes—Debbie Dishmon
Quilt Show Rep—Cindy Grimord	Library—Loretta Shinol
Holiday Party—Debbie Dishmon & Joy Bauer	Web Page Contact—Joan McGowan
Farewell Blocks—Cynthia Johnson-Daily	Refreshments—Alice Richbourg
Fall Retreat—Joan McGowan	Spring Retreat—Kim Fess
Quilt Camp—Vacant	Sunshine—Judy Bregman
Membership/Welcome—Carolina Diez	Bus Trip—Loretta Spittle
Quilt Collectors—Sue Baker, Beverly Pontius, Julia Renken, Chris Prestenbach	
Coffee—Carole Bloomquist & Joy Bauer	



Greetings, Springfield quilters:

Hard to believe the summer is coming to an end. I had a very productive two weeks of quilting in Maine in July. I finished an I Spy quilt for my new grandson, put together a quilt for my oldest granddaughter who is leaving for Radford University the end of August. Their colors are red and white and she has a nice bright red and white quilt to take with her. I also put together four baby quilts. Lots of babies are being born this fall; remember when the blizzard of '10 occurred?

A small but enthusiastic group came for the end of summer luncheon. A Board Meeting was held beforehand and we have a budget for you to vote on at the first meeting in September. Gay Baker, our Treasurer

and I will be in Europe the first two weeks in September so Patrice will be running the meeting and will be presenting the budget. We included an increase for the church as they are so accommodating to our needs and we pay so little for each meeting. I want to thank everyone for volunteering for the open positions. The only slot still not filled is someone to run Quilt Camp. This is a very popular event in our quilting year so I hope someone will step up and do this for us. Judy will be presenting a really fun inhouse program for the year at the first meeting so be prepared to have a lot of fun. I'm really sorry I will be missing it.

At the Big QU Board Meeting changes to the annual show were discussed. The location as been changed to the South Building. Other changes are still being finalized. Lynn Munch has volunteered to design and get a committee to put a raffle quilt together for us as our Quilt Show responsibility. It won't be used for several years yet but it has to be finished a year beforehand and she wants to put together a really spectacular quilt. so if she asks you to help please work with her.

See you all soon!

Joan



**DRINK GREEN—Bring your own coffee cup to our meetings!  
And be sure to wear your nametag!**

## *"Name That Tune" — our SQU Summer 2010 Challenge*

Take your favorite song...and quilt it!

You are My Sunshine.....I Want to Hold Your Hand.....The Old Rugged Cross..... Twinkle, Twinkle Little Star..... Wild Thing.....Alouette.....Frosty the Snowman..... The Skater's Waltz.....Naughty Lady of Shady Lane.....You Ain't Nothin' but a Hound Dog.....Moon River.....North to Alaska.....I've Been Working on the Railroad.....Beyond the Sea....Love is Blue....American Pie....Stardust....Harbor Lights....

Any instrumental, vocal, hymn or carol, classical, jazz, rock, folk ... anything that has a tune!

Quilts should be at least 60 inches around the perimeter (for example this would be 15" square), but there is no requirement that the quilt be square. No maximum size other than the QU show restriction which is less than 110" on each side.

Quilts will be revealed at our October 5, 2010 meeting.

Any questions? Contact Julia Renken



## Fall Retreat

Everything is in place for the Fall Retreat in October at the Conference Center at New Windsor, MD.. We currently have a full house with people coming and going from Wednesday through Sunday. It will be interesting to see how the extra day works out for everyone. Please make sure that you are a paid-up SQU member for 2010-11. If you haven't paid your dues you can't go to Fall

Retreat. I should be getting a membership list in September and will be checking to see if everyone's name is on it. Final information will be out by the end of August.

Joan McGowan  
Fall Retreat Chair

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**Share your favorite...** Each month you are invited to share your favorite...whatever. It can be your favorite restaurant, favorite book, favorite website, favorite vacation location or...whatever!

My favorite cool, refreshing drink for the summer is lemonade (You can use Crystal Light to cut the calories.) and Absolut Raspberri Vodka...with lots of ice. Yum! **Kim Fess**

Send your input for "Share your favorite..." to: kimfess@aol.com. Please!



## ANNUAL PROGRAMS

Come travel with your SQU friends

**Around the World in 274 Days**

Be sure to attend the opening meeting on September 7 to learn where we will travel and participate in a little fun and prizes. Passports will be issued that continue the fun through out the year.

If you can't make it -- send me an email -- I'll be sure you get a passport on the next Tuesday.

Just so you can start thinking about the future, this will be my last (consecutive) year chairing the Annual Programs. I've run out of themes, but I'm sure my brain cells will kick back in after I take a break. Please consider volunteering for this position in 2011-2012. Since we are also responsible for the Big QU Raffle quilt you might not have to do much and could tie into the quilt's theme – listen for who will be chairing that responsibility. I'll always be available via email to respond to questions.

Judy Beigbeder

[sewsewbizzy@yahoo.com](mailto:sewsewbizzy@yahoo.com)

Annual Programs

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## QUILT APPRAISALS

Register ASAP (starting September 7) for a 30-minute slot on October 26 – off-Tuesday – for a \$10 oral evaluation or a \$20 written appraisal – by Independent Quilt Appraiser, Lynne Wilder.

Why you should get quilts appraised...estates (let your heirs know the value of their inheritance), gifts (give recipient a better feel for the value of your gift), insurance (protect your investment!), shipping (insurance may not be enough), sales (establish a price to sell your items or determine if your heirloom is museum worthy), shows (theft and damage can occur at any show), donations (establish value for tax donations), and curiosity (we tend to undervalue our quilting).

Can't make the meeting but would like to have one or more quilts appraised? Call Lynne at (703) 451-5503 for an appointment.

The sign-up sheet will be at regular monthly meetings or send Judy Beigbeder an email with your name, number of quilts (30 minutes each), \$10 or \$20 and your time slot will be confirmed by reply email.

Judy Beigbeder

[sewsewbizzy@yahoo.com](mailto:sewsewbizzy@yahoo.com)

Annual Programs

# Fall Auction

## Tuesday, November 16, 2010

Welcome back, it's that time again--another exciting year with SQU "where the fun is." And our wonderful Annual Fall Auction will be here before you know it. Mark the date: Tuesday, November 16. Be sure to invite your family and friends. All are welcome!!!

I need your support to make this work.....like I really have to ask.....everyone has been so wonderful supporting our Auction, whether it is volunteering your time for the event and its preparations, donating the wonderful items and coming to support the event every year. The Annual Fall Auction is our big fundraiser for the year and all proceeds support all of our fun events, including guest speakers, workshops, Quilt Camp, Holiday Luncheon and our bus trips. The money raised purchased the die cutter we use for charity quilts and is available once a month at the church for use by our members.

We have received so many wonderful and unexpected things in previous years, like the homemade caramels, a homemade lasagna dinner ready for the oven, dessert of the month, and a fresh evergreen centerpiece for the holidays. We have also received quilted name tags, quilted tote bags and handy storage bags, fabric yardage, special new quilting books often paired with a basket or fabric, tea baskets with china cups, saucers, napkins and treats to enjoy. We also had a small group enjoy a winter retreat on the beach donated by Bonnie Campbell and a wonderful day of quilting and lunch on the river donated by Ann Littleton. Then, of course, there is our Fall Auction quilt.

This years Fall Auction quilt was made by the group of ladies who attended Spring Retreat 2010 and others who offered to make blocks and help with the binding of the quilt. The quilt design we based the quilt on is by Ann Weber and is titled "Scrappity-do-dah." This quilt was featured in McCall's Quilting Summer 2009 magazine. The quilt is finished, completed and is approximately 90" x 100". Diane Henry did the machine quilting and it looks beautiful! This is the first time we will have a finished quilt to be auctioned in November. The quilt will be shown at the September Business Meeting and you will be able to see all the wonderful fabrics that the group was able to put together from their stashes to make this one of a kind quilt!

Hopefully this has got you thinking about the auction and given you some ideas about possible donations. I will be collecting items every Tuesday at the church, off Tuesdays included until November 2. Thank you so much for your support.

Sadly this will be my last year as Auction Chairman. I would like to invite someone to assist me this year who would also take over as auction chairman next year. If you think you might be interested, I would be happy to answer any questions as to what that will entail. I have things pretty well organized; you can follow my lead or add your own touch when the time comes. I have thoroughly enjoyed this job and just love the people who help me every year. This is truly bittersweet for me. You are such a wonderful group of women and so much fun. Springfield really is "where the fun is." Looking forward to our kick-off meeting this month and seeing all your friendly faces.

Carolyn Pic  
Auction Chairman

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### *Sharing and Caring*

Dear SQU ladies,

I want to thank you very much for the absolutely lovely President's quilt you gave me in June. I am thrilled with it.

SQU as a whole, and each of you individually, are very important to me. You provide wonderful friendships and an outlet for my creative side. I was happy to serve as president. It is a way to give a little back to an organization that has a big impact on my life. As you read this, the quilt is being quilted by Aby, or about to be, so I should be able to show you the completed quilt soon.

Looking forward to seeing each of you in September.

Thanks again,

Lynn

And from Judy Beigbeder:

<http://www.cleaningforareason.org/>

This is free cleaning service for women undergoing chemo - once a month for four months. This was posted on the Rutherford community Yahoo board.

# SQU Bus Trip to Lancaster County, PA

When are we going? Tuesday, October 12, 2010, leaving the parking lot of Grace Presbyterian Church promptly at 7:00 am and returning at approximately 7:00 pm

How much is it going to cost? The cost will be \$20 for SQU members; non-members will pay \$25.

When can I sign up? Registration will begin Tuesday, June 1, at our meeting. You **must** pay when you register so remember to bring your checkbook or cash that day. If you cannot be at the meeting, please arrange for a friend to register for you with money. Registration will be **open** only to SQU members throughout the summer if necessary. If members have not filled the bus by September 7, 2010, (our first meeting of the new quilting year), we will open the trip to non-members.

Where are we going? After leaving the church our first stop will be Ladyfingers Sewing Studio in Oley, PA. We will then go to Intercourse, PA, to the Kitchen Kettle Shopping Center where we will park and remain for 2 hours. During this time you may eat and/or shop at any or all of the stores in the area, including Zooks, BittyKinna and the Old Country Store. We will also go to Burkholder's or Weaver's, possibly both if we can squeeze it in. We will have a **full** day of shopping. **CAVEAT EMPTOR!** I plan to do a "scouting run" in the next few weeks as I have not been to any of these shops in the last several years. If inventories do not look as though they will be satisfactory, I may make some changes to our itinerary. But don't worry... there are many fabric shops to choose from. Here are websites for some of the shops we will visit: LadyfingersSewing.com, ZandSfabrics.com, bittykinna.com, theoldcountrystore.com.

What about food? We will not be stopping for supper on the way home so you will want your meal at Kitchen Kettle to be your main meal. We will have snacks and treats on the bus but if you need a big evening meal before we return home, you may want to pack something.

How can I help? I am seeking some **Quilt Fairies** to help with the activities of the day. Kim has agreed to be in charge of entertainment. I need some helpers for beverages, snacks, ice, water, and some shoppers for door prizes. Please sign on and help me make this a fun trip. Thanks everyone.

Loretta Spittle

[quiltnurse@verizon.net](mailto:quiltnurse@verizon.net)

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Happy birthday and congratulations to all of our SQU members who are celebrating their special days in the month of September:

Leona Childress 9/2

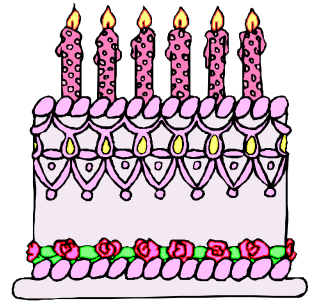
Dorie Simmons 9/3

Lynn Baker 9/5

Joan McGowan 9/11

Joyce Keating 9/16

Janice Addams 9/19



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## Monthly Hint from the Tipster

### Part 2 of 6 Steps to Finishing Your Quilt UFOs

#### How to Turn That Pile of Unfinished Objects into Completed Quilts

Every quilter has them: UFOs, unfinished objects taking up physical space in the sewing room and mental space that most busy quilters can ill afford to spare. Here's how to transform UFOs from clutter that only gathers dust into treasures that gather memories.

#### 2. Set Manageable Goals: Choose One or Two UFOs to Finish First

You'll reduce your pile of UFOs much faster if you break down the project of finishing them into a series of achievable goals. Don't try to confront the whole mountain at once; that's a recipe for discouragement. Instead, pick one or two tops and make finishing them your top priority. Focus only on those tops and don't worry about the rest of your UFO pile until they are 100% complete. Once you've finished your first couple of UFOs, choose the next two tops from your pile and repeat the process.

# Springfield QU Basics

If you are new to Springfield QU, here is the lowdown on SQU meetings...it's easy—we meet EVERY Tuesday at 9:30 a.m.!

- The **first** Tuesday of each month is our business meeting. It sounds like something you might want to miss, but believe me, you don't. Besides business, there is always a lot more...block of the month, meet the quilter, or whatever. "Stay tuned" to your monthly newsletter to find out what will be taking place at each business meeting.
- The **third** Tuesday of each month is our program meeting. Earlier in this newsletter there is information about the speakers and activities we will be having at each of these meetings this year.
- The **second** and **fourth** Tuesdays of each month are known as "off-Tuesdays" and are Sit 'n Sew. Come to the church; bring a quilt to baste; bring sewing; bring knitting, or just bring yourself. Sometimes our "special interest groups" also meet on these days. Whatever is going on, since Springfield QU is "where the fun is," you can be sure that there will be lots of laughter on these days.
- **Fifth** Tuesdays are the days that we devote to Quilting for Others—our on-going charitable efforts. Usually working in assembly-line fashion, we make quilts for wounded and ill soldiers or pillowcases for needy children or Christmas stockings for ECHO. Again, the newsletter will always give information about upcoming fifth Tuesday projects.

Our schedule is designed to make your calendar planning easy! Just don't ever plan anything else for any Tuesday morning; you already have plans! Yes, if you want the full "Springfield Experience," come to a meeting every Tuesday!

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## Springfield QU - Basic Project

### Details

**Farewell Blocks for members who are moving away from our area.** Make a nine-patch block that finishes to 8 inches using 5 blue 3-inch squares and 4 unbleached muslin 3-inch squares. Sign your name, chapter and date plus a message on one of the muslin squares and heat set it with an iron.

**Quilting for Others - Soldier Quilts for wounded and ill soldiers at Walter Reed Army Medical Center.** Finished quilts can be of any design. Minimum size: 50 x 50 inches. Workshop in the Fall.

**Quilting for Others - NICU Quilts for babies in the NICU at Fairfax Inova Hospital.** Finished quilts can be of any design, but must be made from 100% cotton materials and must be washed after they are finished. Suggested size: 36 inches square. Workshop in the Spring.

**Quilting for Others - Pillowcases for ECHO.** Two pillowcases can be made from 2 coordinating yards of fabric. Use 27 inches of each for the bodies of the pillowcases and 9 inches for the cuffs.

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## NEWSLETTER NEWS

All of the Springfield QU newsletters are available on the Big QU website, [www.quiltersunlimited.org](http://www.quiltersunlimited.org). Click on chapter, then on Springfield. You'll find the past newsletters archived at the bottom of the chapter page.

**And don't forget to send your input for the September newsletter to Kim Fess at [kimfess@aol.com](mailto:kimfess@aol.com) no later than Friday, September 24!** Your input is GREATLY appreciated!